

Careers in the psychological professions

Categories: Psychological professions

Type: Careers booklet

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One in four people will suffer from a mental illness at some point in their lives. This can range from mild conditions, such as anxiety, to severe depression or more rare and complex conditions such as bipolar disorder.

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If you work in the psychological professions, you could help people cope with problems as diverse as drug or alcohol addiction, eating disorders, family breakdown or bereavement. Helping individuals to understand their condition and develop ways to cope with or overcome their problems and lead a normal life can offer real job satisfaction.

The psychological professions include branches of psychology related to healthcare, such as clinical or health psychology, counselling and psychotherapy roles and jobs within Improving Access to Psychological Therapies (IAPT) services.

If you have an interest in how people think and behave and want to use the study of psychology to help people with mental ill health, a career in the psychological professions could be for you. Read this booklet to find out more.

Source URL: <https://www.healthcareers.nhs.uk/career-planning/resources/careers-psychological-professions>

Links

[1]

<https://www.healthcareers.nhs.uk/sites/default/files/documents/Careers%20in%20the%20psychological%20professions%20May%202019.pdf>