

Home > Explore roles > Doctors > Roles for doctors > Psychiatry > General psychiatry

## **General psychiatry**

General psychiatrists manage and treat adults with mental health disorders.

Mental illness is increasingly common and each year approximately 25% of Britons experience a mental health problem.

Can't see the video? You'll need to accept all <u>cookies</u> [1]. Alternatively, visit our YouTube Channel to view our <u>videos</u> [2]

Note: this video is part of a longer film that can be watched from the psychiatry introductory page [3].

## Life as a general psychiatrist

You'll need a detailed knowledge of anatomy, pharmacology, physiology [4] and psychiatry to succeed, as well as the ability to understand the social factors that influence a patient's mental health.

Common mental health disorders you'll treat include:

- mood disorders such as depression and bipolar disorder
- psychoses including schizophrenia, schizoaffective disorder and bipolar disorder with psychotic symptoms
- eating disorders
- anxiety disorders and phobias
- obsessive compulsive disorder
- drug and alcohol abuse, including psychosis in association with substance use
- post-traumatic stress disorder
- organic disorders such as dementia
- personality disorders

Critical to the success of your role is the ability to form a collaborative therapeutic alliance with a patient. This will involve you working as part of a multidisciplinary team of professionals. You'll be expected to take the lead role in establishing the strategic management plan for a patient, using your therapeutic skills to involve the patient and develop a constructive pathway to recovery.

Your role will be varied and fascinating. You'll need to be highly competent in both pharmacological and non-pharmacological approaches. The treatment you recommend will often combine use of medication and psychological and social interventions.

Most of your work will be delivered in a community setting but you'll also run hospital clinics and care for patients in hospital wards and specialist units.

## How much can I earn?

You'll first earn a salary when you start your <u>foundation training</u> [5] after medical school. Find out details of current salary ranges for foundation and specialty training, <u>SAS doctors</u> [6] and consultants on the <u>'Pay for doctors'</u> [7] page.

## How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

## **Must-have skills**

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

## **Entry requirements**

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

"The treatment I give is a mixture of medication and talking therapies such as <u>cognitive behavioural therapy</u> [8] (CBT). Patients often say they find the opportunity to talk over their mental health issues with someone who listens non-judgementally is the thing that helps them the most."

Read Grace's story [9].

# What are my chances of starting a career in general psychiatry?

There are approximately 2,724 general psychiatrists working in the NHS in England. In 2020, there were 174 applications for 155 specialty training places.

## How to become a general psychiatrist

After medical school, you'll join the paid two-year <u>foundation programme</u> [10] where you'll work in six placements in different settings.

After your foundation programme, you can apply for paid <u>specialty training</u> [11] to become a general psychiatrist, which will take a minimum of six years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

## Where a career as a general psychiatrist can take you

There are three recognised sub-specialties within general adult psychiatry:

- liaison psychiatry
- rehabilitation psychiatry
- substance misuse psychiatry

Live vacancies

## Find a vacancy

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#### • Consultant Psychiatrist, General Adult Psychiatry - Blackburn

Blackburn, BB1 3BL

Salary: £105504.00 to £139882.00 Type: Permanent Employer: Lancashire & South Cumbria NHS Foundation Trust Apply now on NHS Jobs for Consultant Psychiatrist, General Adult Psychiatry -Blackburn job (opens in a new window) [12]

#### • Consultant Psychiatrist in General Adult Psychiatry

Exeter, EX2 5AF

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Devon Partnership NHS Trust

Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry job (opens in a new window) [13]

#### Consultant Psychiatrist, General Adult Psychiatry - Lancaster

Morecambe, LA4 5QG

Salary: £105504.00 to £139882.00 Type: Permanent Employer: Lancashire & South Cumbria NHS Foundation Trust Apply now on NHS Jobs for Consultant Psychiatrist, General Adult Psychiatry -Lancaster job (opens in a new window) [14]

#### • Consultant Psychiatrist in General Adult Psychiatry

Colwyn Bay, LL29 7RB Salary: £91722.00 to £119079.00 Type: Permanent Employer: Betsi Cadwaladr University Health Board Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry job (opens in a new window) [15]

#### • Consultant Psychiatrist in General Adult Psychiatry

Charlton, London, SE7 8JH

Salary:

£105504.00 to £139882.00 Type: Permanent Employer: Oxleas NHS Foundation Trust Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry job (opens in a new window) [16]

#### Consultant Psychiatrist, General Inpatient Psychiatry - Whalley

Whalley, BB7 9PE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant Psychiatrist, General Inpatient Psychiatry -</u> <u>Whalley job (opens in a new window)</u> [17]

#### • Consultant Psychiatrist in General Adult Psychiatry

Woolwich, London, SE18 6PZ

Salary: £105504.00 to £139882.00 Type: Permanent Employer: Oxleas NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry job</u> (opens in a new window) [18]

#### • Specialist grade Psychiatrist in General Adult Psychiatry

Crawley, RH11 0EP

Salary: £96990.00 to £107155.00 Type: Permanent Employer: Sussex Partnership NHS Foundation Trust <u>Apply now on NHS Jobs for Specialist grade Psychiatrist in General Adult</u> <u>Psychiatry job (opens in a new window)</u> [19]

#### • Consultant Psychiatrist, General Adult Psychiatry, Phoenix ward

Oxford, OX44XN

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Oxford Health NHS Trust Apply now on NHS Jobs for Consultant Psychiatrist, General Adult Psychiatry, Phoenix ward job (opens in a new window) [20]

#### Consultant Psychiatrist in General Adult Psychiatry ICMP

Woolwich, London, SE18 6PZ

Salary:

£105504.00 to £139882.00

Type:

Permanent Employer:

Oxleas NHS Foundation Trust

Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry ICMP job (opens in a new window) [21]

#### • Consultant Psychiatrist in General Adult Psychiatry (HTT)

Harrow, HA1 3UJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Central and North West London NHS Foundation Trust Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry (HTT) job (opens in a new window) [22]

#### Consultant Psychiatrist – General Adult Psychiatry, West Lancs CMHT

Ormskirk, L39 2JW

Salary: £105504.00 to £139882.00 Type: Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant Psychiatrist – General Adult Psychiatry,</u> West Lancs CMHT job (opens in a new window) [23]

#### Consultant Psychiatrist in General Adult Psychiatry – Clare ward

London SE13 6LW, SE13 6LW

Salary:

Negotiable

Type:

Permanent

Employer:

South London and Maudsley NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry –</u> <u>Clare ward job (opens in a new window)</u> [24]

#### • Consultant Psychiatrist in General Adult Psychiatry (East Conwy)

Colwyn Bay, LL29 7RB

Salary:

£91722.00 to £119079.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Psychiatry (East Conwy) job (opens in a new window) [25]

#### • Consultant in General Adult Psychiatry

Telford, TF34NF

Salary:

Negotiable

Type:

Permanent

Employer:

Midlands Partnership NHS Foundation Trust

Apply now on NHS Jobs for Consultant in General Adult Psychiatry job (opens in a new window) [26]

#### • Consultant in Community General Psychiatry - South Pembs

Pembroke Dock, SA72 6SY

Salary: £110240.00 to £160951.00 Type: Permanent Employer: Hywel Dda University Health Board Apply now on NHS Jobs for Consultant in Community General Psychiatry - South Pembs job (opens in a new window) [27]

#### • General Adults Consultant Psychiatrist

Clacton-on-Sea, CO16 0BX

Salary: Negotiable Type: Permanent Employer: Elysium Healthcare Apply now on NHS Jobs for General Adults Consultant Psychiatrist job (opens in a new window) [28]

#### Consultant in General Adult Psychiatry -CMHT

Basingstoke, RG21 7PJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry -CMHT job (opens in a new window) [29]

#### • Consultant in General Adult Psychiatry - Liaison

Southampton, SO16 5YA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Liaison job (opens in a new window) [30]

#### Consultant in General Adult Psychiatry, Salisbury

Salisbury, SP2 7FD Salary: £99532.00 to £131964.00 Type: Permanent Employer: Avon & Wiltshire Mental Health Partnership NHS Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry, Salisbury job (opens in a new window) [31]

#### Consultant in General Adult Community Psychiatry

Harrow, HA3 5QX

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Central and North West London NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Community Psychiatry job (opens in a new window) [32]

#### • Consultant in General Adult Psychiatry - Liaison

Cosham, PO6 3LY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Liaison job (opens in a new window) [33]

#### Consultant General Adult Psychiatry- Southampton Inpatient

Southampton, SO14 0YG Salary: £99532.00 to £131964.00 Type: Permanent Employer: Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant General Adult Psychiatry- Southampton Inpatient job (opens in a new window) [34]

#### • Consultant Psychiatrist - General Adult - CMHT

Bury, BL9 7TD Salary: £105504.00 to £139882.00 Type: Permanent Employer: Pennine Care NHS FT Apply now on NHS Jobs for Consultant Psychiatrist - General Adult - CMHT job (opens in a new window) [35]

#### Consultant in General Adult Psychiatry - CMHT - IOW

Salary: £130380.00 to £154760.00 Type: Permanent Employer: Cardiff and Vale University Health Board Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Pentwyn CMHT job (opens in a new window) [37]

#### Locum Consultant in Community General Adult Psychiatry

Aberystwyth, SY23 1HB

Salary: £121264.00 Type: Fixed-Term Employer:

Hywel Dda University Health Board Apply now on NHS Jobs for Locum Consultant in Community General Adult Psychiatry job (opens in a new window) [38]

#### • Locum Consultant in Community General Adult Psychiatry

Newcastle Emlyn, SA38 9NS

Salary:

£121264.00

Type: Fixed-Term

Employer:

Hywel Dda University Health Board Apply now on NHS Jobs for Locum Consultant in Community General Adult Psychiatry job (opens in a new window) [39]

#### • Locum Consultant in Community General Adult Psychiatry

Aberystwyth, SY23 1HB

Salary:

£121264.00

Type:

Fixed-Term

Employer:

Hywel Dda University Health Board Apply now on NHS Jobs for Locum Consultant in Community General Adult Psychiatry job (opens in a new window) [40]

#### • Consultant General Adult Psychiatry- CMHT - Anchor House

Southampton, SO40 8DX

Salary:

£105504.00 to £139882.00

Туре:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant General Adult Psychiatry- CMHT - Anchor House job (opens in a new window) [41]

#### Consultant in General Adult Psychiatry – Stafford IMHT

Stafford, ST16 3SR

Salary: £105504.00 to £139882.00 Type: Permanent Employer: Midlands Partnership NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry – Stafford IMHT job (opens in a new window) [42]

#### • Consultant in General Adult Psychiatry Community CMHT

Bury, BL9 7TD Salary: £105504.00 to £139882.00 Type: Permanent Employer: Pennine Care NHS FT Apply now on NHS Jobs for Consultant in General Adult Psychiatry Community CMHT job (opens in a new window) [43]

#### • Consultant in General Adult Psychiatry - Links Centre

Cardiff, CF24 0SZ

Salary: £130380.00 to £154760.00 Type: Permanent Employer: Cardiff and Vale University Health Board Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Links Centre job (opens in a new window) [44]

#### • Consultant-General Adult Psychiatry-Inpatient-Salford-MacColl

Salford, M6 8HG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Greater Manchester Mental Health NHSFT

Apply now on NHS Jobs for Consultant-General Adult Psychiatry-Inpatient-Salford-MacColl job (opens in a new window) [45]

#### • Consultant Psychiatrist - General Adult - Early Intervention

Rochdale, OL12 9QB

Salary: £105504.00 to £139882.00 Type: Permanent Employer: Pennine Care NHS FT Apply now on NHS Jobs for Consultant Psychiatrist - General Adult - Early Intervention job (opens in a new window) [46]

#### • Consultant General Adult Psychiatrist - Daisy Ward

London, N15 3TH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

455 North London NHS Foundation Trust

Apply now on NHS Jobs for Consultant General Adult Psychiatrist - Daisy Ward job (opens in a new window) [47]

#### • General Adults Consultant Psychiatrist Part Time

Reading, RG4 5LE

Salary: £75000.00 to £90000.00 Type: Permanent Employer: Elysium Healthcare Apply now on NHS Jobs for General Adults Consultant Psychiatrist Part Time job (opens in a new window) [48]

#### • Consultant Psychiatrist - General Adult - Early Intervention

Bury, BL9 7TD Salary: £105504.00 to £139882.00 Type: Permanent Employer: Pennine Care NHS FT Apply now on NHS Jobs for Consultant Psychiatrist - General Adult - Early Intervention job (opens in a new window) [49]

#### • General Adult Consultant Psychiatrist – Wren Ward

Derby, DE22 3LZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Derbyshire Healthcare NHS Foundation Trust <u>Apply now on NHS Jobs for General Adult Consultant Psychiatrist – Wren Ward job</u> (opens in a new window) [50]

#### Consultant Psychiatrist - General Adult HBTT, Preston

Preston, PR2 9HT

Salary: £105504.00 to £139882.00 Type: Permanent Employer: Lancashire & South Cumbria NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant Psychiatrist - General Adult HBTT, Preston</u> job (opens in a new window) [51]

#### Consultant in General Adult Psychiatry North Shropshire CMHS

Oswestry, SY112NQ

Salary:

Negotiable

Type:

Permanent

Cambridge, CB21 5EF

Employer:

Midlands Partnership NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry North Shropshire CMHS job (opens in a new window) [52]

#### Specialty Doctor in General Adult Psychiatry - M3/CRHTT

Salary: £59175.00 to £95400.00 Type: Permanent Employer: Cambridgeshire and Peterborough NHS Foundation Trust Apply now on NHS Jobs for Specialty Doctor in General Adult Psychiatry -M3/CRHTT job (opens in a new window) [53]

#### • Specialty Doctor in General Adult Psychiatry - Fir Ward

Mansfield, NG18 4GW

Salary: £59175.00 to £95400.00 Type: Permanent Employer: Nottinghamshire Healthcare NHS Foundation Trust <u>Apply now on NHS Jobs for Specialty Doctor in General Adult Psychiatry - Fir Ward</u> job (opens in a new window) [54]

#### Consultant in Community General Adult Psychiatry - South Ceredigion

Newcastle Emlyn, SA38 9NS

Salary:

£110240.00 to £160951.00

Type:

Permanent

Employer:

Hywel Dda University Health Board

<u>Apply now on NHS Jobs for Consultant in Community General Adult Psychiatry -</u> <u>South Ceredigion job (opens in a new window)</u> [55]

#### Consultant General Adult Psychiatry - Beech Ward + Golden Hello

Mansfield, NG18 4GW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Nottinghamshire Healthcare NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant General Adult Psychiatry - Beech Ward +</u> <u>Golden Hello job (opens in a new window)</u> [56]

#### Specialty Doctor - General Adult Psychiatry - Salford, Liason Team

Salford, M6 8HD

Salary: £59175.00 to £95400.00 Type: Fixed-Term Employer:

Greater Manchester Mental Health NHSFT Apply now on NHS Jobs for Specialty Doctor - General Adult Psychiatry - Salford, Liason Team job (opens in a new window) [57]

#### • Consultant Psychiatrist in General Adult Intensive Care

Exeter, EX2 5AF

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Devon Partnership NHS Trust Apply now on NHS Jobs for Consultant Psychiatrist in General Adult Intensive Care job (opens in a new window) [58]

#### Consultant General Adult Psychiatrist – Barnet North Team

Wellhouse Lane London, EN5 3DJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North London NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant General Adult Psychiatrist – Barnet North</u> Team job (opens in a new window) <sup>[59]</sup>

#### Consultant in General Adult Psychiatry - Osbourne and Liasion -IOW

Newport, PO30 5TG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Osbourne and Liasion - IOW job (opens in a new window) [60]

#### Consultant in General Adult Psychiatry - PICU and HTT - IOW

Newport, PO30 5TG

Salary:

£99532.00 to £131964.00

Type:

Permanent Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry - PICU and HTT - IOW job (opens in a new window) [61]

#### Consultant in General Adult Psychiatry - Redwood 2 + Golden Hello

Nottingham, NG6 9DR

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Nottinghamshire Healthcare NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant in General Adult Psychiatry - Redwood 2 +</u> <u>Golden Hello job (opens in a new window)</u> [62]

#### Specialty Doctor in General Adult Psychiatry - (C&W IRH)

Wallington, SM6 0EX

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

South West London and St Georges Mental Health NHS Trust Apply now on NHS Jobs for Specialty Doctor in General Adult Psychiatry - (C&W IRH) job (opens in a new window) [63]

#### Consultant in General Adult Psychiatry - EIP and Recovery - IOW

Newport, PO30 1JZ

Salary:

£105504.00 to £131964.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry - EIP and Recovery - IOW job (opens in a new window) [64]

#### • Consultant General Adult Psychiatrist in Urgent Care (Derby)

Derby, DE22 3WQ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Derbyshire Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant General Adult Psychiatrist in Urgent Care (Derby) job (opens in a new window) [65]

#### Consultant General Adult Psychiatrist – Barnet South Core Team

Edgware, HA8 7AB

Salary: £105504.00 to £139882.00 Type: Permanent Employer: North London NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant General Adult Psychiatrist – Barnet South</u> Core Team job (opens in a new window) [66]

#### • General Adult Consultant Psychiatrist Hazel Ward (£30K RPP)

Milton Keynes , Eaglestone, MK6 5NG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Central and North West London NHS Foundation Trust

Apply now on NHS Jobs for General Adult Consultant Psychiatrist Hazel Ward (£30K RPP) job (opens in a new window) [67]

#### Consultant Psychiatrist-Trafford-General Adult Inpatient-Brook Ward

Manchester, M41 5SL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Greater Manchester Mental Health NHSFT

Apply now on NHS Jobs for Consultant Psychiatrist-Trafford-General Adult Inpatient-Brook Ward job (opens in a new window) [68]

#### Consultant Psychiatrist - General Adult Inpatient, Barrow in Furness

Barrow in Furness, LA14 4LF

Salary: £105504.00 to £139882.00 Type: Permanent Employer: Lancashire & South Cumbria NHS Foundation Trust Apply now on NHS Jobs for Consultant Psychiatrist - General Adult Inpatient, Barrow in Furness job (opens in a new window) [69]

#### • Consultant Psychiatrist - Forensic Psychiatry

Bristol, BS16 1EG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Avon & Wiltshire Mental Health Partnership NHS Trust Apply now on NHS Jobs for Consultant Psychiatrist - Forensic Psychiatry job (opens in a new window) [70]

#### General Practitioner

Birmingham, B44 9ER Sutton Coldfield, B74 2HE Sutton Coldfield, B743PL

Salary: Negotiable Type: Permanent Employer: The Oaks Medical Centre Apply now on NHS Jobs for General Practitioner job (opens in a new window) [71]

## **Further information**

The Royal College of Psychiatrists has further information about being a doctor in general psychiatry, particularly as your career progresses. Take a look.

See its <u>Choose psychiatry information</u> [72], including a guide to download, video, and range of careers information and blog posts.

## Other roles that may interest you

- General practitioner [73]
- Paediatrician [74]
- Neurologist [75]
- <u>Child and adolescent psychiatry [76]</u>

**Source URL:**<u>https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/psychiatry/general-psychiatry?field\_field\_role=524&page=15&destination=/my-account/my-bookmarks/430</u>

#### Links

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