

Training and development (community sexual and reproductive healthcare)

This page provides useful information on the training and development for this specialty and also has tips for people at all stages of their training including medical school.

Specialty training

Training in community sexual and reproductive healthcare (CSRH) is a run-through training from ST1-6. Once you have been accepted at ST1, you will not need to apply again. Training normally lasts six years.

You will need to pass part 1 exams of the Faculty of Sexual and Reproductive Health (MFSRH) by the end of ST2. Part 2 of the MFSRH exams must be passed by the end of ST5 and before entering ST6.

The length of training can vary, for example it is possible to train flexibly if you fulfil the criteria for Less than Full Time Training (LTFT).

Recruitment?

Selection panels also look for evidence of academic and research achievements, which as well as additional academic qualifications include prizes, awards, distinctions, publications and presentations. An understanding of research, audit and teaching is also important as is evidence of the ability to work in a multidisciplinary team. Good leadership and organisational skills are also important.

Experience of extra-curricular activities, achievements and interests relevant to CSRH are also desirable as is an intercalated degree and or higher academic qualifications.

Find out more about the specialty on the GMC website which provides information on the curriculum for CSRH training. [1]

Getting in tips

It is important to develop your practical skills and interest in CSRH as early as you can. This will also give you valuable experience to add to your CV.

- Tips for medical students

Expand / collapse

- attend conferences on CSRH ? this will give you an opportunity to network and meet your future colleagues
- undertake a placement in CSRH
- undertake a student selected module or project in CSRH
- Tips for foundation trainees

Expand / collapse

- make contact with a local CSRH department in your hospital and find out how you can get involved
- aim to get a rotation in CSRH
- try to ensure your e-portfolio has relevant experience with CSRH and that this is kept properly up-to-date
- try to gain teaching and management experience
- Tips for core and specialist trainees

Expand / collapse

- undertake a relevant research project
- try to get some of your work published and present at national and international meetings
- teach junior colleagues
- take on any management opportunities you are offered
- join the Faculty of Sexual and Reproductive Health [2]

Source URL: <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/community-sexual-and-reproductive-health/training-and-development>

Links

[1] http://www.gmc-uk.org/education/community_sexual_and_reproductive_health.asp

[2] <http://www.fsrh.org/>