

# Returning to midwifery

Ready to be someone's first hello once again? Your experience and skills are invaluable to us, and we're here to help you return to midwifery with confidence.

Can't see the video? You'll need to accept all [cookies](#) <sup>[1]</sup>. Alternatively, visit our YouTube Channel to view our [videos](#) <sup>[2]</sup>

## Benefits of returning

Few other roles will give you the same kind of fulfilment as midwifery – think how many new parents you've already helped? But it's not just emotionally rewarding, there are plenty of practical benefits too, including some you may not have experienced before:

- One of the most generous pension schemes in the UK.
- Flexible working and opportunities to work part-time, helping to create a balance that suits you. Childcare support may also be available but it varies between NHS trusts.
- At least 27 days holiday a year plus public holidays, and a standard working week of 37.5 hours.
- Additional support for professional development, helping you to feel confidence in your skills and achieve your career goals.
- A greater emphasis on working in multidisciplinary teams, allowing you to work with experts from many different departments.

### Michaela Mecuri

#### Return to practice midwife

The best part of returning was being able to work with and support women and their families at this moment in their lives.

[Read Michaela's return to practice story](#) <sup>[3]</sup>

---

## How to get started

### Still have an active registration?

If you have an active registration but have had a gap in clinical practice, we still need you! And we can help you come back. Just get in touch with us via [email](#) <sup>[4]</sup> and you'll be connected to a local return to midwifery contact who can support your journey back to midwifery.

Registered midwives who are not currently working in clinical practice can also access a new online training programme on the [eLearning for Health website](#) <sup>[5]</sup> to help them to return to frontline maternity services. It includes online modules, mentoring, and clinical supervision to help you to return to clinical midwifery with confidence.

## **Don't have an active registration?**

Our Return to Practice (RTP) programmes are designed to make returning to midwifery as easy as possible – whether you've been away for six months or six years.

It's not a problem if you're no longer a registered midwife – returning to practice is really straightforward, and here's how you can do it:

- If you've got recent experience > [Readmission](#)
- If you've been away for a while > [Updating your skills through a Test of Competence or a return to practice course](#)

## **Readmission**

You might be able to re-register with the [NMC](#) <sup>[6]</sup> without doing a course or test. You'll need:

You'll also receive £1,000 to help cover any childcare, travel and book costs.

- 450 registered practice hours over the last three years or 750 hours over the last five, including any practice hours gained on the COVID-19 temporary register
- 35 hours of continuing professional development (CPD) in the last three years
- to provide three character references

You can apply directly through the [NMC website](#) <sup>[7]</sup> or if you want to use hours worked through the COVID-19 temporary register, you'll need to [email the NMC](#) <sup>[8]</sup> to request a paper copy of the readmission pack.

Further information on requirements and process is also available on the [NMC website](#) <sup>[9]</sup>.

## **Test of Competence (ToC)**

If you've been out of midwifery for a while, the Test of Competence is a great way to update your knowledge.

The test is made up of two parts:

- A multiple-choice computer based test (CBT).
- A practical test known as the [Objective Structured Clinical Examination \(OSCE\)](#) <sup>[10]</sup>

## How to apply for the test

You can apply through the [NMC website](#) <sup>[11]</sup>, where you'll also find lots of preparation materials and essential reading to help you revise for the test.

## Financial support for the test

We'll cover the cost of you taking a Test of Competence, but you may have to pay upfront and claim it back once you're registered and working with us.

If you'd like to know more, you can drop us an [email](#) <sup>[12]</sup> and we'll put you in touch with a member of our team who can answer any questions you may have.

## Return to practice course

A return to practice course will refresh your skills, leaving you ready to return to midwifery with confidence. It involves a combination of classroom and placement-based learning, so you can get stuck in right from the start. You'll also be assigned a personal mentor to support you through your studies.

The course takes between 3 and 12 months to complete, depending on how long you've been out of practice.

## Financial support for your studies

You won't just be emotionally supported by our team, you'll be financially supported too. If you apply directly to a university, NHS England will pay for your course and placement fees. You'll also be given £1,000 to help cover any childcare, travel and book costs.

If you apply through an NHS organisation, your course and placement fees will be covered and you'll either receive a salary or £1,000 to help cover your costs.

While completing your clinical placement, you'll be given supernumerary status, meaning you'll be an addition to existing staff, giving you the time and space you need to learn.

## Finding a course

There are courses available across the country, and you can browse them on our [course finder](#) <sup>[13]</sup>.

If you'd like to find out more about a specific course, you'll find the university's contact details on the course page.

There are also opportunities for you to earn while you study. To search for a salaried return to practice course, visit [NHS Jobs](#) <sup>[14]</sup> and search 'return to practice'

## We're here to help

Returning to midwifery won't just make a difference to other people's lives, it'll make a big difference to yours too – and we're here to make it as easy as possible. No matter which route

you choose, we can guide you through the process. If you'd like to discuss your options, simply request a call-back <sup>[15]</sup> and a member of our team will give you a call.

## • Find your return to practice course

Region	Type of qualification	Full or part time
- Any - ▼	- Any - ▼	Search ▼

Displaying 1 - 5 of 10 matches

## Return to practice (RTP) midwifery

University of Wolverhampton

View course <sup>[16]</sup> Opens in a new window

- Study mode
  - Part-time
- Duration of the course
  - 1 year
- Leading to a career in
  - Midwifery (return to practice)
- Contact details
  - L.Wright14@wlv.ac.uk <sup>[17]</sup>
  - 01902 32 22 22
- Region
  - West Midlands
- Admissions address
  - Gorway Road
  - Walsall
  - West Midlands
  - WS1 3EZ

### Entry Requirements

This course is for midwives who have had a break from the profession and wish to return.

Please contact the university directly for more information about this course and how to apply. Alternatively, you can contact NHS Health Education England in the Midlands on rtp.mids@hee.nhs.uk <sup>[18]</sup>

## Return to practice (RTP) midwifery

University of Plymouth

View course <sup>[19]</sup> Opens in a new window

- Study mode

- Distance learning/online
- Duration of the course
  - Flexible - depends on individual needs
- Leading to a career in
  - Midwifery (return to practice)
- Contact details
  - [adele.kane@plymouth.ac.uk](mailto:adele.kane@plymouth.ac.uk) <sup>[20]</sup>
  - 01752 586951
- Region
  - All England, All UK, East Midlands, East of England, London, North East, North West, Northern Ireland, Scotland, South East, South West, Wales, West Midlands, Yorkshire and The Humber
- Admissions address
  - Level 4 Rolle Building
  - Drake Circus
  - Plymouth
  - PL4 8AA
- Entry Requirements
 

This course is for midwives who have had a break from the profession and wish to return.

Please contact the university directly for more information about this course and how to apply. Alternatively, you can contact NHS England in the South West on [england.returntopractice.sw@nhs.net](mailto:england.returntopractice.sw@nhs.net) <sup>[21]</sup>

## Return to practice (RTP) midwifery

Bristol, University of the West of England

[View course](#) <sup>[22]</sup> Opens in a new window

- Study mode
  - Part-time
- Duration of the course
  - Flexible - depends on individual needs
- Leading to a career in
  - Midwifery (return to practice)
- Contact details
  - [has.cpd@uwe.ac.uk](mailto:has.cpd@uwe.ac.uk) <sup>[23]</sup>
  - 0117 32 81158
- Region
  - South West
- Admissions address
  - Glenside Campus
  - Blackberry Hill
  - Stapleton
  - Bristol
  - BS16 1DD
- Entry Requirements

This course is for midwives who have had a break from the profession and wish to return.

Please contact the university directly for more information about this course and how to apply. Alternatively, you can contact NHS England in the South West on [england.returntopractice.sw@nhs.net](mailto:england.returntopractice.sw@nhs.net) <sup>[21]</sup>

## Return to practice (RTP) midwifery.

University of Greenwich

[View course](#) <sup>[24]</sup> Opens in a new window

- Study mode
  - Part-time
- Duration of the course
  - 1 year
- Leading to a career in
  - Midwifery (return to practice)
- Contact details
  - [k.pearce@gre.ac.uk](mailto:k.pearce@gre.ac.uk) <sup>[25]</sup>
  - 020 8331 7593
- Region
  - London
- Admissions address
  - Southwood Site
  - Avery Hill Campus
  - Avery Hill Road
  - Eltham
  - London
  - SE9 2UG

### Entry Requirements

This course is for midwives who have had a break from the profession and wish to return.

You will need to be employed by a local trust in the London area that is linked to this university.

Please contact the named contact at the university (see contact details above) for more information about this course and how to apply. Alternatively, you can contact NHS Health Education England in London on [returntopractice.london@hee.nhs.uk](mailto:returntopractice.london@hee.nhs.uk) <sup>[26]</sup>

## Return to practice (RTP) midwifery

University of Greenwich

[View course](#) <sup>[24]</sup> Opens in a new window

- Study mode
  - Part-time
  - Duration of the course
    - 1 year
    - Leading to a career in
      - Midwifery (return to practice)
- Contact details
  - [k.pearce@gre.ac.uk](mailto:k.pearce@gre.ac.uk) <sup>[25]</sup>
  - 020 8331 7593
- Region
  - South East
  - Admissions address
    - Southwood Site
    - Avery Hill Campus
    - Avery Hill Road
    - Eltham
    - London
    - SE9 2UG

#### Entry Requirements

This course is for midwives who have had a break from the profession and wish to return.

You will need to be employed by a local trust in the London area that is linked to this university.

Please contact Heather Bower at the university for more information about this course and how to apply. Alternatively, you can contact NHS Health Education England in the South East on [returntopractice.se@hee.nhs.uk](mailto:returntopractice.se@hee.nhs.uk) <sup>[27]</sup>

- [Load more Load more results](#) <sup>[28]</sup>

## • Live return to practice vacancies on NHS Jobs

### Find a vacancy

Enter your location or postcode

Show results within

Search

# Want to discuss your return to midwifery?

Sign up to request a call back from one of our team.

[Let's go](#) <sup>[15]</sup>

---

**Source URL:**[https://www.healthcareers.nhs.uk/explore-roles/midwifery/returning-midwifery?dm\\_t=0%2C0%2C0%2C0%2C0](https://www.healthcareers.nhs.uk/explore-roles/midwifery/returning-midwifery?dm_t=0%2C0%2C0%2C0%2C0)

## Links

[1] <https://www.healthcareers.nhs.uk/privacy-and-cookies/#CookieDeclarationChangeConsentChange> [2] <https://www.youtube.com/NHSCareers> [3] <https://www.healthcareers.nhs.uk/explore-roles/midwifery/returning-midwifery/real-life-story-michaela-mercuri> [4] <mailto:england.returntopractice.wm@nhs.net?subject=Return%20to%20practice%20query> [5] [https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0\\_58211&programmeld=58211](https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_58211&programmeld=58211) [6] <https://www.healthcareers.nhs.uk/glossary#NMC> [7] <https://online.nmc-uk.org/Account/Login> [8] <mailto:readmission@nmc-uk.org?subject=Readmission> [9] <https://www.nmc.org.uk/registration/returning-to-the-register/readmission/> [10] [https://www.healthcareers.nhs.uk/glossary#Objective\\_structured\\_clinical\\_examination\\_OSCE](https://www.healthcareers.nhs.uk/glossary#Objective_structured_clinical_examination_OSCE) [11] <http://Link to https://www.nmc.org.uk/registration/returning-to-the-register/return-test-of-competence> [12] <mailto:england.returntopractice.wm@nhs.net> [13] [https://www.healthcareers.nhs.uk/career-planning/course-finder?field\\_leading\\_to\\_a\\_career\\_in\\_tid=3257&field\\_region\\_tid=All&field\\_qualification\\_type\\_tid=All&field](https://www.healthcareers.nhs.uk/career-planning/course-finder?field_leading_to_a_career_in_tid=3257&field_region_tid=All&field_qualification_type_tid=All&field) [14] <https://www.jobs.nhs.uk/> [15] <https://www.healthcareers.nhs.uk/we-are-nhs/returning-nhs/return-career-healthcare?career=Midwife> [16] <https://courses.wlv.ac.uk/course.asp?code=MI004Z31UVD> [17] [mailto: L.Wright14@wlv.ac.uk](mailto:L.Wright14@wlv.ac.uk) [18] <mailto:rtp.mids@hee.nhs.uk> [19] <https://www.plymouth.ac.uk/study/cpd/return-to-practice> [20] [mailto: adele.kane@plymouth.ac.uk](mailto:adele.kane@plymouth.ac.uk) [21] <mailto:england.returntopractice.sw@nhs.net> [22] <https://courses.uwe.ac.uk/UZUSBC203/return-to-midwifery-practice> [23] [mailto: has.cpd@uwe.ac.uk](mailto:has.cpd@uwe.ac.uk) [24] <https://www.applycpd.com/GRE/courses/109572> [25] [mailto: k.pearce@gre.ac.uk](mailto:k.pearce@gre.ac.uk) [26] <mailto:returntopractice.london@hee.nhs.uk> [27] <mailto:returntopractice.se@hee.nhs.uk> [28] [https://www.healthcareers.nhs.uk/printpdf/1049?dm\\_t=0%2C0%2C0%2C0%2C0&page=1](https://www.healthcareers.nhs.uk/printpdf/1049?dm_t=0%2C0%2C0%2C0%2C0&page=1)