

# Adult nurse

Adult nursing is a rewarding career where you have a real chance to make a difference to people's lives. As part of your training, you can expect to learn new skills and procedures that help patients.

## Why choose adult nursing

There are many reasons why you should consider a career as an adult nurse. It offers you the chance to make a difference from day one, a high degree of flexibility and a career with excellent employment prospects.

Can't see the video? You'll need to accept all [cookies](#) <sup>[1]</sup>. Alternatively, visit our YouTube Channel to view our [videos](#) <sup>[2]</sup>

GET STARTED

## Discover how to become a nurse

From learning about the roles and benefits to choosing the best route in.

[Sign up for emails](#) <sup>[3]</sup>

## Working life

From the start of your training and into your first job, you'll learn how to observe patients and assess their needs. You'll learn to plan and deliver the most appropriate care for them, and evaluate the results. Building a trusting relationship with each patient is essential. Your aim is to improve your patients' quality of life, whatever their situation. You'll need to take lots of factors into account and juggle many priorities to get the best possible results for your patients.

Your nursing career will mean working with adults of all ages. They may suffer from one or more long or short-term physical health conditions. This could include heart disease, injuries from an accident, pneumonia, arthritis, diabetes or cancer.

You could work in a variety of settings including hospital wards, outpatient units, patients' home and clinics. You'll be part of the multidisciplinary teams with other professionals such as occupational therapists, pharmacists, radiographers and healthcare assistants. You'll also

work closely with patients' families and carers.

## Aisha Thabet

### Adult nurse

That's one of the best things about choosing nursing, the fact that there are so many different options I can take and it's so flexible.

[Read Aisha's story](#) <sup>[4]</sup>

---

## Entry requirements

To become an adult nurse, the main route is through a degree course at university. Entry requirements for these courses can vary depending on where and how you'd like to study, so it's important to check with universities. You can find all adult nursing course at the bottom of this page.

Typically you'll need a minimum of five GCSEs at grade 4/C or above, possibly in English language or literature and a science subject. You'll also need two A levels or equivalent level 3 qualifications, such as a T level or BTEC to take an undergraduate degree. Some universities may ask for three A levels or equivalent. If you already have a degree, you might be able to study for a postgraduate qualification.

Apprenticeships logo

There are other routes into adult nursing such as [nurse degree apprenticeships and nursing associate apprenticeships](#). <sup>[5]</sup>

## Annual payments

If you're eligible, you'll receive at least £5,000 a year towards your studies while at university. Your personal circumstances may mean you could receive more. And the good news? You'll never have to pay it back. [Find out more](#). <sup>[6]</sup>

## Other routes into adult nursing

Nursing degree apprenticeships are available with some employers and numbers are expected to continue to grow. Increasing opportunities to apply for [nursing associate apprenticeships](#) <sup>[7]</sup> are also expected. This can lead to nursing degrees or nurse degree apprenticeships.

## Must have skills

Don't forget - academic qualifications aren't everything. Communication and interpersonal skills are crucial, as well as strong judgement, and being able to teach, advise and manage people.

If you're applying for a role either directly in the NHS or a university course, you'll be asked to show how you think the values of the NHS Constitution <sup>[8]</sup> apply in your everyday work.

## Where adult nursing can take you

Once you have qualified as an adult nurse, there are a wide range of opportunities open to you. You could specialise in a certain field such as operating theatres, care for the elderly or intensive care <sup>[9]</sup>. You may want to work in public health, or move into management, teaching or clinical research. The possibilities are endless.

## Pay and benefits

Your standard working week will be around 37.5 hours on a shift pattern which can include nights, early starts, evenings, weekends and bank holidays. As an adult nurse, you'll be paid on the Agenda for Change (AFC) pay system <sup>[10]</sup>, typically starting at band 5.

You'll also have access to the generous NHS Pension Scheme and health service discounts, as well as 27 days of annual leave plus bank holidays.

### • Find your course to become an adult nurse

Region	Type of qualification	Full or part time
- Any - ▼	- Any - ▼	Search ▼

Displaying 131 - 135 of 224 matches

## Nursing (Adult - Honours)

University of Stirling

View course <sup>[11]</sup> Opens in a new window

- Qualification
  - Bachelor of Science (with Honours) - BSc (Hons)
- Study mode
  - Full-time
- Duration of the course
  - 4 Years
- Leading to a career in
  - Nursing (Adult)
- Contact details
  - admissions@stir.ac.uk <sup>[12]</sup>
  - 01786 467044
- Region
  - Scotland
- Admissions address

Grange Road  
Stirling  
FK9 4LA  
United Kingdom

## Nursing (Adult)

University of Stirling

[View course](#) <sup>[13]</sup> Opens in a new window

- Qualification
  - Bachelor of Science - BSc
- Study mode
  - Full-time
- Duration of the course
  - 3 Years
- Leading to a career in
  - Nursing (Adult)
- Contact details
  - [admissions@stir.ac.uk](mailto:admissions@stir.ac.uk) <sup>[12]</sup>
  - 01786 467044
- Region
  - Scotland
- Admissions address
  - Grange Road
  - Stirling
  - FK9 4LA
  - United Kingdom

## Nursing (Adult) Spring Intake

Cardiff University

[View course](#) <sup>[14]</sup> Opens in a new window

- Qualification
  - Bachelor of Nursing (with Honours) - BN (Hons)
- Study mode
  - Full-time
- Duration of the course
  - 3 Years
- Leading to a career in
  - Nursing (Adult)
- Contact details
  - [admissions@cardiff.ac.uk](mailto:admissions@cardiff.ac.uk) <sup>[15]</sup>
  - 029 2087 9999
- Region
  - Wales
- Admissions address

30-36 Newport Road  
Cardiff  
CF24 0DE  
United Kingdom

## Nursing Studies Hons (Adult)

Glasgow Caledonian University

[View course](#) <sup>[16]</sup> Opens in a new window

- Qualification
  - Bachelor of Science (with Honours) - BSc (Hons)
- Study mode
  - Full-time
- Duration of the course
  - 4 Years
- Leading to a career in
  - Nursing (Adult)
- Contact details
  - [studentenquiries@gcu.ac.uk](mailto:studentenquiries@gcu.ac.uk) <sup>[17]</sup>
  - 0141 331 8630
- Region
  - Scotland
- Admissions address
  - Cowcaddens Road
  - Glasgow
  - G4 0BA
  - United Kingdom

## Nursing Dual Registration (Adult and Mental Health)

University of West London

[View course](#) <sup>[18]</sup> Opens in a new window

- Qualification
  - Master of Science - MSci
- Study mode
  - Full-time
- Duration of the course
  - 4 Years
- Leading to a career in
  - Nursing (Adult), Nursing (Mental Health)
- Contact details
  - [courses@uwl.ac.uk](mailto:courses@uwl.ac.uk) <sup>[19]</sup>
  - 02082312468
- Region
  - South East
- Admissions address

Tenth Floor, Fountain House  
2 Queens Walk  
Reading  
RG1 7QF  
United Kingdom

- [Load more Load more results](#) [20]

## • Live vacancies

### Find a vacancy

Enter your location or postcode

Show results within

Search

### Other roles that may interest you

- [Children's nurse](#) [21]
- [General practice nurse](#) [22]
- [District nurse](#) [23]
- [Learning disability nurse](#) [24]

---

**Source URL:** <https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/adult-nurse?page=26>

#### Links

[1] <https://www.healthcareers.nhs.uk/privacy-and-cookies/#CookieDeclarationChangeConsentChange> [2] <https://www.youtube.com/NHSCareers> [3] <https://www.healthcareers.nhs.uk/we-are-the-nhs/registration?career=nursing-guide> [4] <https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/adult-nurse/real-life-story-aisha-thabet> [5] <https://www.healthcareers.nhs.uk/explore-roles/nursing/studying-nursing> [6] <https://www.healthcareers.nhs.uk/career-planning/study-and-training/considering-or-university/financial-support-university> [7] <https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/nursing-associate> [8] <https://www.healthcareers.nhs.uk/working-health/working-nhs/nhs-constitution> [9] [https://www.healthcareers.nhs.uk/glossary#Intensive\\_care](https://www.healthcareers.nhs.uk/glossary#Intensive_care) [10] <https://www.healthcareers.nhs.uk/working-health/working-nhs/nhs-pay-and-benefits/agenda-change-pay-rates> [11] <https://www.stir.ac.uk/courses/ug/nursing-adult-with-honours/> [12] [mailto: admissions@stir.ac.uk](mailto:admissions@stir.ac.uk) [13] <https://www.stir.ac.uk/courses/ug/nursing-adult/> [14] <https://www.cardiff.ac.uk/study/undergraduate/courses/course/adult-nursing-march-intake-bn> [15] [mailto: admissions@cardiff.ac.uk](mailto:admissions@cardiff.ac.uk) [16] <http://www.gcu.ac.uk/study/courses/details/index.php/P02880> [17] [mailto: studentenquiries@gcu.ac.uk](mailto:studentenquiries@gcu.ac.uk) [18] <https://www.uwl.ac.uk/course/postgraduate/msci-nursing-dual-registration-adult-and-mental-health-london?start=326&option=33> [19] [mailto: courses@uwl.ac.uk](mailto:courses@uwl.ac.uk) [20] <https://www.healthcareers.nhs.uk/printpdf/295?page=27> [21] <https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/childrens-nurse> [22] <https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/adult-nurse>

roles/nursing/roles-nursing/general-practice-nurse [23] <https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/district-nurse> [24] <https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/learning-disability-nurse>