

NHS 'experience' opportunities

There are several facilities around the country that help give school and college students a taste of what it's like to work for the NHS.

Some are facilities for school and college groups to visit and others are mobile units that can take simulation experiences to schools and colleges.

Boys in scrubs looking at surgical instruments

See the information below to see what's available.

Careers Hub

Careers Hub is based at five different sites across the north west: Lancaster, Preston, Chorley LIFE Centre, Blackburn and Blackpool.

It aims to:

- inspire people to join the NHS
- 'grow our own' future workforce
- fill recruitment gaps
- develop links with local schools, colleges and job centres
- support local careers and enterprise activities
- dispel myths about the NHS
- promote the wide range of careers and opportunities available in health and care
- encourage 'self-care' and healthy lifestyles

The Hub also runs projects such as skills clubs, recruitment and engagement events, insights weeks for 14-16 year olds, work experience, internships, traineeships and employability, pre-employment programmes, and programmes for veterans and members of the armed forces.

Information and contact

See information at local job centres, schools colleges and universities and on the [Careers Hub website](#) ^[1].

Email: ruth.keeler@mbht.nhs.uk ^[2]

HealthReach

HealthReach is a mobile outreach project that offers opportunities for primary, secondary and college students to experience working in healthcare through simulation.

Based at the University of Reading, HealthReach workshops are based on the national curriculum and use real-life case studies developed by health professionals to bring learning to life.

A range of exciting kit is used during the sessions to raise awareness of health and life science careers.

HealthReach sessions can be delivered at schools or colleges, or on the university campus.

Information and contact

[The University of Reading website](#) ^[3]

Email: healthreach@reading.ac.uk ^[4]

HealthTec Thames Valley

HealthTec Thames Valley gives learners of all ages the opportunity to gain hands-on insight into careers within the NHS and the social care sector. The facility provides:

- learning experiences through innovative, immersive and practical scenarios relevant to both the national curriculum and the health workforce
- quality careers education, information, advice and guidance about career pathways in the health and care sector
- basic lifesaving skills

Situated in a bespoke classroom at the Aylesbury Campus of the Buckinghamshire College Group, HealthTec is fully equipped with a state-of-the-art immersive classroom. Participants see different scenarios so they can experience a range of situations and practice their skills.

Opportunities include a simulated care home setting to help participants develop empathy and practice caring for the elderly, seeing what happens in an ambulance on the way to hospital, and experiencing life on a hospital ward.

Information and contact

The HealthTec website ^[5]

Email: healthtec@buckscollegigroup.ac.uk ^[6] ^[6]

Phone: 07850 917544

Joined Up Careers, Derbyshire

Joined Up Careers offers a range of online and in person experience opportunities in the Derbyshire area. There's a rolling programme of opportunities throughout the year to help students can gain experience of:

- administration
- midwifery
- medicine
- nursing
- orthoptics
- dental technology
- clinical engineering

Information and contact

Check the Joined Up Careers website ^[7] to see what's on offer.

Email: ddicb.joinedupcareers@nhs.net ^[8]

Learn Live broadcasts

Learn Live is a series of 20-30 minute broadcasts that can be watched live or on demand to showcase different careers. Each web-based broadcast focuses on a particular topic and includes a Q&A-style interview with a practitioner.

Students can email questions to be asked as part of live interviews. And on demand broadcasts are currently available covering:

- South East Coast Ambulance Service
- pharmacy
- Brighton Medical School

- nursing
- operating department practice
- psychology
- mental health
- midwifery
- radiology
- engineering
- social care

Information and contact

Learn Live website ^[9]

Learn Live on demand videos ^[10]

LIFE Centre

LIFE Centre in Lancashire is a purpose-built facility to inspire local people to consider a career in health and support health and wellbeing. Available for people aged five and above, it is designed to include practical-based teaching and state-of-the-art VR and AV technology.

Education providers and NHS organisations in Lancashire can book to run lessons and training sessions. LIFE staff ensure the facility is prepared for sessions and can be booked to provide teaching session ideas and lesson plans.

Information and contact

LIFE Centre website ^[11]

Phone: 01772 524310

Email: TheHealthAcademy@lthtr.nhs.uk ^[12] ^[12]

Lincolnshire Talent Academy

The Lincolnshire Talent Academy provides information to those interested in health and care careers and supports work experience placements in a wide range of settings across Lincolnshire.

Lincolnshire Talent Academy website ^[13]

NHS Futures Zone

NHS Futures Zone is an interactive clinical skills suite and training room run by Wolverhampton NHS Trust.

The Zone provides all sorts of interactive sessions, including Discover the NHS week, communication and customer care, patient observations, Dementia Friends and emergency department scenarios.

The facility is primarily for schools and academies to inspire young people to choose an NHS career, but can also accommodate colleges, community organisations, unemployed people and minority groups.

Information and contact

NHS Futures Zone website [14]

Information about work experience programmes [15]

Phone: 07788 603856 or 01902 554424

Email: rwh-tr.nhsfutureszone@nhs.net [16]

Source URL:<https://www.healthcareers.nhs.uk/career-planning/career-advisers-and-teachers/teaching-resources/nhs-experience-opportunities>

Links

[1] <https://www.healthierlsc.co.uk/careers> [2] <mailto:ruth.keeler@mbht.nhs.uk> [3]
<http://www.reading.ac.uk/ready-to-study/visiting-and-open-days/activities-for-schools.aspx> [4]
<mailto:healthreach@reading.ac.uk> [5] <https://www.buckscollegigroup.ac.uk/our-courses/healthtec> [6]
<mailto:healthtec@buckscollegigroup.ac.uk> [7] <https://joinedupcareers.co.uk/work-experience> [8]
<mailto:ddicb.joinedupcareers@nhs.net> [9] <https://learnliveuk.com/live-broadcasts/> [10]
<https://learnliveuk.com/videos/> [11] <https://healthacademy.lancsteachinghospitals.nhs.uk/simulated-hospital/> [12] <mailto:TheHealthAcademy@lthtr.nhs.uk> [13] <https://lincstalentacademy.org.uk/> [14]
<https://www.royalwolverhampton.nhs.uk/services/service-directory-a-z/nhs-futures-zone/> [15]
<https://www.royalwolverhampton.nhs.uk/work-with-us/work-experience/> [16] <mailto:rwh-tr.nhsfutureszone@nhs.net>