

# Compare roles in health

Not sure where to start with the hundreds of NHS careers? Use our compare roles section to get bite-size information on the entry requirements and training, pay and conditions, prospects and skills needed of up to three roles. If there is something that you think you could do, then get more in-depth information on the role.

Don't forget, you can also save your role comparisons by registering with us.

- **Mental health and wellbeing practitioner** <sup>[1]</sup>

Mental health and wellbeing practitioners (MHWPs) provide evidence-based interventions and co-ordinate care plans for adults with severe mental health problems.

### Training and qualifications required

You will need the right aptitude to learn how to work collaboratively in a mental health team. You'll need to be able to demonstrate a willingness to work in a hopeful and productive way with adults with severe mental health problems. Being able to demonstrate your ability to study at degree level or above is important.

### Expected working hours and salary range

While you train, you'll spend one day a week studying at university and three to four days working in or undertaking specific training tasks in a community mental health service. Once qualified, you'll spend at least 20 hours a week seeing patients. You'll be paid on Agenda for change band 4 while you train, moving to band 5 once you qualify.

### Desirable skills and values

Most importantly you need a willingness to work in a hopeful and productive way with adults with severe mental health problems. You'll also have excellent interpersonal skills, be able to build trusting and productive relationships with a range of people, work well within a multidisciplinary team, and have a good understanding of mental health issues.

### Prospects

You could move to a supervisory role, teach others or undertake further training in another psychological profession such as CBT therapy or clinical psychology.

## Related roles

- Children's wellbeing practitioner <sup>[2]</sup>
- Psychological wellbeing practitioner <sup>[3]</sup>

- Support, time and recovery worker [4]
- Assistant psychologist [5]

---

**Source URL:**[https://www.healthcareers.nhs.uk/explore-roles/compare-roles-health?field\\_field\\_role=3916](https://www.healthcareers.nhs.uk/explore-roles/compare-roles-health?field_field_role=3916)

#### **Links**

[1] <https://www.healthcareers.nhs.uk/node/4141/mental-health-and-wellbeing-practitioner> [2]  
<https://www.healthcareers.nhs.uk/node/4141/childrens-wellbeing-practitioner> [3]  
<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/psychological-wellbeing-practitioner> [4] <https://www.healthcareers.nhs.uk/explore-roles/wider-healthcare-team/roles-wider-healthcare-team/clinical-support-staff/support-time-and-recovery-worker> [5]  
<https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/assistant-clinical-psychologist>