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Support, time and recovery worker

A support, time and recovery (STR) worker helps adults and young people with mental health problems or a learning disability. By offering practical support and advice, they are improving people's lives across the local community.

Working life

STR workers provide support and give time to the service user to help their recovery.

female-support-time-recovery-worker-with-patient

You'll help people manage a variety of issues affecting their ability to live their lives such as:

- homelessness
- substance misuse (alcohol and drugs)
- social exclusion
- challenging behaviour
- unemployment
- basic skills

You'll help them by:

Apprenticeships logo

- undestanding what they need and building relationships
- planning a programme of support
- working with their families and friends
- referring them to other agencies that can help
- recording information and updating records.

Where will I work?

You may be based in mental health units, probation service offices, clinics, courts, hospitals or police headquarters. Wherever they are based, STR workers spend a lot of time visiting people in their homes.

Who will I work with?

As well as working with people in the local community, you may work with <u>mental health</u> <u>nurses</u> [1], <u>psychiatrists</u> [2] and <u>social workers</u> [3]. You will also work with other agencies such as housing, police, training providers and accommodation providers.

Entry requirements

There are no set entry requirements to become a support, time and recovery worker. However, employers ask for a qualification in healthcare and/or relevant experience.

Employers often want to see that you have experience of mental health services. This could be from working with young people or adults with mental health issues, either paid or voluntary. Your experience could also be from your personal circumstances - looking after someone with mental health issues or dealing with your own mental health issues.

Employers also expect good literacy and numeracy. They may ask for GCSEs or equivalent.

Provides practical support to adults and young people who have mental health issues or a learning disability and who have been arrested.

Skills and personal characteristics needed

STR workers need to be:

- willing to work with people with challenging behaviour
- able to motivate people to make changes in their lives
- accepting of other peoples lifestyles
- understanding of people with mental health issues
- flexible and adaptable to deal with unpredictable situations
- resilient
- calm in stressful situations

You'll also need

- very good communication skills, including listening
- accurate report-writing skills
- practical skills for everyday living
- · problem-solving skills

Training and development

As an STR worker, you will go through an induction programme. You will have ongoing training to keep your skills and knowledge up to date.

You may work towards a qualification in mental health at level 2 or 3. This may be via an apprenticeship.

Pay and conditions

Support, time and recovery workers working in the NHS are paid on the <u>Agenda for Change (AfC)</u> [4]pay system. You would typically start on <u>AfC</u> [5] band 3. With further training and experience, you could apply for more senior positions at bands 4 and above.

STR workers work standard hours of around 37.5 a week. They often work shifts, which could involve nights, early starts, evenings and weekends.

Terms and conditions will usually be different for STR workers working outside of the NHS.

Where the role can lead

You could apply to train as an <u>assistant practitioner</u> [6] or with necessary qualifications, as a mental health nurse [1] or for a career in the psychological therapies [7].

Job market and vacancies

If you're applying for a role either directly in the NHS or in an organisation that provides NHS services, you'll be asked to show how you think the NHS values apply in your everyday work. Find out more about NHS values [8].

Most NHS trusts advertise their vacancies on NHS Jobs [9]. You can find some of the current vacancies below.

Find a vacancy

Enter your location or postcode					
Show res	ults wit	thin			
Search					

Support Time Recovery Worker – Mental Health Treatment Requirements

Boscombe, BH7 6JF

Salary:

£26530.00 to £29114.00

Type:

Permanent

Employer:

Dorset HealthCare University NHS Foundation Trust

Apply now on NHS Jobs for Support Time Recovery Worker – Mental Health

Treatment Requirements job (opens in a new window) [10]

Theatre Practitioner - Anaesthetics and Recovery

Exeter, EX2 4UG

Salary:

Negotiable

Type:

Permanent

Employer:

Nuffield Health

Apply now on NHS Jobs for Theatre Practitioner - Anaesthetics and Recovery job (opens in a new window) [11]

Senior Anaesthetic and Recovery Practitioner

Swansea, SA1 8FD

Salary:

£46059.00

Type:

Permanent

Employer:

HMT Sancta Maria Hospital

Apply now on NHS Jobs for Senior Anaesthetic and Recovery Practitioner job (opens in a new window) [12]

Specialist Anaesthetic and recovery Practitioner

Manchester, M13 9WL

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

Manchester University NHS Foundation Trust

<u>Apply now on NHS Jobs for Specialist Anaesthetic and recovery Practitioner job</u>

(opens in a new window) [13]

Part Time Support Worker

Southhampton, SO40 7AW

Salary:

£12.86

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Part Time Support Worker job (opens in a new window) [14]

Community Mental Health Support Time Worker

Maidstone, ME14 5TS

Salary:

£24625.00 to £25674.00

Type:

Permanent

Employer:

Kent & Medway NHS & Social Care Partnership Trust

<u>Apply now on NHS Jobs for Community Mental Health Support Time Worker job</u>

<u>(opens in a new window)</u>

[15]

Recovery Worker/Recovery Nurse

Fareham, PO16 7ER

Salary:

£29970.00 to £36483.00

Type:

Fixed-Term

Employer:

Inclusion

Apply now on NHS Jobs for Recovery Worker/Recovery Nurse job (opens in a new window) [16]

Inpatient Recovery Worker

Leeds, LS14 6WB

Salary:

£24625.00 to £25674.00

Type:

Permanent

Employer:

Leeds and York Partnership NHS Foundation Trust

Apply now on NHS Jobs for Inpatient Recovery Worker job (opens in a new window) [17]

Crisis Recovery Worker

Sheffield, S1 2DS

Salary:

£25958.00 to £28662.00

Type:

Permanent

Employer:

Mental Health Matters

Apply now on NHS Jobs for Crisis Recovery Worker job (opens in a new window)

Recovery Worker Nurse

Torquay, TQ2 5RS

Salary:

£29970.00 to £36483.00

Type:

Fixed-Term

Employer:

Torbay and South Devon NHS Foundation Trust

Apply now on NHS Jobs for Recovery Worker Nurse job (opens in a new window)

o Consultant in General Adult Psychiatry - EIP and Recovery - IOW

Newport, PO30 1JZ

Salary:

£105504.00 to £131964.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant in General Adult Psychiatry - EIP and Recovery - IOW job (opens in a new window) [20]</u>

Recovery Worker (Ref:0027ZB)

Liskeard, PL14 3AG

Salary:

£26383.00 to £26383.00

Type:

Permanent

Employer:

We Are With You

Apply now on NHS Jobs for Recovery Worker (Ref:0027ZB) job (opens in a new window) [21]

Substance Misuse Recovery Worker

Winchester, SO22 5DF

Salary:

£26586.00 to £30684.00

Type:

Permanent

Employer:

Practice Plus Group

Apply now on NHS Jobs for Substance Misuse Recovery Worker job (opens in a new window) [22]

Recovery Worker (Ref:0026ZB)

Penzance, TR18 2JD

Salary:

£26383.00 to £26383.00

Type:

Permanent

Employer:

We Are With You

Apply now on NHS Jobs for Recovery Worker (Ref:0026ZB) job (opens in a new window) [23]

Recovery Worker (Ref:0026ZB)

Penzance, TR18 2JD

Salary:

£26984.00 to £26984.00

Type:

Permanent

Employer:

We Are With You

Apply now on NHS Jobs for Recovery Worker (Ref:0026ZB) job (opens in a new window) [24]

Outreach Recovery Worker (Ref:0028ZB)

Truro, TR1 2EJ

Salary:

£26535.00 to £26535.00

Type:

Permanent

Employer:

We Are With You

Apply now on NHS Jobs for Outreach Recovery Worker (Ref:0028ZB) job (opens in a new window) [25]

Mental Health Crisis Recovery Worker

Barnsley, S70 2JB

Salary:

£25958.00 to £28662.00

Type:

Permanent

Employer:

Mental Health Matters

Apply now on NHS Jobs for Mental Health Crisis Recovery Worker job (opens in a new window) [26]

Recovery Worker - Duty (Ref: 0025ZA)

Shrewsbury, SY1 2AQ

Salary:

£23821.00 to £26000.00

Type:

Fixed-Term

Employer:

We Are With You

Apply now on NHS Jobs for Recovery Worker - Duty (Ref: 0025ZA) job (opens in a new window) [27]

Recovery Worker - Various (Ref: 0009ZA)

Wigan, WN1 1HR

Salary:

£23821.00 to £29000.00

Type:

Fixed-Term

Employer:

We Are With You

Apply now on NHS Jobs for Recovery Worker - Various (Ref: 0009ZA) job (opens in a new window) [28]

Band 3 Recovery Support Worker - HMP Eastwood Park

Falfield, GL12 8BD

Salary:

£24625.00 to £25674.00

Type:

Permanent

Employer:

Avon & Wiltshire Mental Health Partnership NHS Trust
Apply now on NHS Jobs for Band 3 Recovery Support Worker - HMP Eastwood

Park job (opens in a new window) [29]

Recovery Worker - Criminal Justice (Ref:0025ZB)

Truro, TR1 2EJ

Salary:

£26536.00 to £26536.00

Type:

Permanent

Employer:

We Are With You

Apply now on NHS Jobs for Recovery Worker - Criminal Justice (Ref:0025ZB) job (opens in a new window) [30]

Recovery and Engagement Worker

London, SW9 9SP

Salary:

£44806.00 to £53134.00

Type:

Fixed-Term

Employer:

South London and Maudsley NHS Foundation Trust

Apply now on NHS Jobs for Recovery and Engagement Worker job (opens in a new window) [31]

Recovery Workers - Substance Misuse (Fixed Term Ref:0029ZD)

Bournemouth, BH1 4NB

Salary:

£24000.00 to £26000.00

Type:

Fixed-Term

Employer:

We Are With You

Apply now on NHS Jobs for Recovery Workers - Substance Misuse (Fixed Term Ref:0029ZD) job (opens in a new window) [32]

Social Worker - Part time

Warrington, WA2 8DB

Salary:

£22500.00

Type:

Permanent

Employer:

Elysium Healthcare

Apply now on NHS Jobs for Social Worker - Part time job (opens in a new window)

[33

Social Worker - Part-time

Walton on the Hill, KT20 7RQ

Salary:

£23800.00

Type:

Permanent

Employer:

Elysium Healthcare

Apply now on NHS Jobs for Social Worker - Part-time job (opens in a new window)

[34]

Support Worker

Northallerton, DL6 1PT

Salary:

£12.50

Type:

Permanent

Employer:

Active Care Group

Apply now on NHS Jobs for Support Worker job (opens in a new window) [35]

Support Worker

South West, GL1 5UA

Salary:

£29243.00

Type:

Permanent

Employer:

Hyde, SK14 3BS

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [37]

Support Worker

Wales, CH7 6FQ

Salary:

£27518.00

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [38]

Support Worker

Prescott, L35 6NE

Salary:

£23693.00

Type:

Permanent

Employer:

Elysium Healthcare

Apply now on NHS Jobs for Support Worker job (opens in a new window) [39]

Support Worker

Derby, DE24 8WZ

Salary:

£27476.80 to £28392.00

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [40]

Wales, CH7 6FQ Salary: £27518.00 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [41] Support Worker Clayton, BD14 6NP Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [42] Support Worker Liversedge, WF15 6JA Salary: £12.60 Type: Permanent Employer: Cygnet Health Care

Support Worker

Armley, LS12 2DT

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [44]

Apply now on NHS Jobs for Support Worker job (opens in a new window) [43]

Shipley, DE75 7JH

Salary:

£26208.00 to £26208.00

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [45]

Support Worker

Wales, CF47 8UY

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [46]

Support Worker

Hexham, NE46 1BB

Salary:

£11.50 to £13.50

Type:

Permanent

Employer:

Active Care Group

Apply now on NHS Jobs for Support Worker job (opens in a new window) [47]

Support Worker

Wales, SA20 0LP

Salary:

£12.00

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [48]

Cullompton, EX15 1EA

Salary:

£25057.50

Type:

Permanent

Employer:

Elysium Healthcare

Apply now on NHS Jobs for Support Worker job (opens in a new window) [49]

Support Worker

Wales, SA20 0LP

Salary:

£12.00

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [48]

Support Worker

Brighouse, HD6 3EL

Salary:

£12.67

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [50]

Support Worker

Darlington, County Durham, North East, DL1 5JR

Salary:

£26208.00 to £26208.00

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [51]

Keighley, BD21 4HP

Salary:

£13.00 to £13.92

Type:

Permanent

Employer:

Enviva Complex Care

Apply now on NHS Jobs for Support worker job (opens in a new window) [52]

Support worker

Yorkshire and Humber, S2 3PX

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support worker job (opens in a new window) [53]

Support Worker

Worcestershire, WR12 7DE

Salary:

£26238.00

Type:

Permanent

Employer:

Elysium Healthcare

Apply now on NHS Jobs for Support Worker job (opens in a new window) [54]

Support Worker

Blackburn, BB1 3BL

Salary:

£24625.00 to £25674.00

Type:

Permanent

Employer:

Lancashire & South Cumbria NHS Foundation Trust

Apply now on NHS Jobs for Support Worker job (opens in a new window) [55]

Middlesbrough, TS23 2LN

Salary:

£126.00

Type:

Permanent

Employer:

Active Care Group

Apply now on NHS Jobs for Support Worker job (opens in a new window) [56]

Support Worker

Newcastle upon Tyne, NE46 3LS

Salary:

£11.50 to £13.50

Type:

Permanent

Employer:

Active Care Group

Apply now on NHS Jobs for Support Worker job (opens in a new window) [57]

Support Worker

East Midlands, DE55 3BJ

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [58]

Support Worker

Keighley, BD20 6NA

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [59]

Harrogate, Yorkshire and Humber, HG1 2JL

Salary:

£26353.60 to £26353.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [60]

Support Worker

Wales, SA19 6DB

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [61]

Support Worker

Newark, NG24 4JD

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [62]

Support Worker

Wales, SA19 6DB

Salary:

£12.60

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [63]

Employer:

Cygnet Health Care

Yorkshire and Humber, BD12 8LR Salary: £12.67 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [64] Support Worker Mansfield, East Midlands, NG21 0HR Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [65] Support Worker Wales, SA19 6DB Salary: £12.00 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [66] Support Worker Stoke-on-Trent, ST11 9JG Salary: £12.60 Type: Permanent

Apply now on NHS Jobs for Support Worker job (opens in a new window) [67]

Stoke-on-Trent, ST1 5JY

Salary:

£12.60 to £13.10

Type:

Permanent

Employer:

Cygnet Health Care

Apply now on NHS Jobs for Support Worker job (opens in a new window) [68]

Further information

NHS Commissioning - Liaison and Diversion [69]

Other roles that may interest you

- Occupational therapy support worker [70]
- Psychological wellbeing practitioner [71]
- Forensic psychologist [72]
- Experienced paramedic [73]

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