

# When to refer a case

Some cases can be difficult to deal with and you may feel the trainee should be referred to a careers adviser.

Examples include:

- [doctors in training who are contemplating leaving medicine](#) <sup>[1]</sup>
- [trainee doctors whose career plans may be unrealistic](#) <sup>[2]</sup>
- [the chronically indecisive](#) <sup>[3]</sup>

Contact the careers lead at your HEE local office or deanery.

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**Source URL:**[https://www.healthcareers.nhs.uk/career-planning/career-advisers-and-teachers/training-and-teaching-resources-medical-studentsdoctors/information-educational-supervisors/when-refer?field\\_field\\_role=539&destination=/my-account/my-bookmarks/299](https://www.healthcareers.nhs.uk/career-planning/career-advisers-and-teachers/training-and-teaching-resources-medical-studentsdoctors/information-educational-supervisors/when-refer?field_field_role=539&destination=/my-account/my-bookmarks/299)

## Links

[1] <https://www.healthcareers.nhs.uk/career-planning/offering-careers-IAG/training-and-teaching-resources-1-1> [2] <https://www.healthcareers.nhs.uk/career-planning/offering-careers-IAG/training-and-teaching-resources-1-2> [3] <https://www.healthcareers.nhs.uk/career-planning/offering-careers-IAG/training-and-teaching-resources-1-3>