

Returning to nursing

Ready to reignite a fulfilling career in nursing? Your experience and skills are invaluable to us, and we're here to help you return to nursing with confidence.

Can't see the video? You'll need to accept all cookies [1]. Alternatively, visit our YouTube Channel to view our videos [2]

Benefits of returning

Few other roles will give you the same kind of fulfilment as nursing – think how many lives you've already changed? But it's not just emotionally rewarding, there are plenty of practical benefits too, including some you may not have experienced before:

- One of the most generous pension schemes in the UK.
- Flexible working and opportunities to work part-time, helping to create a balance that suits you. Childcare support may also be available but it varies between NHS trusts.
- At least 27 days holiday a year plus public holidays, and a standard working week of 37.5 hours.
- Additional support for professional development, helping you to feel confidence in your skills and achieve your career goals.
- A greater emphasis on working in multidisciplinary teams, allowing you to work with experts from many different departments.

Sarah Roberts

Return to practice nurse

Getting back to nursing is the thing that I am most proud of. I did it for me and it's reminded me that this is the best job in the world!

Read Sarah's return to practice journey [3]

How to get started

Our team of over 330,000 registered nurses make an incredible difference, every single day, and we can't wait for you to re-join them.

Still have an active registration?

If you have an active nursing registration but are not currently working in clinical practice, you can access an online training programme on the eLearning for Health platform [4] to help you gain confidence before returning to the workplace.

Don't have an active registration?

It's not a problem if you're no longer a registered nurse – returning to practice is really straightforward, and here's how you can do it:

- If you've got recent experience > Readmission
- If you've been away for a while > Updating your skills through a Test of Competence or a return to practice course.

Readmission

You might be able to re-register with the NMC [5] without doing a course or a test. You'll need:

- 450 registered practice hours over the last three years or 750 hours over the last five, including any practice hours gained on the COVID-19 temporary register
- 35 hours of continuing professional development (CPD) in the last three years
- to provide three character references

You can apply directly through the NMC website [6] or if you want to use hours worked through the COVID-19 temporary register, you'll need to email the NMC [7] to request a paper copy of the readmission pack.

You'll also receive £1,000 to help cover any childcare, travel and book costs.

You can find lots more information on requirements and the process on the NMC website [8].

Test of competence

If you've been out of nursing for a while, the Test of Competence is a great way to update your knowledge.

The test is made up of two parts:

- A multiple-choice computer based test (CBT).
- A practical test known as the Objective structured clinical examination (OSCE) [9]

How to apply for the test

You can apply through the NMC website [10], where you'll also find lots of preparation materials and essential reading to help you revise for the test.

Financial support for the test

We'll cover the cost of you taking a Test of Competence, but you may have to pay upfront and claim it back once you're registered and working with us.

If you'd like to know more, you can drop us an email [11] and we'll put you in touch with a member of our

team who can answer any questions you may have.

Return to practice course

A return to practice course will refresh your skills, leaving you ready to return to nursing with confidence. It involves a combination of classroom and placement-based learning, so you can get stuck in right from the start. You'll also be assigned a personal mentor to support you through your studies.

The course takes between 3 and 12 months to complete, depending on how long you've been out of practice.

- Find out more about return to practice courses [12]
- Find out more about the return to practice courses for general practice nursing [13]

Financial support for your studies

You won't just be emotionally supported by our team, you'll be financially supported too. If you apply directly to a university, NHS England will pay for your course and placement fees. You'll also be given £1,000 to help cover any childcare, travel and book costs.

If you apply through an NHS organisation, your course and placement fees will be covered and you'll either receive a salary or £1,000 to help cover your costs.

Finding a course

Our course finder [14] is an easy way to look for return to nursing programmes. You can also use it to search for return to practice courses in general practice nursing.

There are also opportunities for you to earn while you study. To search for a salaried return to practice course, visit NHS Jobs [15] and search 'return to practice'.

Universities in Wales also run return to practice nursing programmes. You can find more information on the NHS Wales Shared Services Partnership website [16].

We're here to help

Returning to nursing won't just make a difference to other people's lives, it'll make a big difference to yours too – and we're here to make it as easy as possible. No matter which route you choose, we can guide you through the process. If you'd like to discuss your options, simply request a call-back [17] and a member of our team will give you a call.

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**Find your
return to
practice course**

Region

- Any -

Type of qualification

- Any -

Full or part time

- Any -

Search

Displaying 11 - 15 of 34 matches

Nursing (return to practice)

Birmingham City University

View course [18] Opens in a new window

- Study mode

Part-time

Duration of the course

3-12 months depending on individual returner's needs and circumstances

Leading to a career in

Nursing (return to practice)

- Contact details

returntonursing@bcu.ac.uk [19]

0121 331 6295

- Region

West Midlands

Admissions address

City South Campus

Seacole Building

Westbourne Road

Birmingham

B15 3TN

Entry Requirements

If you have previously been a registered nurse and wish to return to the profession then you may need to undertake a Return to Practice programme. The programme allows you to update your skills and knowledge so that you can become re-registered and return to work in nursing. The course will take approximately three to six months to complete, although some people may take longer (up to 12 months) depending on clinical placement hours required, the length of time out of practice and length of time previously in practice. Courses are flexible to fit around existing commitments, such as childcare.

Funding

Health Education England (HEE) will provide a one off contribution to nurses Returning to Practice to assist with costs and expenses such as purchasing books, car parking, child care etc. HEE will also pay for the course for returnees as well as contribute to placement costs.

Apply today

Applications for Return to Practice programmes should be made directly to the named person at this university (above). They can tell you more about their course and which local trusts provide the clinical placements. Alternatively, you can contact NHS Health Education England in the Midlands on rtp.mids@hee.nhs.uk [20]

Nursing (return to practice)

University of Wolverhampton

View course [21] Opens in a new window

- Study mode
 - Part-time
- Duration of the course
 - 3-12 months depending on individual returner's needs and circumstances
- Leading to a career in
 - Nursing (return to practice)
- Contact details
 - caroline.lowe@wlv.ac.uk [22]
 - 01902 321000
- Region
 - West Midlands
- Admissions address
 - Walsall Campus
 - Gorway Road
 - Walsall
 - WS1 3BD

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Nursing (return to practice)

University of Worcester

View course [23] Opens in a new window

- Study mode

Part-time

Duration of the course

3-12 months depending on individual returner's needs and circumstances

Leading to a career in

Nursing (return to practice)

- Contact details

admissions@worc.ac.uk [24]

01905 542650

- Region

West Midlands

Admissions address

Henwick Grove

Worcester

WR2 6AJ

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Nursing (return to practice)

University of Lincoln

View course [25] Opens in a new window

- Duration of the course

3-12 months depending on individual returner's needs and circumstances

Leading to a career in

Nursing (return to practice), Nursing (return to practice, general practice nursing)

- Contact details

cpd@lincoln.ac.uk [26]

01522 882 000

- Region

East Midlands

Admissions address
Brayford Pool
Lincoln
Lincolnshire
LN6 7TS

Entry Requirements

If you have previously been a registered nurse and wish to return to the profession then you may need to undertake a Return to Practice programme. The programme allows you to update your skills and knowledge so that you can become re-registered and return to work in nursing. The course will take approximately three to six months to complete, although some people may take longer (up to 12 months) depending on clinical placement hours required, the length of time out of practice and length of time previously in practice. Courses are flexible to fit around existing commitments, such as childcare.

If you are looking to return to GP practice nursing, there are GP placements available via this course.

Funding

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Applications for Return to Practice programmes should be made directly to the named person at this university (above). They can tell you more about their course and which local trusts provide the clinical placements. Alternatively, you can contact NHS Health Education England in the East of England on rtp.eoe@hee.nhs.uk [27]

Nursing (return to practice)

University of Northampton

View course [28] Opens in a new window

- Study mode
 - Part-time
- Duration of the course
 - 3-12 months depending on individual returner's needs and circumstances
- Leading to a career in
 - Nursing (return to practice), Nursing (return to practice, general practice nursing)
- Contact details
 - ros.wray@northampton.ac.uk [29]
 - 0300 303 2772
- Region
 - East Midlands, South East
- Admissions address
 - Park Campus
 - Boughton Green Road
 - Northampton
 - NN2 7AL

Entry Requirements

If you have previously been a registered nurse and wish to return to the profession then you may need to undertake a Return to Practice programme. The programme allows you to update your skills and knowledge so that you can become re-registered and return to work in nursing. The course will take approximately three to six months to complete, although some people may take longer (up to 12 months) depending on clinical placement hours required, the length of time out of practice and length of time previously in practice. Courses are flexible to fit around existing commitments, such as childcare.

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◦ Load more Load more results [31]

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practice
vacancies on
NHS Jobs**

Find a vacancy

Enter your location or postcode

Show results within

Get your guide to returning to nursing

Sign-up and receive expert information and advice on coming back

[Let's go \[32\]](#)

Source URL: https://www.healthcareers.nhs.uk/explore-roles/nursing/returning-nursing?utm_source=BBS&utm_medium=email&utm_campaign=RTP&page=2

Links

[1] <https://www.healthcareers.nhs.uk/privacy-and-cookies/#CookieDeclarationChangeConsentChange>
[2] <https://www.youtube.com/NHSCareers> [3] <https://www.healthcareers.nhs.uk/explore-roles/nursing/returning-nursing/real-life-story-sarah-roberts> [4] <https://www.e-lfh.org.uk/programmes/back-to-the-floor/> [5] <https://www.healthcareers.nhs.uk/glossary#NMC> [6] <https://online.nmc-uk.org/Account/Login> [7] <mailto:readmission@nmc-uk.org> [8] <https://www.nmc.org.uk/registration/returning-to-the-register/readmission/>
[9] https://www.healthcareers.nhs.uk/glossary#Objective_structured_clinical_examination_OSCE
[10] <https://www.nmc.org.uk/registration/returning-to-the-register/return-test-of-competence>
[11] <mailto:returntopractice.wm@hee.nhs.uk> [12] <https://www.healthcareers.nhs.uk/explore-roles/nursing/returning-nursing/returning-nursing/return-nursing-practice-programme/return-nursing-practice-programme> [13] <https://www.healthcareers.nhs.uk/explore-roles/nursing/returning-nursing/return-general-practice-nursing>
[14] https://www.healthcareers.nhs.uk/career-planning/course-finder?field_leading_to_a_career_in_tid=3195&field_qualification_type_tid=All&field_study_mode_tid=All
[15] <https://www.jobs.nhs.uk> [16] <https://heiw.nhs.wales/careers/> [17] <https://www.healthcareers.nhs.uk/we-are-nhs/returning-nhs/return-career-healthcare> [18] <http://www.bcu.ac.uk/courses/return-to-practice-nursing>
[19] <mailto:returtonnursing@bcu.ac.uk> [20] <mailto:rtp.mids@hee.nhs.uk?subject=Returning%20to%20nursing> [21] <https://www.wlv.ac.uk/schools-and-institutes/faculty-of-education-health-and-wellbeing/return-to-practice/> [22] <mailto:caroline.lowe@wlv.ac.uk>
[23] <https://www.worcester.ac.uk/courses/return-to-nursing-practice> [24] <mailto:admissions@worc.ac.uk>
[25] <https://www.lincoln.ac.uk/home/cpd/health/returntopracticenursing/> [26] <mailto:cpd@lincoln.ac.uk>
[27] <mailto:rtp.eoe@hee.nhs.uk?subject=Returning%20to%20nursing>
[28] <https://www.northampton.ac.uk/subjects/return-to-professional-practice/> [29] <mailto:ros.wray@northampton.ac.uk> [30] <mailto:rtp.eoe@hee.nhs.uk?subject=returning%20to%20nursing>
[31] https://www.healthcareers.nhs.uk/printpdf/1048?utm_source=BBS&utm_medium=email&utm_campaign=returning-to-nursing
[32] <https://www.healthcareers.nhs.uk/we-are-nhs/returning-nhs/return-career-healthcare?career=Nurse>