

Compare roles in health

Not sure where to start with the hundreds of NHS careers? Use our compare roles section to get bite-size information on the entry requirements and training, pay and conditions, prospects and skills needed of up to three roles. If there is something that you think you could do, then get more in-depth information on the role.

Don't forget, you can also save your role comparisons by registering with us.

- **Metabolic Medicine** ^[1]

[Metabolic](#) ^[2] Medicine is a sub-specialty allied to chemical pathology (clinical biochemistry). Doctors working in [metabolic](#) ^[2] medicine combine an understanding of biochemistry and metabolism. They deal with adult patients where the chemical processes in the body do not function properly and may cause various health problems.

Training and qualifications required

Training usually starts with a five year first degree in medicine, MBBS. 2 years foundation doctor training. 2 years core medical training (CMT1–2) or 3 years acute care common stem (ACCS CT1–3), followed by 6 years higher specialist training in chemical pathology or general internal medicine (ST3-ST8). Alternative routes are possible – please refer to the training and development page. This period of training will include your royal college exams. Length of training can vary according to your circumstances.

Expected working hours and salary range

Doctors may work up to 48 hours a week. The working hours may sometimes extend beyond the normal working day to include early mornings, evenings and weekends, on call possible. Pay scales (2017): Consultants earn between £76,761 and £103,490.

Desirable skills and values

For this role you will have a strong interest in biochemistry and metabolism. This will be aided by your ability to lead a team, whilst developing and evaluating services. Having excellent communication skills supports your excellent problem-solving and reasoning skills. You're familiarity with research methods and a willingness to keep up-to-date with research and advances in treatment is essential for your role.

Prospects

There were 15 consultants in metabolic medicine in England in 2016. Opportunities exist for research and teaching.

Related roles

- Chemical pathology ^[3]
- General internal medicine ^[4]
- Immunology ^[5]
- Medical microbiology and virology (doctor) ^[6]

Source URL: https://www.healthcareers.nhs.uk/explore-roles/compare-roles/compare-roles-health?field_field_role=2703

Links

[1] <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/metabolic-medicine>

[2] <https://www.healthcareers.nhs.uk/glossary#Metabolic>

[3] <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/pathology/chemical-pathology>

[4] <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/general-internal-medicine>

[5] <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/immunology>

[6] <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/pathology/microbiology-and-virology-doctor>