

"This role is everything I could have hoped for. I enjoy the intellectual challenge it brings and how fascinating and rewarding it is."

Adam first became interested in geriatric medicine during his clinical training. He loves being able to make a difference through his clinical work and academic research.

Adam Gordon

Consultant geriatrician and clinical professor in medicine of older people

Employer or university

Consultant geriatrician and clinical professor in medicine of older people

Salary range

Over £65K

Consultant Geriatrician - Adam Gordon

How I got into the role

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I got a taste of what working in geriatric medicine was like as part of my medicine training and I really enjoyed it. It was exciting to see the way in which geriatricians provided thoughtful and comprehensive care to the elderly patients. I was also drawn to the intellectual challenge of dealing with multiple problems in a single patient so I decided to specialise in this branch of medicine.

After further training, I worked as a consultant geriatrician and really enjoyed it. I became more interested in issues surrounding service delivery and commissioning which resulted in me standing for election as Honorary Secretary of the British Geriatrics Society. I also

undertook a PhD looking into models of care for care home residents. I have since carried on projects in this area and this is an exciting challenge that I'm currently working on.

What I do

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I have two roles so my days are typically a mixture of clinical and academic work.

When I'm working in the hospital, I see older patients in acute care and I work with patients under the care of the general surgeons following emergency operations. I love my clinical role; it's fascinating and very varied. Every patient brings a different challenge and no two days are the same.

In my academic role, I work with a range of people including commissioners, GPs and policy makers to work out the best way to provide the best service to care home residents. I also teach university students on a regular basis and play a role in developing undergraduate and postgraduate geriatric medicine curricula, both nationally and internationally.

The best bits and challenges

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This role is everything I could have hoped for. I enjoy the intellectual challenge it brings and how fascinating and rewarding it is. After years of working in geriatric medicine, at the end of every shift, I still feel that I'm making a difference.

One challenging thing about my role is that I often look after patients towards the end of their lives and this can be difficult. A 'glass half full' mentality helps keep me positive when there aren't enough hours in the day to see more patients!

Life outside work

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My work takes up a lot of my time so it is important for me to make time for my family. I have three children and, on the days I'm not working, I spend my time with them.

Career plans

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