

Intensive care medicine

Doctors working in [intensive care](#) ^[1] medicine manage the sickest patients in the hospital: critically ill patients who already have organ dysfunction and organ failure.

They also care for patients at risk of developing such problems and who require a level of care and observation that cannot be offered on a normal ward.

Doctors in hospital

Life in [intensive care](#) ^[1] medicine (ICM)

You will be part of the multi-disciplinary team providing care for these very sick and at risk patients. You will work closely with other doctors, ACCPs (advanced critical care practitioners), nurses, physiotherapists, pharmacists and other allied health professionals. Together this effective and integrated team works to provide continuous, high-quality health care for the sickest and most vulnerable patients in the hospital. The work will include providing organ system support and the investigation, diagnosis and treatment of acutely ill patients.

You'll also learn about patient safety, how to care for patients at the end of their life, how to support their families, and how the [intensive care](#) ^[1] unit (ICU) fits into the rest of healthcare provision.

You will learn to support patients and treat a wide range of conditions:

- heart and [cardiovascular](#) ^[2] failure
- renal failure
- liver failure
- patients with reduced levels of consciousness or neurological impairment
- gastrointestinal failure
- [respiratory](#) ^[3] failure
- [sepsis](#) ^[4] and septic shock
- patients who have been involved in trauma
- acute intoxications and poisoning
- patients recovering from major surgery
- pregnancy related illnesses and complications

Doctors in ICM use practical skills and perform procedures to help monitor and manage their patients. You will need to learn how to assess, monitor and review a patient with, or at risk of developing, critical illness.

You will also learn to support and monitor organs which are failing through:

- cardiovascular ^[2] system support, by use of fluids, inotropes (drugs that stimulate the heart) and vasopressors (drugs that raise reduced blood pressure)
- respiratory ^[3] support, using ventilators or other devices to assist breathing
- invasive monitoring, including arterial and central venous cannulation
- airway interventions such as intubation and tracheostomy
- measurement of cardiac output and blood flow around the body
- renal support using kidney replacement therapies (haemodialysis ^[5] or haemofiltration)
- how to safely transfer critically ill patients for specialist investigations and interventions such as a CT scan

How much can I earn?

You'll first earn a salary when you start your foundation training ^[6] after medical school. Find out details of current salary ranges for foundation and specialty training, SAS doctors ^[7] and consultants on the 'Pay for doctors' ^[8] page.

How about the benefits?

- make a difference to patients and their families
- work in one of the strongest multidisciplinary teams in healthcare
- excellent supervision during your training
- work flexibly or part-time
- high income early in your career
- work anywhere in the world
- part of an excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament, and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- inquisitive mind and excellent problem-solving and diagnostic skills
- organisational ability, effective decision-making skills, first class time management and be prepared to learn how to use available resources to benefit your patients

Entry requirements

Your first step is medical school. Typically, you will need excellent GCSEs and three A or A* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

What are my chances of starting a career in intensive care ^[1] medicine?

There are approximately 783 doctors training in intensive care ^[1] medicine (ICM) in the NHS in England. In 2021, there were 595 applications for 203 specialty training places.

How to become a doctor in intensive care ^[1] medicine

After medical school, you'll join the paid two-year foundation programme ^[9] where you'll work in six placements in different settings.

After your foundation programme, you will need to spend three to four years in a paid training programme that provides initial training in ICM. There are several options available: ACCS (Acute Care Common Stem), anaesthesia and internal medicine (IMT). In each of these programmes you will gain experience in intensive care ^[1] along with experience in at least one other specialty. Spending time in specialties allied to ICM benefits your training enormously by broadening your experience. Remember that patients from all medical specialties and disciplines can need looking after in the intensive care ^[1] unit when they become very unwell.

On completion of one of these initial training programmes you can apply for paid specialty training ^[10] in intensive care ^[1] medicine. You may choose to specialise in ICM alone, or to train in ICM along with another specialty such as anaesthesia, emergency medicine or one of the acute medical specialties (for example acute medicine, respiratory ^[3] medicine, renal medicine).

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Where a career as a doctor working in intensive care ^[1] medicine can take you

During higher training in ICM you will have the opportunity to develop a 'special skill' or interest during your training. The intensive care ^[1] medicine curriculum currently includes the following 'special skills':

- academic research
- cardiac intensive care ^[1] medicine
- echocardiography
- extra-corporeal membrane oxygenation
- education
- home ventilation

- neuro intensive care ^[1] medicine
- paediatric intensive care ^[1] medicine
- pre-hospital emergency medicine
- quality improvement in healthcare
- transfer medicine

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○ Consultant in Intensive Care

Boston or Lincoln, PE21 9QS

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

United Lincolnshire Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant in Intensive Care job \(opens in a new window\)](#) ^[11]

○ Consultant in Intensive Care Medicine

Hastings, TN37 7RD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Consultant in Intensive Care Medicine job \(opens in a new window\)](#) ^[12]

○ Consultant in Paediatric Intensive Care

Denmark Hill, SE5 8AD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

King's College Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Paediatric Intensive Care job \(opens in a new window\)](#) ^[13]

- **Consultant in Intensive Care Medicine**

Salisbury, SP2 8BJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Salisbury NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Intensive Care Medicine job \(opens in a new window\)](#) ^[14]

- **Locum Consultant In Intensive Care Medicine**

Burton upon Trent, DE13 0RB

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

University Hospitals of Derby and Burton NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant In Intensive Care Medicine job \(opens in a new window\)](#) ^[15]

- **Consultant in Intensive Care Medicine and Anaesthetics**

Canterbury, CT1 3NG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Kent Hospitals University NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Intensive Care Medicine and Anaesthetics job \(opens in a new window\)](#) ^[16]

- **Consultant Psychiatrist (Home Treatment & Psychiatric Intensive Care)**

Bangor, LL57 2PW

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

[Apply now on NHS Jobs for Consultant Psychiatrist \(Home Treatment & Psychiatric Intensive Care\) job \(opens in a new window\)](#) ^[17]

- **Consultant in Intensive Care Medicine and Anaesthetics**

Milton Keynes, MK6 5LD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Milton Keynes University Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Intensive Care Medicine and Anaesthetics job \(opens in a new window\)](#) ^[18]

- **Specialist Pharmacist - Intensive Care and Surgery**

Hastings, TN37 7RD

Salary:

£46148.00 to £52809.00

Type:

Permanent

Employer:

East Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Specialist Pharmacist - Intensive Care and Surgery job \(opens in a new window\)](#) ^[19]

- **Advanced Occupational Therapist – Intensive Care Unit (ICU)**

London, N18 1QX

Salary:

£51883.00 to £58544.00

Type:

Permanent

Employer:

Royal Free London NHS Foundation Trust
[Apply now on NHS Jobs for Advanced Occupational Therapist – Intensive Care Unit \(ICU\) job \(opens in a new window\)](#) ^[20]

- **Cardiothoracic Anaesthesia & Cardiac Intensive Care Fellowship - ST3+**

Blackpool, FY3 8NR

Salary:

£61825.00

Type:

Fixed-Term

Employer:

Blackpool Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Cardiothoracic Anaesthesia & Cardiac Intensive Care Fellowship - ST3+ job \(opens in a new window\)](#) ^[21]

- **Consultant in Intensive Care *Gold Package £20K lump sum & 1.5 SPA***

Ipswich, IP4 5PD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Suffolk and North Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Intensive Care *Gold Package £20K lump sum & 1.5 SPA* job \(opens in a new window\)](#) ^[22]

- **Senior Clinical Fellow in Anaesthesia and Intensive Care**

Stockport, SK2 7JE

Salary:

£41750.00 to £64288.00

Type:

Fixed-Term

Employer:

Stockport NHS Foundation Trust

[Apply now on NHS Jobs for Senior Clinical Fellow in Anaesthesia and Intensive Care job \(opens in a new window\)](#) ^[23]

- **Senior Clinical Fellow in Intensive Care, Education and Simulation**

London, NW32QG

Salary:

£61825.00

Type:

Fixed-Term

Employer:

Royal Free London NHS Foundation Trust

[Apply now on NHS Jobs for Senior Clinical Fellow in Intensive Care, Education and Simulation job \(opens in a new window\)](#) ^[24]

- **Senior Clinical Fellow in ICU with Intensive Care Follow Up and Clinic**

Tooting, London, SW17 0QT

Salary:

£61825.00

Type:

Fixed-Term

Employer:

St George's University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Senior Clinical Fellow in ICU with Intensive Care Follow Up and Clinic job \(opens in a new window\)](#) ^[25]

- **Older Adults Urgent Care Practitioner - Intensive Support**

Horsham, RH12 1RJ

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

Sussex Partnership NHS Foundation Trust

[Apply now on NHS Jobs for Older Adults Urgent Care Practitioner - Intensive Support job \(opens in a new window\)](#) ^[26]

- **Consultant Psychiatrist - North Wiltshire Intensive Service**

Devizes, SN10 5DS

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Avon & Wiltshire Mental Health Partnership NHS Trust

[Apply now on NHS Jobs for Consultant Psychiatrist - North Wiltshire Intensive Service job \(opens in a new window\)](#) ^[27]

- **High Intensity Counsellor**

Carlisle, CA11PT

Salary:

£46148.00 to £52809.00

Type:

Permanent

Employer:

Cumbria, Northumberland, Tyne and wear (CNTW) NHS Foundation Trust

[Apply now on NHS Jobs for High Intensity Counsellor job \(opens in a new window\)](#)

[28]

- **Trainee High Intensity Counsellor**

Workington, CA1 1PT

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

Cumbria, Northumberland, Tyne and wear (CNTW) NHS Foundation Trust

[Apply now on NHS Jobs for Trainee High Intensity Counsellor job \(opens in a new window\)](#) [29]

- **Low Intensity Therapy Practitioner**

Swansea, SA1 5AT

Salary:

£30420.00 to £37030.00

Type:

Fixed-Term

Employer:

Swansea Bay University Health Board

[Apply now on NHS Jobs for Low Intensity Therapy Practitioner job \(opens in a new window\)](#) [30]

- **High Intensity Therapist CBT**

Chertsey, KT16 9FG

Salary:

£46148.00 to £52809.00

Type:

Permanent

Employer:

Surrey and Borders Partnership NHS Foundation Trust

[Apply now on NHS Jobs for High Intensity Therapist CBT job \(opens in a new window\)](#) [31]

- **Consultant Psychiatrist LD Inpatient Services & Intensive Support Team**

Hull, HU6 8QG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Humber Teaching NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Psychiatrist LD Inpatient Services & Intensive Support Team job \(opens in a new window\)](#) ^[32]

- **Trainee High Intensity (CBT) Therapist**

Guildford, GU1 4HD

Reading, RG6 6AL

Salary:

£37338.00

Type:

Permanent

Employer:

Centre For Psychology

[Apply now on NHS Jobs for Trainee High Intensity \(CBT\) Therapist job \(opens in a new window\)](#) ^[33]

- **Clinical Psychologist - Intensive Intervention Team**

St Albans, AL4 9XR

Salary:

£55690.00 to £62682.00

Type:

Permanent

Employer:

Hertfordshire Community NHS Trust

[Apply now on NHS Jobs for Clinical Psychologist - Intensive Intervention Team job \(opens in a new window\)](#) ^[34]

- **Talking Therapies High Intensity Therapist**

Worcester, WR5 1JG

Salary:

£46148.00 to £52809.00

Type:

Fixed-Term

Employer:

Herefordshire and Worcestershire Health and Care NHS Trust

[Apply now on NHS Jobs for Talking Therapies High Intensity Therapist job \(opens in a new window\)](#) ^[35]

- **Cognitive- Behavioural Therapist (High Intensity)**

Cwmbrân NP44 7HF, Swansea SA6 8RE , St Asaph LL17 0LJ, NP44 7HF

Salary:

£46840.00 to £53602.00

Type:

Bank

Employer:

Welsh Ambulance NHS Trust

[Apply now on NHS Jobs for Cognitive- Behavioural Therapist \(High Intensity\) job \(opens in a new window\)](#) ^[36]

- **Qualified High Intensity CBT Therapist - Wirral**

Birkenhead, CH41 1EL

Salary:

£46148.00 to £52809.00

Type:

Permanent

Employer:

Everyturn Mental Health

[Apply now on NHS Jobs for Qualified High Intensity CBT Therapist - Wirral job \(opens in a new window\)](#) ^[37]

- **Occupational Therapist, Intensive Support Team (Stafford)**

Stafford, ST16 3AG

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

Midlands Partnership NHS Foundation Trust

[Apply now on NHS Jobs for Occupational Therapist, Intensive Support Team \(Stafford\) job \(opens in a new window\)](#) ^[38]

- **Intensive Home Based Treatment Team Practitioner**

Huddersfield, HD1 3LT

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

South West Yorkshire Partnership NHS Trust

[Apply now on NHS Jobs for Intensive Home Based Treatment Team Practitioner job \(opens in a new window\)](#) ^[39]

- **Trainee High Intensity Therapist - Leicestershire or Derbyshire**

Derby, DE1 1BS

Leicester, LE1 5WW

Salary:

£37338.00

Type:

Permanent

Employer:

Vita Health Group

[Apply now on NHS Jobs for Trainee High Intensity Therapist - Leicestershire or Derbyshire job \(opens in a new window\)](#) ^[40]

- **Band 6 Specialist Intensive Practitioner - S. Glos**

Kingswood, Bristol, BS15 9TR

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

Avon & Wiltshire Mental Health Partnership NHS Trust

[Apply now on NHS Jobs for Band 6 Specialist Intensive Practitioner - S. Glos job \(opens in a new window\)](#) ^[41]

- **High Intensity Therapist - (CBT with EMDR or IPT)**

Harrogate, HG1 2PW

Salary:

£46148.00 to £52809.00

Type:

Fixed-Term

Employer:

Tees Esk and Wear Valleys NHS Foundation Trust

[Apply now on NHS Jobs for High Intensity Therapist - \(CBT with EMDR or IPT\) job \(opens in a new window\)](#) ^[42]

- **Community High Intensity User Caseload Manager-Band 6 (Internal Only)**

Macclesfield, SK11 6JL

Salary:

£37338.00 to £44962.00

Type:

Secondment

Employer:

East Cheshire NHS Trust

[Apply now on NHS Jobs for Community High Intensity User Caseload Manager-Band 6 \(Internal Only\) job \(opens in a new window\)](#) ^[43]

- **Specialty Doctor in Anaesthetics & Critical Care**

Llantrisant, Pontyclun, CF72 8XR

Salary:

£59727.00 to £95400.00

Type:

Permanent

Employer:

Cwm Taf Morgannwg University Health Board

[Apply now on NHS Jobs for Specialty Doctor in Anaesthetics & Critical Care job \(opens in a new window\)](#) ^[44]

- **Named Doctor for Children in Care**

Liverpool, L12 2AP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Alder Hey Children's NHS Foundation Trust

[Apply now on NHS Jobs for Named Doctor for Children in Care job \(opens in a new window\)](#) ^[45]

- **Speciality Doctor in Older Peoples Care Unit**

Sutton In Ashfield, NG17 4JT

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Nottinghamshire Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Speciality Doctor in Older Peoples Care Unit job \(opens in a new window\)](#) ^[46]

- **Specialty Doctor in Complex Care Mental Health**

Bournemouth, BH7 6JF

Salary:

£52530.00 to £82400.00

Type:

Permanent

Employer:

Dorset HealthCare University NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Complex Care Mental Health job \(opens in a new window\)](#) ^[47]

- **Consultant in Critical Care**

Margate, CT9 4AN

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Kent Hospitals University NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Critical Care job \(opens in a new window\)](#) ^[48]

- **Consultant in Critical Care**

London, N18 1QX

Salary:

£101694.00 to £134126.00

Type:

Permanent

Employer:

Royal Free London NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Critical Care job \(opens in a new window\)](#) ^[49]

- **Consultant in Critical Care**

Tooting,, SW17 0QT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

St George's University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Critical Care job \(opens in a new window\)](#) ^[50]

- **Consultant Critical Care - Southend**

Westcliff on Sea, SS0 0RY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Mid and South Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Critical Care - Southend job \(opens in a new window\)](#) ^[51]

- **Urgent and Inpatient Care Consultant Psychiatrist**

Torquay , TQ2 7AA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Devon Partnership NHS Trust

[Apply now on NHS Jobs for Urgent and Inpatient Care Consultant Psychiatrist job \(opens in a new window\)](#) ^[52]

- **Consultant Psychiatrist in Acute Care**

Bodelwyddan, LL18 5UJ

Salary:

£91722.00 to £119079.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

[Apply now on NHS Jobs for Consultant Psychiatrist in Acute Care job \(opens in a new window\)](#) ^[53]

- **Consultant Care of Elderly - Stroke**

croydon, Surrey, CR7 7YE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Croydon Health Services NHS Trust

[Apply now on NHS Jobs for Consultant Care of Elderly - Stroke job \(opens in a new window\)](#) ^[54]

- **Care of the Elderly Consultant**

Bodelwyddan, LL18 5UJ

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

[Apply now on NHS Jobs for Care of the Elderly Consultant job \(opens in a new window\)](#) ^[55]

- **Locum Consultant in Critical Care**

London, N18 1QX

Salary:

£105504.00 to £139882.00

Type:

Locum

Employer:

Royal Free London NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant in Critical Care job \(opens in a new window\)](#) ^[56]

- **Locum Consultant in Palliative Care**

Mountain Ash, CF45 4BZ

Salary:

£121264.00

Type:

Locum

Employer:

Cwm Taf Morgannwg University Health Board

[Apply now on NHS Jobs for Locum Consultant in Palliative Care job \(opens in a new window\)](#) ^[57]

- **Consultant in Critical Care Medicine**

London, E11 1NR

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Consultant in Critical Care Medicine job \(opens in a new window\)](#) ^[58]

- **Medical Divisional Director Unplanned Care / Consultant Geriatrician**

Brighton, BN2 3EW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Sussex Community NHS Foundation Trust

[Apply now on NHS Jobs for Medical Divisional Director Unplanned Care / Consultant Geriatrician job \(opens in a new window\)](#) ^[59]

- **Consultant in Critical Care Medicine (Intensivist)**

Redhill, RH1 5RH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Surrey and Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Consultant in Critical Care Medicine \(Intensivist\) job \(opens in a new window\)](#) ^[60]

- **Consultant in Elderly Care and Frailty**

Huddersfield, HD3 3EA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Calderdale and Huddersfield NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Elderly Care and Frailty job \(opens in a new window\)](#) ^[61]

- **Consultant Physician Care of the Elderly**

Barnsley, S75 2EP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barnsley Hospital NHS Foundation Trust

Apply now on NHS Jobs for Consultant Physician Care of the Elderly job (opens in a new window) ^[62]

- **Dermatologist - Consultant, Specialty Doctor or GPwER**

Whitstable, CT5 3SE

Canterbury, CT1 1WL

Ramsgate, CT11 8AD

Canterbury, CT1 3NR

Folkestone, CT19 4RH

Sittingbourne, ME10 4XX

Salary:

Negotiable

Type:

Permanent

Employer:

Whitstable Medical Practice

Apply now on NHS Jobs for Dermatologist - Consultant, Specialty Doctor or GPwER job (opens in a new window) ^[63]

- **Further information**

These organisations have further information about being a doctor in intensive care ^[1] medicine, particularly as your career progresses. Take a look.

Royal College of Physicians ^[64]

Royal College of Physicians of Edinburgh ^[65]

Royal College of Physicians and Surgeons of Glasgow ^[66]

The Faculty of Intensive Care Medicine ^[67]

Intensive Care Society ^[68]

European Society of Intensive Care Medicine ^[69]

And hear from people working in intensive care ^[1] medicine:

[A career in intensive care medicine \(BMJ\)](#) [70]

[A consultant in critical and intensive care medicine \(HEWM\)](#) [71]

[Dr Dale Gardiner, consultant in intensive care medicine \(HEEM\)](#) [72]

Other roles that may interest you

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