

Roles in the psychological professions

All roles in the psychological professions involve helping people with mental health issues, but differ in the people or types of conditions you may deal with and the amount of training you need.

Click on the blocks to find out more about the role/s you're interested in.

- Assistant psychologist

You'll provide clinical support under the direct supervision of a qualified psychologist

[1]
- Children's wellbeing practitioner

You'll provide support such as guided self-help and therapeutic activities for children and young people with anxiety, low mood and behavioural difficulties

[2]
- Clinical neuropsychologist

You'll help people with brain injury or other neurological disease and how they can affect how a person thinks, feels and behaves

[3]
- Clinical psychologist

You'll help people with a range of mental health problems including addiction, anxiety, depression and relationship issues

[4]
- Counselling psychologist

You'll help people with mental health problems such as depression, eating disorders, psychosis and personality disorder

[5]
- Counsellor

You'll help people talk about their feelings linked to relationship difficulties, grief or everyday life

[6]

- Education mental health practitioner

You'll provide mental health support for children and young people in schools and colleges

[7]

- Forensic psychologist

You'll apply psychology to criminal investigation, understand psychological problems associated with criminality and treat those who've committed offences

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- Health psychologist

You'll help people deal with the psychological and emotional aspects of health and illness

[9]

- High intensity therapist

You'll equip people with the tools and techniques they need to overcome complex problems related to anxiety and depression

[10]

- Peer support worker

You'll use your lived experience of mental health problems to support others

[11]

- Psychological wellbeing practitioner

You'll assess and support people with common mental health problems such as anxiety disorders and depression

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- Psychotherapist

You'll help people overcome stress, emotional and relationship problems or troublesome habits

[13]

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