

Metabolic Medicine

Doctors in metabolic ^[1] medicine treat patients whose chemical processes do not function properly and who may have various health problems as a result.

Your patients will have a wide range of common and rare conditions, for example diabetes, kidney stones, lipid metabolism and inborn errors of metabolism such as phenylketonuria.



Life as a doctor in metabolic ^[1] medicine

Metabolic ^[1] medicine is a relatively new specialty (it's a sub-specialty of chemical pathology) and provides excellent opportunities for research.

You could choose to study it together with general internal medicine, but most doctors decide on chemical pathology as their specialty. The clinical work of metabolic ^[1] medicine complements the laboratory work of chemical pathology. Whatever specialty you choose, you'll work closely with your hospital's biochemistry laboratory.

If you decide on chemical pathology as your specialty, you'll see patients with conditions within specific areas of metabolic ^[1] medicine, predominately as outpatients.

You'll have the opportunity to run a hospital biochemistry laboratory where you'll spend most of your time ensuring high quality laboratory testing, interpreting results and liaising with colleagues in primary and secondary care ^[2]. Collaboration with colleagues in other specialties is a must.

In a typical week, you'll hold up to three outpatient clinics for a range of conditions, for example diabetes, cardiovascular ^[3] risk and renal stone disease

If you choose general medicine as your specialty, you'll treat patients with inherited diseases.

Common procedures and interventions include:

- drug treatments such as insulin and lipid-regulating drugs
- enzyme replacement therapies for inherited metabolic ^[1] diseases

- [bariatric surgery](#) ^[4] for obesity, such as gastric bypass surgery – where [metabolic](#) ^[1] medicine physicians will work closely with bariatric surgeons
- provision of nutritional support via percutaneous gastrostomies (PEG, an endoscopic procedure) or [parenteral nutrition](#) ^[5] (TPN)
- [cardiovascular](#) ^[3] risk testing, e.g. for patients with high cholesterol
- use of new biologic treatments for cholesterol disorders
- dynamic tests or ‘stress tests’ for a wide range of conditions

How much can I earn?

You’ll first earn a salary when you start your [foundation training](#) ^[6] after medical school. Find out details of current salary ranges for foundation and specialty training, [SAS doctors](#) ^[7] and consultants on the [Pay for doctors](#) ^[8] page.

How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

In addition, doctors in [metabolic](#) ^[1] medicine need to demonstrate:

- a strong interest in biochemistry and metabolism
- a familiarity with research methods and a willingness to keep up to date with research and advances in treatment

Entry requirements

Your first step is medical school. Typically, you’ll need excellent GCSEs and three A or A* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

"The patient contact is the part I enjoy the most. I love my clinics. I also enjoy carrying out research as it means that you can actually drive and develop the treatments that your patients receive in clinic."

[Read Jaimini's story](#) ^[9].

What are my chances of starting a career as a doctor in metabolic ^[1] medicine?

In 2016, there were 15 consultants in metabolic ^[1] medicine in the NHS in England. In 2020, there were 23 applications for 12 training places.

How to become a doctor in metabolic ^[1] medicine

After medical school, you'll join the paid two-year foundation programme ^[10] where you'll work in six placements in different settings.

After your foundation programme, you can apply for paid specialty training ^[11] to become a doctor in metabolic ^[1] medicine, which will take a minimum of seven years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Where a career as a doctor in metabolic ^[1] medicine can take you

You could:

- specialise or conduct research
- teach medical students or postgraduate students in training
- get involved in research at universities, the NHS or private sector

- **Live vacancies**

Find a vacancy

Enter your location or postcode

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- **Locum Consultant in Paediatric Metabolic Medicine**

Birmingham, B4 6NH

Salary:

Negotiable

Type:

Fixed-Term

Employer:

Birmingham Women's and Children's NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant in Paediatric Metabolic Medicine job \(opens in a new window\)](#) ^[12]

- **Head of the Department of Metabolism, Digestion and Reproduction**

London, W12 0NN

Salary:

Negotiable

Type:

Permanent

Employer:

Imperial College London

[Apply now on NHS Jobs for Head of the Department of Metabolism, Digestion and Reproduction job \(opens in a new window\)](#) ^[13]

- **Specialist Doctor in Elderly Medicine**

Wakefield, WF14DG

Salary:

£100870.00 to £111441.00

Type:

Permanent

Employer:

The Mid Yorkshire Teaching NHS Trust

[Apply now on NHS Jobs for Specialist Doctor in Elderly Medicine job \(opens in a new window\)](#) ^[14]

- **Specialty Doctor in Emergency Medicine**

Redhill, RH1 5RH

Salary:

£61542.00 to £99216.00

Type:

Fixed-Term

Employer:

Surrey and Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job \(opens in a new window\)](#) ^[15]

- **Specialty Doctor in Emergency Medicine**

Preston, PR2 9HT

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Lancashire Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job \(opens in a new window\)](#) ^[16]

- **Specialty Doctor in Stroke Medicine**

Chelmsford, CM1 7ET

Salary:

£59175.00

Type:

Fixed-Term

Employer:

Mid and South Essex NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Stroke Medicine job \(opens in a new window\)](#) ^[17]

- **Specialty Doctor in Stroke Medicine**

Cwmbran, NP44 8YN

Salary:

£59727.00 to £95400.00

Type:

Fixed-Term

Employer:

Aneurin Bevan University Health Board

[Apply now on NHS Jobs for Specialty Doctor in Stroke Medicine job \(opens in a new window\)](#) ^[18]

- **Speciality Doctor Palliative Medicine**

Wrexham, LL13 7TD

Salary:

£59727.00 to £95400.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

[Apply now on NHS Jobs for Speciality Doctor Palliative Medicine job \(opens in a new window\)](#) ^[19]

- **Fixed Term Speciality Doctor in Elderly Medicine**

Worthing, West Sussex, BN11 2DH

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

[Apply now on NHS Jobs for Fixed Term Speciality Doctor in Elderly Medicine job \(opens in a new window\)](#) ^[20]

- **Specialty Doctor in Acute and General Medicine**

London, E11 1NR

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Acute and General Medicine job \(opens in a new window\)](#) ^[21]

- **Specialty Doctor in Emergency Medicine - CESR Rotations**

Wakefield, WF14DG

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

The Mid Yorkshire Teaching NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine - CESR](#)

[Rotations job \(opens in a new window\)](#) ^[22]

- **Trust Doctor in Internal Medicine ST3 equivalent**

Newcastle upon Tyne, NE1 4LP

Salary:

£61825.00

Type:

Fixed-Term

Employer:

The Newcastle upon Tyne Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Trust Doctor in Internal Medicine ST3 equivalent job](#)

[\(opens in a new window\)](#) ^[23]

- **Trust FY2 Doctor Acute Medicine**

Eastbourne, BN21 2UD

Salary:

£42008.00

Type:

Fixed-Term

Employer:

East Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Trust FY2 Doctor Acute Medicine job \(opens in a new](#)

[window\)](#) ^[24]

- **Specialist Grade Doctor in Frailty and Ageing Medicine**

Hull, HU3 2JZ

Salary:

£96990.00 to £107155.00

Type:

Permanent

Employer:

Hull University Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Specialist Grade Doctor in Frailty and Ageing Medicine](#)

[job \(opens in a new window\)](#) ^[25]

- **Resident Doctor (ST1/2) MN35, Emergency Medicine**

Watford, WD18 0HB

Salary:

£41750.00 to £54468.00

Type:

Fixed-Term

Employer:

West Hertfordshire Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Resident Doctor \(ST1/2\) MN35, Emergency Medicine job \(opens in a new window\)](#) ^[26]

- **Specialty Doctor/Clinical Fellow in Palliative Medicine**

Romford, RM4 1QH

Salary:

Negotiable

Type:

Fixed-Term

Employer:

Saint Francis Hospice

[Apply now on NHS Jobs for Specialty Doctor/Clinical Fellow in Palliative Medicine job \(opens in a new window\)](#) ^[27]

- **Trust Doctor (ST1/2 level) in Acute Medicine**

London, E11 1NR

Salary:

£41750.00 to £44159.00

Type:

Fixed-Term

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Trust Doctor \(ST1/2 level\) in Acute Medicine job \(opens in a new window\)](#) ^[28]

- **Consultant in Acute Medicine and General Medicine**

Woolwich, SE18 4QH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lewisham and Greenwich NHS Trust

[Apply now on NHS Jobs for Consultant in Acute Medicine and General Medicine job \(opens in a new window\)](#) ^[29]

- **Senior Nuclear Medicine Radiographer / Technologist (Nuclear Medicine)**

London, WC1E 6AG

Salary:

£44806.00 to £53134.00

Type:

Fixed-Term

Employer:

University College London Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Senior Nuclear Medicine Radiographer / Technologist \(Nuclear Medicine\) job \(opens in a new window\)](#) ^[30]

- **Medicines Administrator**

Buckley, CH7 3PG

Salary:

£14.50

Type:

Permanent

Employer:

Roseneath Medical Practice

[Apply now on NHS Jobs for Medicines Administrator job \(opens in a new window\)](#)

^[31]

- **Senior Fellow in PCC, Retrieval Medicine & Palliative Care Medicine**

Oxford, OX3 9DU

Salary:

£70425.00

Type:

Fixed-Term

Employer:

Oxford University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Senior Fellow in PCC, Retrieval Medicine & Palliative Care Medicine job \(opens in a new window\)](#) ^[32]

- **Respiratory Medicine Consultant**

London, N18 1QX

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Royal Free London NHS Foundation Trust

[Apply now on NHS Jobs for Respiratory Medicine Consultant job \(opens in a new window\)](#) ^[33]

- **Ward Medicines Assistant**

North Shields, NE298NH

Salary:

£24937.00 to £26598.00

Type:

Permanent

Employer:

Northumbria Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Ward Medicines Assistant job \(opens in a new window\)](#) ^[34]

- **Consultant - Acute Medicine**

Truro, TR1 3LJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Royal Cornwall Hospitals Trust

[Apply now on NHS Jobs for Consultant - Acute Medicine job \(opens in a new window\)](#) ^[35]

- **Medicines Optimisation Assistant**

Uxbridge, UB8 3NN

Salary:

£29176.00 to £30225.00

Type:

Permanent

Employer:

The Hillingdon Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Medicines Optimisation Assistant job \(opens in a new window\)](#) ^[36]

- **ACP Acute Medicine**

Poole, BH15 2JB

Salary:

Negotiable

Type:

Permanent

Employer:

University Hospitals Dorset NHS Foundation Trust

[Apply now on NHS Jobs for ACP Acute Medicine job \(opens in a new window\)](#) ^[37]

- **Medicines Management Technician**

Liverpool, L9 7AL

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

Liverpool University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Medicines Management Technician job \(opens in a new window\)](#) ^[38]

- **Specialist Medicine Pharmacist**

Southampton, SO16 6YD

Salary:

£46148.00 to £52809.00

Type:

Permanent

Employer:

University Hospital Southampton NHS Trust

[Apply now on NHS Jobs for Specialist Medicine Pharmacist job \(opens in a new window\)](#) ^[39]

- **Medicine Management Technician**

Eastchurch, Isle of Sheppey, ME12 4AX

Salary:

£31970.00 to £38483.00

Type:

Permanent

Employer:

Oxleas NHS Foundation Trust

[Apply now on NHS Jobs for Medicine Management Technician job \(opens in a new window\)](#) ^[40]

- **Consultant - Acute Medicine**

Truro, TR1 3LJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Royal Cornwall Hospitals Trust

[Apply now on NHS Jobs for Consultant - Acute Medicine job \(opens in a new window\)](#) ^[41]

- **Medicines Management Technician**

Portsmouth, PO4 8LD

Salary:

£29970.00 to £36483.00

Type:

Fixed-Term

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Medicines Management Technician job \(opens in a new window\)](#) ^[42]

- **Acute Medicine Consultant**

Swindon, SN3 6BB

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Great Western Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Acute Medicine Consultant job \(opens in a new window\)](#) ^[43]

- **Medicines Governance Officer**

Liverpool, L8 7SS

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

Liverpool Women's NHS Foundation Trust

[Apply now on NHS Jobs for Medicines Governance Officer job \(opens in a new window\)](#) ^[44]

- **Consultant Acute Medicine**

Romford, RM7 0AG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barking, Havering and Redbridge University Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant Acute Medicine job \(opens in a new window\)](#) ^[45]

- **Nuclear Medicine Physicist**

London, SW17 0QT

Salary:

£54320.00 to £60981.00

Type:

Permanent

Employer:

St George's University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Nuclear Medicine Physicist job \(opens in a new window\)](#) ^[46]

- **Medicines Optimisation Technician**

Hull, HU10 6ED

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

Humber Teaching NHS Foundation Trust

[Apply now on NHS Jobs for Medicines Optimisation Technician job \(opens in a new window\)](#) ^[47]

- **General Medicine Consultant**

Newport, PO30 5TG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Isle of Wight NHS Trust

[Apply now on NHS Jobs for General Medicine Consultant job \(opens in a new window\)](#) ^[48]

- **Medicines Optimisation Assistant**

York, YO32 2LL
York, YO26 6EQ
York, YO24 3BU
York, YO32 9RU
York, YO32 4AG

Salary:

£12.60

Type:

Permanent

Employer:

Haxby Group

[Apply now on NHS Jobs for Medicines Optimisation Assistant job \(opens in a new window\)](#) ^[49]

- **Consultant in Respiratory Medicine**

Redhill, RH1 5RH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Surrey and Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Consultant in Respiratory Medicine job \(opens in a new window\)](#) ^[50]

- **Consultant in Emergency Medicine**

Worcester, WR5 1DD

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Worcestershire Acute Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant in Emergency Medicine job \(opens in a new window\)](#) ^[51]

- **Acute Medicine Clinical Fellow**

Birmingham, B15 2TH

Salary:

£61825.00

Type:

Fixed-Term

Employer:

University Hospitals Birmingham NHS Foundation Trust

[Apply now on NHS Jobs for Acute Medicine Clinical Fellow job \(opens in a new window\)](#) ^[52]

- **Consultant in Acute Medicine**

London, N18 1QX

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Royal Free London NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Acute Medicine job \(opens in a new window\)](#) ^[53]

- **Consultant In Emergency Medicine**

Steeton, BD20 6TD

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Airedale NHS Foundation Trust

[Apply now on NHS Jobs for Consultant In Emergency Medicine job \(opens in a new window\)](#) ^[54]

- **Consultant in Respiratory Medicine**

Hull, HU3 2JZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hull University Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant in Respiratory Medicine job \(opens in a new window\)](#) ^[55]

- **Physiotherapy Team Lead - Medicine**

Slough, SL2 4HL

Salary:

£48270.00 to £54931.00

Type:

Permanent

Employer:

Frimley Health NHS Foundation Trust

[Apply now on NHS Jobs for Physiotherapy Team Lead - Medicine job \(opens in a new window\)](#) ^[56]

- **General (Internal) Medicine Consultant**

Hereford, HR1 2ER

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Wye Valley NHS Trust

[Apply now on NHS Jobs for General \(Internal\) Medicine Consultant job \(opens in a new window\)](#) ^[57]

- **Medicines Management Assistant (SATO)**

Barnstaple, EX314JB

Salary:

£24937.00 to £26598.00

Type:

Permanent

Employer:

Royal Devon University Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Medicines Management Assistant \(SATO\) job \(opens in a new window\)](#) ^[58]

- **Medicines Optimisation Pharmacy Technician**

Manchester, M1 6EU

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

NHS Greater Manchester Integrated Care

[Apply now on NHS Jobs for Medicines Optimisation Pharmacy Technician job \(opens in a new window\)](#) ^[59]

- **Medicines Management Pharmacy Assistant**

London, E1 1FR

Salary:

£30039.00 to £31088.00

Type:

Permanent

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Medicines Management Pharmacy Assistant job \(opens in a new window\)](#) ^[60]

- **Consultant in General Medicine**

Bury St. Edmunds, IP33 2QZ

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

West Suffolk NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in General Medicine job \(opens in a new window\)](#) ^[61]

- **Consultants Acute Medicine/Frailty**

Bury, BL9 7TD

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Northern Care Alliance NHS Foundation Trust

[Apply now on NHS Jobs for Consultants Acute Medicine/Frailty job \(opens in a new window\)](#) ^[62]

- **Consultant in Acute Medicine**

Derby, DE22 3NE

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

University Hospitals of Derby and Burton NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Acute Medicine job \(opens in a new window\)](#) ^[63]

- **Specialist Pharmacist Medicines Information**

Nottingham, NG7 2UH

Salary:

£53755.00 to £60504.00

Type:

Permanent

Employer:

Nottingham University Hospitals NHS Trusts

[Apply now on NHS Jobs for Specialist Pharmacist Medicines Information job \(opens in a new window\)](#) ^[64]

- **Senior Clinical Fellow - Medicine**

Bristol, BS10 5NB

Salary:

£49909.00 to £61825.00

Type:

Fixed-Term

Employer:

North Bristol NHS Trust

[Apply now on NHS Jobs for Senior Clinical Fellow - Medicine job \(opens in a new window\)](#) ^[65]

- **Paediatric Palliative Medicine Fellow**

Birmingham, B4 6NH

Salary:

£37068.00 to £57570.00

Type:

Fixed-Term

Employer:

Birmingham Women's and Children's NHS Foundation Trust

[Apply now on NHS Jobs for Paediatric Palliative Medicine Fellow job \(opens in a new window\)](#) ^[66]

- **Consultant in Stroke Medicine**

Swindon, SN3 6BB

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Great Western Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Stroke Medicine job \(opens in a new window\)](#) ^[67]

- **Pharmacy Technician/Medicines Coordinator**

Preston, PR5 4AY

Salary:

Negotiable

Type:

Permanent

Employer:

Riverside Medical Centre

[Apply now on NHS Jobs for Pharmacy Technician/Medicines Coordinator job \(opens in a new window\)](#) ^[68]

- **Consultant in Stroke Medicine**

Lincoln, LN2 5QY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

United Lincolnshire Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant in Stroke Medicine job \(opens in a new window\)](#) ^[69]

- **Medicines Optimisation Pharmacy Technician**

London, E9 6SR

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

Homerton Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Medicines Optimisation Pharmacy Technician job \(opens in a new window\)](#) ^[70]

- **Locum Consultant - Acute Medicine**

Slough, SL2 4HL

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Frimley Health NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant - Acute Medicine job \(opens in a new window\)](#) [71]

• Further information

These organisations have further information about being a doctor in metabolic [1] medicine, particularly as your career progresses. Take a look.

[British Inherited Metabolic Diseases Group](#) [72]

[Royal College of Pathologists](#) [73]

[Royal College of Physicians](#) [74]

[Royal College of Physicians of Edinburgh](#) [75]

[Royal College of Physicians and Surgeons of Glasgow](#) [76]

[Joint Royal College of Physicians Training Board \(JRCPTB\)](#) [77]

[The Pathological Society of Great Britain and Ireland](#) [78]

Other roles that may interest you

- [Chemical pathology](#) [79]
- [General internal medicine](#) [80]
- [Immunology](#) [81]
- [Medical microbiology and virology \(doctor\)](#) [82]

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