

<u>Home</u> > <u>Explore roles</u> > <u>Wider healthcare team</u> > <u>Roles in the wider healthcare team</u> > <u>Clinical support staff</u> > Support, time and recovery worker

Support, time and recovery worker

A support, time and recovery (STR) worker helps adults and young people with mental health problems or a learning disability. By offering practical support and advice, they are improving people's lives across the local community.

Working life

STR workers provide support and give time to the service user to help their recovery.

female-support-time-recovery-worker-with-patient

You'll help people manage a variety of issues affecting their ability to live their lives such as:

- homelessness
- substance misuse (alcohol and drugs)
- social exclusion
- challenging behaviour
- unemployment
- basic skills

You'll help them by:

Apprenticeships logo

- undestanding what they need and building relationships
- planning a programme of support
- working with their families and friends
- referring them to other agencies that can help
- recording information and updating records.

Where will I work?

You may be based in mental health units, probation service offices, clinics, courts, hospitals or police headquarters. Wherever they are based, STR workers spend a lot of time visiting people in their homes.

Who will I work with?

As well as working with people in the local community, you may work with <u>mental health</u> <u>nurses</u> [1], <u>psychiatrists</u> [2] and <u>social workers</u> [3]. You will also work with other agencies such as housing, police, training providers and accommodation providers.

Entry requirements

There are no set entry requirements to become a support, time and recovery worker. However, employers ask for a qualification in healthcare and/or relevant experience.

Employers often want to see that you have experience of mental health services. This could be from working with young people or adults with mental health issues, either paid or voluntary. Your experience could also be from your personal circumstances - looking after someone with mental health issues or dealing with your own mental health issues.

Employers also expect good literacy and numeracy. They may ask for GCSEs or equivalent.

Provides practical support to adults and young people who have mental health issues or a learning disability and who have been arrested.

Skills and personal characteristics needed

STR workers need to be:

- willing to work with people with challenging behaviour
- able to motivate people to make changes in their lives
- accepting of other peoples lifestyles
- understanding of people with mental health issues
- flexible and adaptable to deal with unpredictable situations
- resilient
- calm in stressful situations

You'll also need

- very good communication skills, including listening
- accurate report-writing skills
- practical skills for everyday living
- problem-solving skills

Training and development

As an STR worker, you will go through an induction programme. You will have ongoing training to keep your skills and knowledge up to date.

You may work towards a qualification in mental health at level 2 or 3. This may be via an apprenticeship.

• Pay and conditions

Support, time and recovery workers working in the NHS are paid on the <u>Agenda for</u> <u>Change (AfC)</u> [4]pay system. You would typically start on <u>AfC</u> [5] band 3. With further training and experience, you could apply for more senior positions at bands 4 and above.

STR workers work standard hours of around 37.5 a week. They often work shifts, which could involve nights, early starts, evenings and weekends.

Terms and conditions will usually be different for STR workers working outside of the NHS.

Where the role can lead

You could apply to train as an <u>assistant practitioner</u> [6] or with necessary qualifications, as a <u>mental health nurse</u> [1] or for a career in the <u>psychological therapies</u> [7].

Job market and vacancies

If you're applying for a role either directly in the NHS or in an organisation that provides NHS services, you'll be asked to show how you think the NHS values apply in your everyday work. Find out more about NHS values [8].

Most NHS trusts advertise their vacancies on <u>NHS Jobs</u> [9]. You can find some of the current vacancies below.

Find a vacancy

Enter your location or postcode

Show results within

Search

Support Time and Recovery Worker

Cambridge, CB4 1PX

Salary: £26530.00 to £29114.00 Type: Permanent Employer: Cambridgeshire and Peterborough NHS Foundation Trust Apply now on NHS Jobs for Support Time and Recovery Worker job (opens in a new window) [10]

Mental Health Liaison Service Support, Time and Recovery Worker

Hull, HU3 2RW

Salary:

£24625.00 to £25674.00

Type: Fixed-Term

Employer:

Humber Teaching NHS Foundation Trust

Apply now on NHS Jobs for Mental Health Liaison Service Support, Time and Recovery Worker job (opens in a new window) [11]

Support, Time & Recovery Worker

Exeter, ex1 3rb Bodmin, PL31 2FJ

Salary: £26530.00 to £29114.00 Type: Permanent Employer: Devon Partnership NHS Trust <u>Apply now on NHS Jobs for Support, Time & Recovery Worker job (opens in a new</u> <u>window)</u> [12]

• Support, Time & Recovery Worker

Huyton, L36 7YT

Salary: £24071.00 to £25674.00 Type: Permanent Employer:

Mersey Care NHS Foundation Trust

Apply now on NHS Jobs for Support, Time & Recovery Worker job (opens in a new window) [13]

Recovery Support Worker

Whalley, BB7 9PE

Salary:

£24625.00 to £25674.00

Type:

Permanent

Employer:

```
Lancashire & South Cumbria NHS Foundation Trust

<u>Apply now on NHS Jobs for Recovery Support Worker job (opens in a new window)</u>

[14]
```

• Theatre Practitioner - Anaesthetics and Recovery

Exeter, EX2 4UG

Salary:

Negotiable

Type:

Permanent

Employer:

Nuffield Health

Apply now on NHS Jobs for Theatre Practitioner - Anaesthetics and Recovery job (opens in a new window) [15]

• Theatre Practitioner / ODP in Recovery

Eastleigh, SO53 2DW

Salary: Negotiable Type: Permanent Employer: Nuffield Health Apply now on NHS Jobs for Theatre Practitioner / ODP in Recovery job (opens in a new window) [16]

• Part Time Support Worker

Southhampton, SO40 7AW

Salary: £12.86 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Part Time Support Worker job (opens in a new window) [17]

ODP/Theatre Practitioner - Anaesthetics and Recovery (Bank)

Wolverhampton, WV6 8LE Salary: Negotiable Type: Bank Employer: Nuffield Health Apply now on NHS Jobs for ODP/Theatre Practitioner - Anaesthetics and Recovery (Bank) job (opens in a new window) [18]

Community Mental Health Support Time Worker

Maidstone, ME14 5TS Salary: £24625.00 to £25674.00 Type: Permanent Employer: Kent & Medway NHS & Social Care Partnership Trust Apply now on NHS Jobs for Community Mental Health Support Time Worker job (opens in a new window) [19]

• Female Part Time Support Worker

London and South East, RM13 9LG

Salary: £13.85 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Female Part Time Support Worker job (opens in a new window) [20]

Crisis Recovery Worker

Sheffield, S1 2DS

Salary: £25958.00 to £28662.00 Type: Permanent Employer: Mental Health Matters Apply now on NHS Jobs for Crisis Recovery Worker job (opens in a new window) [21]

• Mental Health Nurse - Suffolk rehabilitation and recovery service

Ipswich, IP38XL

Salary: £29970.00 to £36483.00 Type: Permanent Employer: Norfolk & Suffolk Foundation NHS Trust Apply now on NHS Jobs for Mental Health Nurse - Suffolk rehabilitation and recovery service job (opens in a new window) [22]

Recovery Worker (Ref:0027ZB)

Liskeard, PL14 3AG

Salary: £26383.00 to £26383.00 Type: Permanent Employer: We Are With You Apply now on NHS Jobs for Recovery Worker (Ref:0027ZB) job (opens in a new window) [23]

• Substance Misuse Recovery Worker

York, YO41 1PS Salary: £28247.00 to £32346.00 Type: Permanent Employer: Practice Plus Group Apply now on NHS Jobs for Substance Misuse Recovery Worker job (opens in a new window) [24]

Substance Misuse Recovery Worker

Winchester, SO22 5DF

Salary: £26586.00 to £30684.00 Type: Permanent Employer: Practice Plus Group Apply now on NHS Jobs for Substance Misuse Recovery Worker job (opens in a new window) [25]

Recovery Worker (Ref:0026ZB)

Penzance, TR18 2JD

Salary: £26383.00 to £26383.00 Type: Permanent Employer: We Are With You Apply now on NHS Jobs for Recovery Worker (Ref:0026ZB) job (opens in a new window) [26]

Recovery Worker (Ref:0026ZB)

Penzance, TR18 2JD Salary: £26984.00 to £26984.00 Type: Permanent Employer: We Are With You Apply now on NHS Jobs for Recovery Worker (Ref:0026ZB) job (opens in a new window) [27]

Consultant in General Adult Psychiatry - EIP and Recovery - IOW

Newport, PO30 1JZ Salary: £105504.00 to £131964.00 Type: Permanent Employer: Hampshire and Isle of Wight Healthcare NHS Foundation Trust Apply now on NHS Jobs for Consultant in General Adult Psychiatry - EIP and Recovery - IOW job (opens in a new window) [28]

Outreach Recovery Worker (Ref:0028ZB)

Truro, TR1 2EJ Salary: £26535.00 to £26535.00 Type: Permanent Employer: We Are With You Apply now on NHS Jobs for Outreach Recovery Worker (Ref:0028ZB) job (opens in a new window) [29]

Recovery Worker - Various (Ref: 0009ZA)

Wigan, WN1 1HR Salary: £23821.00 to £29000.00 Type: Fixed-Term Employer: We Are With You Apply now on NHS Jobs for Recovery Worker - Various (Ref: 0009ZA) job (opens in a new window) [30]

• Mental Health Support Worker - Bolton - Part Time

Heaton, Bolton, BL15HE Salary: £24570.00 to £25662.00 Type: Permanent Employer: Care In Mind Apply now on NHS Jobs for Mental Health Support Worker - Bolton - Part Time job (opens in a new window) [31]

Mental Health Support Worker - Part Time, Huddersfield

Fixby, HD22HA Salary: £24570.00 to £25662.00 Type: Permanent Employer: Care In Mind

• Complex Care Support Worker (Part time Flexible)

Middlesbrough, TS3 8ET Salary: £15.00 Type: Permanent Employer: Enviva Complex Care Apply now on NHS Jobs for Complex Care Support Worker (Part time Flexible) job (opens in a new window) [33]

Recovery Worker - Substance Misuse (Ref:0031ZD)

Bournemouth, BH1 1JU
Salary:
£23821.00 to £25000.00
Туре:
Permanent
Employer:
We Are With You
Apply now on NHS Jobs for Recovery Worker - Substance Misuse (Ref:0031ZD)
job (opens in a new window) [34]

• Recovery Worker - Dumfries and Galloway (Ref:0032ZD)

Dumfries, DG1 2AB Salary: £23821.00 to £23821.00 Type: Permanent Employer: We Are With You Apply now on NHS Jobs for Recovery Worker - Dumfries and Galloway (Ref:0032ZD) job (opens in a new window) [35]

Recovery Worker - Substance Misuse (Fixed Term Ref:0030ZD)

Bournemouth, BH1 1JU

Salary: £23821.00 to £25000.00 Type: Fixed-Term Employer: We Are With You <u>Apply now on NHS Jobs for Recovery Worker - Substance Misuse (Fixed Term</u> <u>Ref:0030ZD) job (opens in a new window)</u> [36]

Social Worker - Part-time

Walton on the Hill, KT20 7RQ

Salary: £23800.00

Туре:

Permanent

Employer:

Elysium Healthcare

Apply now on NHS Jobs for Social Worker - Part-time job (opens in a new window)

Support Worker

Northallerton, DL6 1PT

Salary:

£12.50

Type:

Permanent

Employer:

Active Care Group Apply now on NHS Jobs for Support Worker job (opens in a new window) [38]

• Support Worker

Hyde, SK14 3BS

Salary:

£12.60

Type:

Permanent Employer:

Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [39]

• Support Worker

Wales, CH7 6FQ

Salary: £27518.00 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [40]

• Support Worker

Derby, DE24 8WZ Salary: £27476.80 to £27726.40 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [41]

Support Worker

Liversedge, WF15 6JA Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [42]

• Support Worker

East Midlands, S43 3DN Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [43]

• Support Worker

Prescott, L35 6NE Salary: £23693.00 Type: Permanent Employer: Elysium Healthcare

Shipley, DE75 7JH Salary: £26208.00 to £26208.00 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [45]

• Support Worker

Wales, CF47 8UY Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [46]

• Support Worker

Wibsey, BD6 3DQ Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [47]

• Support Worker

Long Eaton, NG10 1DS
Salary:
£12.60
Туре:
Permanent
Employer:
Cygnet Health Care
Apply now on NHS Jobs for Support Worker job (opens in a new window) [48]

Cullompton, EX15 1EA Salary: £25057.50 Type: Permanent Employer: Elysium Healthcare Apply now on NHS Jobs for Support Worker job (opens in a new window) [49]

Support Worker

Cullompton, EX15 1EA Salary: £25057.50 Type: Permanent Employer: Elysium Healthcare Apply now on NHS Jobs for Support Worker job (opens in a new window) [49]

• Support Worker

Brighouse, HD6 3EL Salary: £12.67 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [50]

Support Worker

Darlington, County Durham, North East, DL1 5JR

Salary: £26208.00 to £26208.00 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [51]

Support worker

Keighley, BD21 4HP Salary: £13.00 to £13.92 Type: Permanent Employer: Enviva Complex Care Apply now on NHS Jobs for Support worker job (opens in a new window) [52]

Support worker

Yorkshire and Humber, S2 3PX

Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support worker job (opens in a new window) [53]

• Support Worker

Keighley, BD20 6NA Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [54]

• Support Worker

Newcastle upon Tyne, NE46 3LS Salary: £11.50 to £13.50 Type: Permanent Employer: Active Care Group Apply now on NHS Jobs for Support Worker job (opens in a new window) [55]

Middlesbrough, TS23 2LN Salary: £126.00 Type: Permanent Employer: Active Care Group Apply now on NHS Jobs for Support Worker job (opens in a new window) [56]

Support Worker

Harrogate, Yorkshire and Humber, HG1 2JL

Salary: £26353.60 to £26353.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [57]

• Support Worker

Wales, SA19 6DB Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [58]

Support Worker

Newark, NG24 4JD Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [59]

Wales, SA19 6DB Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [60]

Support Worker

Mansfield, East Midlands, NG21 0HR

Salary: £26208.00 to £26208.00 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [61]

• Support Worker

Bristol, BS16 2JE Salary: £26056.00 Type: Permanent Employer: Second Step Apply now on NHS Jobs for Support Worker job (opens in a new window) [62]

Support Worker

Stoke-on-Trent, ST11 9JG Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [63]

Stoke-on-Trent, ST1 5JY Salary: £12.60 to £13.10 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [64]

Support Worker

Clayton, BD14 6NP Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [65]

Support Worker

Mansfield, NG19 8QX Salary: £12.60 Type: Permanent Employer: Cygnet Health Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [66]

Support Worker

North Shields, NE29 6RS Salary: £15.70 Type: Permanent Employer: Enviva Complex Care Apply now on NHS Jobs for Support Worker job (opens in a new window) [67]

Epsom, KT198QJ

Salary:

£25427.00

Type:

Permanent Employer:

Surrey and Borders Partnership NHS Foundation Trust Apply now on NHS Jobs for Support Worker job (opens in a new window) [68]

Further information

• NHS Commissioning - Liaison and Diversion [69]

Other roles that may interest you

- Occupational therapy support worker [70]
- Psychological wellbeing practitioner [71]
- Forensic psychologist [72]
- Knowledge and library services [73]

Source URL:<u>https://www.healthcareers.nhs.uk/explore-roles/wider-healthcare-team/roles-wider-healthcare-team/clinical-support-staff/support-time-and-recovery-worker?field_field_role=894&page=8&destination=/my-account/my-bookmarks/3840</u>

Links

[1] https://www.healthcareers.nhs.uk/explore-roles/nursing/mental-health-nurse [2] https://www.healthcareers.nhs.uk/explore-roles/psychiatry [3] https://www.healthcareers.nhs.uk/exploreroles/clinical-support-staff/social-worker [4] https://www.healthcareers.nhs.uk/about/careers-nhs/nhs-payand-benefits/agenda-change-pay-rates [5] https://www.healthcareers.nhs.uk/glossary#AfC [6] https://www.healthcareers.nhs.uk/explore-roles/clinical-support-staff/assistant-practitioner [7] https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies [8] https://www.healthcareers.nhs.uk/about/working-health/nhs-constitution [9] http://www.jobs.nhs.uk/ [10] https://beta.jobs.nhs.uk/candidate/jobadvert/C9310-25-0452 [11] https://beta.jobs.nhs.uk/candidate/jobadvert/C9338-25-0256 [12] https://beta.jobs.nhs.uk/candidate/jobadvert/C9369-25-0334-1 [13] https://beta.jobs.nhs.uk/candidate/jobadvert/C9350-25-0624 [14] https://beta.jobs.nhs.uk/candidate/jobadvert/C9351-25-0532 [15] https://beta.jobs.nhs.uk/candidate/jobadvert/E0302-25-0584 [16] https://beta.jobs.nhs.uk/candidate/jobadvert/E0302-25-0662 [17] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0989 [18] https://beta.jobs.nhs.uk/candidate/jobadvert/E0302-25-0660 [19] https://beta.jobs.nhs.uk/candidate/jobadvert/C9380-25-0358 [20] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1076 [21] https://beta.jobs.nhs.uk/candidate/jobadvert/B0333-25-0039 [22] https://beta.jobs.nhs.uk/candidate/jobadvert/C9246-25-0595 [23] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0181 [24]

https://beta.jobs.nhs.uk/candidate/jobadvert/E0314-25-2283 [25] https://beta.jobs.nhs.uk/candidate/jobadvert/E0314-25-2342 [26] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0180 [27] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0174 [28] https://beta.jobs.nhs.uk/candidate/jobadvert/C9348-25-1170 [29] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0149 [30] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0172 [31] https://beta.jobs.nhs.uk/candidate/jobadvert/E0117-25-0080 [32] https://beta.jobs.nhs.uk/candidate/jobadvert/E0117-25-0081 [33] https://beta.jobs.nhs.uk/candidate/jobadvert/E0456-25-0103 [34] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0185 [35] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0182 [36] https://beta.jobs.nhs.uk/candidate/jobadvert/B0236-25-0184 [37] https://beta.jobs.nhs.uk/candidate/jobadvert/E0132-25-0586 [38] https://beta.jobs.nhs.uk/candidate/jobadvert/L0042-25-0117 [39] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0925 [40] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0966 [41] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1033 [42] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1045 [43] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1061 [44] https://beta.jobs.nhs.uk/candidate/jobadvert/E0132-25-0427 [45] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0983 [46] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1022 [47] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1042 [48] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1080 [49] https://beta.jobs.nhs.uk/candidate/jobadvert/E0132-25-0553 [50] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0939 [51] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0917 [52] https://beta.jobs.nhs.uk/candidate/jobadvert/E0456-25-0101 [53] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0965 [54] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1043 [55] https://beta.jobs.nhs.uk/candidate/jobadvert/L0042-25-0095 [56] https://beta.jobs.nhs.uk/candidate/jobadvert/L0042-25-0097 [57] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0886 [58] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0918 [59] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0974 [60] https://beta.iobs.nhs.uk/candidate/iobadvert/E0233-25-1016 [61] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1090 [62] https://beta.jobs.nhs.uk/candidate/jobadvert/B0448-25-0043 [63] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-0956 [64] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1014 [65] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1044 [66] https://beta.jobs.nhs.uk/candidate/jobadvert/E0233-25-1025 [67] https://beta.jobs.nhs.uk/candidate/jobadvert/E0456-25-0111 [68] https://beta.jobs.nhs.uk/candidate/jobadvert/C9325-25-0273 [69] http://www.england.nhs.uk/commissioning/health-just/liaison-and-diversion [70] https://www.healthcareers.nhs.uk/explore-roles/healthcare-support-worker/roles-healthcare-supportworker/occupational-therapy-support-worker [71] https://www.healthcareers.nhs.uk/exploreroles/psychological-therapies/roles/psychological-wellbeing-practitioner [72] https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/forensic-psychologist[73] https://www.healthcareers.nhs.uk/explore-roles/health-informatics/roles-health-informatics/knowledge-andlibrary-services