

Family and systemic psychotherapist

Family and systemic psychotherapists work with groups and families to assess and treat a wide range of psychological and relationship difficulties in emotional, mental and physical health.

You may work with a specific group of people such as children and young people, adults or people with learning disabilities.



Working life

You may use family and systemic psychotherapy in a particular work setting such as mental health or social care.

Family and systemic psychotherapists provide therapy for whole families, parts of a family, individuals and couples, as well as working with teams and services.

You will provide supervision and support to other professionals and teams, and also develop services and carry out research.

Where will I work?

You are likely to work in a range of different services, including hospitals and community teams. You'll also work in a multidisciplinary team with many other professionals.

Entry requirements

To practise as a family and systemic psychotherapist, you'll need to undertake appropriate recognised training. You must have a clinical qualification such as clinical psychology, social work, psychiatry or mental health nursing.

You'll also need substantial work experience that relates to the field of psychotherapy and an ability to reflect on your own life and relationships.

Training

Family and systemic psychotherapy training is by a taught Master's degree or doctorate. This postgraduate training will usually be part time while you continue in your current job role.

A unique aspect of training in family and systemic psychotherapy is a 'live supervision' element. This provides the benefit of your clinical supervisor observing your work to guide your learning and skill development.

You will also complete research, teaching and personal development components.

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Newly qualified family and systemic psychotherapists are often employed at Band 7 on the NHS Agenda for Change ^[1] pay scale. There may be opportunities to progress to higher pay bands with further specialisation as well as taking on leadership and management responsibilities.

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**Where the role
can lead**

**Expand /
collapse**

As a family and systemic psychotherapist, you may have opportunities to progress into roles where you supervise and lead other psychological professionals, or multi-professional clinical teams. Family and systemic psychotherapists sometimes specialise in particular areas such as eating disorders, or child and adolescent mental health. You may also be able to progress into training others or doing research. Some family and systemic psychotherapists go on to work in very senior level leadership positions.

- [View Vacancy \[2\]](#)

Specialist Family & Systemic Psychotherapist

Epsom, KT19 8PB

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Salary:

£41,902 - £47,684 Incl Fringe HCAS

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Type:

Permanent

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Employer:

Surrey and Borders Partnership NHS Foundation Trust

- [View Vacancy](#)

- [View Vacancy \[3\]](#)

Part-Time Family and Systemic Psychotherapist

Potter Bar, EN6

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Salary:

£45,000 - £50,000 Pro Rata + benefits

- **Type:**

Permanent

- **Employer:**

Elysium Healthcare

- [View Vacancy](#)
- [View Vacancy](#) [4]

Principal Family and Systemic Psychotherapist

Stafford, ST16 3SR

- **Salary:**

8a

- **Type:**

Permanent

- **Employer:**

Midlands Partnership NHS Foundation Trust

- [View Vacancy](#)
- [View Vacancy](#) [5]

Senior Family & Systemic Psychotherapist

Kensington and Chelsea CAMHS, London, W8 5LP

- **Salary:**

£54,223 - £60,316 pa inc pro rata

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Type:

Permanent



Employer:

Central and North West London NHS Foundation Trust



Family and Systemic Psychotherapist

Citywide, LS6 1PF



Salary:

£40,057 to £45,839 per annum (pro rata)



Type:

Permanent



Employer:

(CS) Leeds Community Healthcare NHS Trust



Systemic Family Psychotherapist

Sutton Civic Centre with visits to Jubilee Health Centre, Wallington., Wallington, SM6 0HY



Salary:

£47,126 - £53,219 Per Annum Plus HCAs



Type:

Permanent

■ **Employer:**

South West London and St Georges Mental Health NHS Trust

■ [View Vacancy](#)

Other roles that may interest you

- [Experienced paramedic](#) ^[8]
- [Emergency care assistant](#) ^[9]
- [Health records staff](#) ^[10]
- [Call handler emergency medical dispatcher](#) ^[11]

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Links

[1] <https://www.healthcareers.nhs.uk/working-health/working-nhs/nhs-pay-and-benefits/agenda-change-pay-rates>

[2] <https://www.jobs.nhs.uk/xi/vacancy/916701584>

[3] <https://www.jobs.nhs.uk/xi/vacancy/916716511>

[4] <https://www.jobs.nhs.uk/xi/vacancy/916713762>

[5] <https://www.jobs.nhs.uk/xi/vacancy/916747405>

[6] <https://www.jobs.nhs.uk/xi/vacancy/916717354>

[7] <https://www.jobs.nhs.uk/xi/vacancy/916727274>

[8] <https://www.healthcareers.nhs.uk/explore-roles/ambulance-service-team/roles-ambulance-service/experienced-paramedic>

[9] <https://www.healthcareers.nhs.uk/explore-roles/ambulance-service-team/roles-ambulance-service/emergency-care-assistant>

[10] <https://www.healthcareers.nhs.uk/explore-roles/wider-healthcare-team/roles-wider-healthcare-team/health-records-staff>

[11] <https://www.healthcareers.nhs.uk/explore-roles/ambulance-service-team/roles-ambulance-service/emergency-medical-dispatchercall-handler>