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General psychiatry

General psychiatrists manage and treat adults with mental health disorders.

Mental illness is increasingly common and each year approximately 25% of Britons experience a mental health problem.

Can't see the video? You'll need to accept all <u>cookies</u> [1]. Alternatively, visit our YouTube Channel to view our videos [2]

Note: this video is part of a longer film that can be watched from the <u>psychiatry introductory</u> page [3].

Life as a general psychiatrist

You'll need a detailed knowledge of anatomy, pharmacology, physiology [4] and psychiatry to succeed, as well as the ability to understand the social factors that influence a patient's mental health.

Common mental health disorders you'll treat include:

- mood disorders such as depression and bipolar disorder
- psychoses including schizophrenia, schizoaffective disorder and bipolar disorder with psychotic symptoms
- · eating disorders
- anxiety disorders and phobias
- obsessive compulsive disorder
- drug and alcohol abuse, including psychosis in association with substance use
- post-traumatic stress disorder
- organic disorders such as dementia
- personality disorders

Critical to the success of your role is the ability to form a collaborative therapeutic alliance with a patient. This will involve you working as part of a multidisciplinary team of professionals. You'll be expected to take the lead role in establishing the strategic management plan for a patient, using your therapeutic skills to involve the patient and develop a constructive pathway to recovery.

Your role will be varied and fascinating. You'll need to be highly competent in both pharmacological and non-pharmacological approaches. The treatment you recommend will often combine use of medication and psychological and social interventions.

Most of your work will be delivered in a community setting but you'll also run hospital clinics and care for patients in hospital wards and specialist units.

How much can I earn?

You'll first earn a salary when you start your <u>foundation training</u> [5] after medical school. Find out details of current salary ranges for foundation and specialty training, <u>SAS doctors</u> [6] and consultants on the 'Pay for doctors' [7] page.

How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- · excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

"The treatment I give is a mixture of medication and talking therapies such as cognitive behavioural therapy [8] (CBT). Patients often say they find the opportunity to talk over their mental health issues with someone who listens non-judgementally is the thing that helps them the most."

Read Grace's story [9].

What are my chances of starting a career in general psychiatry?

There are approximately 2,724 general psychiatrists working in the NHS in England. In 2020, there were 174 applications for 155 specialty training places.

How to become a general psychiatrist

After medical school, you'll join the paid two-year <u>foundation programme</u> [10] where you'll work in six placements in different settings.

After your foundation programme, you can apply for paid <u>specialty training</u> [11] to become a general psychiatrist, which will take a minimum of six years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Where a career as a general psychiatrist can take you

There are three recognised sub-specialties within general adult psychiatry:

- liaison psychiatry
- rehabilitation psychiatry
- substance misuse psychiatry
- Live vacancies

Find a vacancy

Enter your location or postcode

Show results within

Consultant Psychiatrist, General Adult Psychiatry - Nelson

Nelson, BB9 9TG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist, General Adult Psychiatry - Nelson job (opens in a new window) [12]

Consultant Psychiatrist General Adult Psychiatry (Community)

Carlisle, CA1 1PY

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Cumbria, Northumberland, Tyne and wear (CNTW) NHS Foundation Trust Apply now on NHS Jobs for Consultant Psychiatrist General Adult Psychiatry (Community) job (opens in a new window) [13]

o Consultant Psychiatrist, General Adult Psychiatry - Lancaster

Morecambe, LA4 5QG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist, General Adult Psychiatry
Lancaster job (opens in a new window) [14]

Consultant Psychiatrist in General Adult Psychiatry

Colwyn Bay, LL29 7RB

Salary:

£91722.00 to £119079.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

<u>Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry job</u>

<u>(opens in a new window)</u> [15]

Consultant Psychiatrist in General Adult Psychiatry

Gosforth, NE3 3XT

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Cumbria, Northumberland, Tyne and wear (CNTW) NHS Foundation Trust Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry job (opens in a new window) [16]

Consultant Psychiatrist, General Inpatient Psychiatry - Whalley

Whalley, BB7 9PE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist, General Inpatient Psychiatry
Whalley job (opens in a new window) [17]

Consultant Psychiatrist in General Adult Psychiatry

Charlton, London, SE7 8JH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Oxleas NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry job (opens in a new window) [18]

Specialist grade Psychiatrist in General Adult Psychiatry

Crawley, RH11 0EP

Salary:

£96990.00 to £107155.00

Type:

Permanent

Employer:

Sussex Partnership NHS Foundation Trust

<u>Apply now on NHS Jobs for Specialist grade Psychiatrist in General Adult</u>

<u>Psychiatry job (opens in a new window) [19]</u>

Staff Grade Psychiatrist - Community General Adult Psychiatry

Jersey, JE2 4UE St Helier, JE2 4RP

Salary:

£58742.00 to £97050.00

Type:

Permanent

Employer:

Health and Community Services

Apply now on NHS Jobs for Staff Grade Psychiatrist - Community General Adult Psychiatry job (opens in a new window) [20]

Consultant Psychiatrist in General Adult Psychiatry ICMP

Woolwich, London, SE18 6PZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Oxleas NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry ICMP job (opens in a new window) [21]

Consultant Psychiatrist in General Adult Psychiatry - Grantham CMHT

Grantham, NG31 9DF

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lincolnshire Partnership NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry - Grantham CMHT job (opens in a new window) [22]

Consultant Psychiatrist – General Adult Psychiatry, West Lancs CMHT

Ormskirk, L39 2JW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist – General Adult Psychiatry,

West Lancs CMHT job (opens in a new window) [23]

Consultant Psychiatrist in Inpatient General Adult Psychiatry -AAU

Peterborough, PE3 9GZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Cambridgeshire and Peterborough NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist in Inpatient General Adult

Psychiatry - AAU job (opens in a new window) [24]

Consultant Psychiatrist in General Adult Psychiatry (East Conwy)

Colwyn Bay, LL29 7RB

Salary:

£91722.00 to £119079.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry (East Conwy) job (opens in a new window) [25]

Training Programme Director - General Psychiatry

Southampton, SO16 0AS

Salary:

Negotiable

Type:

Secondment

Employer:

NHS England

Apply now on NHS Jobs for Training Programme Director - General Psychiatry job (opens in a new window) [26]

Consultant in General Adult Psychiatry

Ashton-Under-Lyne, OL6 9RW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Pennine Care NHS FT

Apply now on NHS Jobs for Consultant in General Adult Psychiatry job (opens in a new window) [27]

Specialty Doctor - General Adult Psychiatry

Enfield, EN1 2HL

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

North London NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor - General Adult Psychiatry job (opens in a new window) [28]

Specialist Grade General Adult Psychiatry

Abertystwyth, SY23 1HB

Salary:

£100870.00 to £111442.00

Type:

Permanent

Employer:

Hywel Dda University Health Board

Apply now on NHS Jobs for Specialist Grade General Adult Psychiatry job (opens in a new window) [29]

Consultant in General Adult Psychiatry

Telford, TF34NF

Salary:

Negotiable

Type:

Permanent

Employer:

Midlands Partnership NHS Foundation Trust

Apply now on NHS Jobs for Consultant in General Adult Psychiatry job (opens in a new window) [30]

General Adult Community Psychiatrist

Jersey, JE2 4UE St Helier, JE2 4RP

Salary:

£114667.00 to £170947.00

Type:

Permanent

Employer:

Health and Community Services

Apply now on NHS Jobs for General Adult Community Psychiatrist job (opens in a new window) [31]

Consultant General Adult Psychiatry- Southampton Inpatient

Southampton, SO14 0YG

Salary:

£99532.00 to £131964.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant General Adult Psychiatry- Southampton</u>

<u>Inpatient job (opens in a new window)</u>

[32]

o Consultant in General Adult Psychiatry -CMHT

Basingstoke, RG21 7PJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry -CMHT job (opens in a new window) [33]

Consultant in General Adult Psychiatry - Liaison

Cosham, PO6 3LY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Liaison job</u>

(opens in a new window) [34]

Consultant in General Adult Psychiatry, Salisbury

Salisbury, SP2 7FD

Salary:

£99532.00 to £131964.00

Type:

Permanent

Employer:

Avon & Wiltshire Mental Health Partnership NHS Trust

Apply now on NHS Jobs for Consultant in General Adult Psychiatry, Salisbury job

(opens in a new window) [35]

Consultant Psychiatrist - General Adult - CMHT

Bury, BL9 7TD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Pennine Care NHS FT

Apply now on NHS Jobs for Consultant Psychiatrist - General Adult - CMHT job (opens in a new window) [36]

Specialist Doctor in General Adult Psychiatry - Inpatient

Southampton, SO14 0YG

Salary:

£100870.00 to £111441.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

Apply now on NHS Jobs for Specialist Doctor in General Adult Psychiatry Inpatient job (opens in a new window) [37]

Consultant in General Adult Psychiatry - Tamworth IMHT

Tamworth, B79 7EE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Midlands Partnership NHS Foundation Trust

Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Tamworth IMHT job (opens in a new window) [38]

Consultant in General Adult Psychiatry - CMHT - IOW

Newport, PO30 5TG

Salary:

£99532.00 to £131964.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant in General Adult Psychiatry - CMHT - IOW</u>
<u>job (opens in a new window)</u>
[39]

Consultant in General Adult Psychiatry - PCLS - Wiltshire

Devizes, SN10 5DS

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Avon & Wiltshire Mental Health Partnership NHS Trust

Apply now on NHS Jobs for Consultant in General Adult Psychiatry - PCLS
Wiltshire job (opens in a new window) [40]

o Consultant in General Adult Psychiatry - Elmleigh Inpatient

Havant, PO9 2JJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Elmleigh</u>

<u>Inpatient job (opens in a new window)</u> [41]

Consultant in General Adult Psychiatry Community CMHT

Bury, BL9 7TD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Pennine Care NHS FT

Apply now on NHS Jobs for Consultant in General Adult Psychiatry Community CMHT job (opens in a new window) [42]

Consultant-General Adult Psychiatry-Inpatient-Salford-MacColl

Salford, M6 8HG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Greater Manchester Mental Health NHSFT

Apply now on NHS Jobs for Consultant-General Adult Psychiatry-Inpatient-Salford-MacColl job (opens in a new window) [43]

Consultant General Adult Psychiatrist - Daisy Ward

London, N15 3TH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

455 North London NHS Foundation Trust

Apply now on NHS Jobs for Consultant General Adult Psychiatrist - Daisy Ward job (opens in a new window) [44]

Forensic or General Adult Consultant Psychiatrist

Warrington, WA2 8TR

Salary:

Negotiable

Type:

Permanent

Employer:

Elysium Healthcare

Apply now on NHS Jobs for Forensic or General Adult Consultant Psychiatrist job (opens in a new window) [45]

Consultant Psychiatrist - General Adult - Early Intervention

Bury, BL9 7TD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Pennine Care NHS FT

Apply now on NHS Jobs for Consultant Psychiatrist - General Adult - Early Intervention job (opens in a new window) [46]

Consultant Psychiatrist - General Adult HBTT, Preston

Preston, PR2 9HT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant Psychiatrist - General Adult HBTT, Preston</u>
job (opens in a new window) [47]

Consultant in General Adult Psychiatry, Acute IP, Salisbury

Salisbury, SP2 7FD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Avon & Wiltshire Mental Health Partnership NHS Trust

Apply now on NHS Jobs for Consultant in General Adult Psychiatry, Acute IP,

Salisbury job (opens in a new window) [48]

Specialty Doctor in General Adult Psychiatry - Parklands Inpatient

Basingstoke, RG24 9RH

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in General Adult Psychiatry - Parklands Inpatient job (opens in a new window) [49]

Consultant General Adult Psychiatrist-North Kingston IRH

Surbiton, KT6 7QU

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

South West London and St Georges Mental Health NHS Trust

Apply now on NHS Jobs for Consultant General Adult Psychiatrist-North Kingston

IRH job (opens in a new window) [50]

Consultant General Adult Psychiatrist – Barnet North Team

Wellhouse Lane London, EN5 3DJ

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

North London NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant General Adult Psychiatrist – Barnet North Team job (opens in a new window)</u> [51]

Consultant General Adult Psychiatrist - Luton CMHT (South)

Luton, LU1 2PJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East London NHS Foundation Trust

Apply now on NHS Jobs for Consultant General Adult Psychiatrist - Luton CMHT (South) job (opens in a new window) [52]

o Consultant in General Adult Psychiatry - PICU and HTT - IOW

Newport, PO30 5TG

Salary:

£99532.00 to £131964.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant in General Adult Psychiatry - PICU and HTT - IOW job (opens in a new window)</u> [53]

Consultant in General Adult Psychiatry - Osbourne and Liasion - IOW

Newport, PO30 5TG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Osbourne and Liasion - IOW job (opens in a new window)</u> [54]

Consultant Psychiatrist - General Adult Acute, Hastings (attracts RRP)

St Leonards on Sea, TN37 7PT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Sussex Partnership NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist - General Adult Acute,

Hastings (attracts RRP) job (opens in a new window) [55]

Consultant Psychiatrist - General Adult Inpatient, Barrow in Furness

Barrow in Furness, LA14 4LF

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist - General Adult Inpatient,

Barrow in Furness job (opens in a new window) [56]

Consultant Psychiatrist-Trafford-General Adult Inpatient-Brook Ward

Manchester, M41 5SL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Greater Manchester Mental Health NHSFT

Apply now on NHS Jobs for Consultant Psychiatrist-Trafford-General Adult Inpatient-Brook Ward job (opens in a new window) [57]

General Adult Consultant Psychiatrist Hazel Ward (£30K RPP)

Milton Keynes, Eaglestone, MK6 5NG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Central and North West London NHS Foundation Trust

Apply now on NHS Jobs for General Adult Consultant Psychiatrist Hazel Ward

(£30K RPP) job (opens in a new window) [58]

Consultant Psychiatrist in Liaison Psychiatry

Shrewsbury, SY3 8XQ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Midlands Partnership NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant Psychiatrist in Liaison Psychiatry job</u>

(opens in a new window) [59]

Consultant Psychiatrist within Rehabilitation Psychiatry

Plymouth, PL4 7PY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Livewell Southwest

<u>Apply now on NHS Jobs for Consultant Psychiatrist within Rehabilitation Psychiatry</u>
job (opens in a new window) [60]

Consultant Psychiatrist in Liaison Psychiatry

Harrogate, HG27SX

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Tees Esk and Wear Valleys NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant Psychiatrist in Liaison Psychiatry job</u>

<u>(opens in a new window)</u> [61]

General Practitioner

Waltham Cross, EN8 7DJ

Salary:

Negotiable

Type:

Permanent

Employer:

Stanhope Surgery

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [62]

General Practitioner

Bedworth, CV120AJ

Salary:

Negotiable

Type:

Permanent

Employer:

Paradise Medical Centre

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [63]

General Practitioner

York, YO41 1FZ

Salary:

£120000.00 to £125600.00

Type:

Permanent

Employer:

General Practitioner

London, SW25XF

Salary:

£120000.00 to £120000.00

Type:

Permanent

Employer:

Practice Plus Group

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [65]

General Practitioner

Kington, HR5 3EA

Salary:

Negotiable

Type:

Permanent

Employer:

Kington Medical Practice

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [66]

General Practitioner

Doncaster, DN5 8UX

Salary:

£121325.00 to £124622.00

Type:

Permanent

Employer:

Practice Plus Group

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [67]

General Practitioner

Kidderminster, DY11 6SF

Salary:

Negotiable

Type:

Permanent

Employer:

Northumberland House Surgery

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [68]

General Practitioner

Dorking, RH4 1HJ

Salary:

£70.00 to £90.00

Type:

Locum

Employer:

Practice Plus Group

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [69]

General Practitioner

Whitehaven, CA28 7BU

Salary:

Negotiable

Type:

Permanent

Employer:

Mansion House Surgery

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [70]

General Practitioner

Sixpenny Handley, SP5 5PA Salisbury, SP1 3SL LARKHILL, SP4 8QY Salisbury, SP5 5EL

Salary:

£12000.00 to £12500.00

Type:

Permanent

Employer:

Millstream Medical Centre

Apply now on NHS Jobs for General Practitioner job (opens in a new window) [71]

Further information

The Royal College of Psychiatrists has further information about being a doctor in general psychiatry, particularly as your career progresses. Take a look.

See its <u>Choose psychiatry information</u> [72], including a guide to download, video, and range of careers information and blog posts.

Other roles that may interest you

- General practitioner [73]
- Paediatrician [74]
- Neurologist [75]
- Child and adolescent psychiatry [76]

Source URL: https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/psychiatry/general-psychiatry

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