

Compare roles in health

Not sure where to start with the hundreds of NHS careers? Use our compare roles section to get bite-size information on the entry requirements and training, pay and conditions, prospects and skills needed of up to three roles. If there is something that you think you could do, then get more in-depth information on the role.

Don't forget, you can also save your role comparisons by registering with us.

• Clinical exercise physiologist ^[1]

Clinical exercise physiologists are responsible for prescribing and delivering evidence-based exercise to help patients prevent, treat and manage their long-term conditions.

Training and qualifications required

You'll need a first degree in a relevant subject to do an exercise physiology master's degree, for example sport and exercise science, science or a related discipline. The clinical exercise physiology master's degree is one year long.

Expected working hours and salary range

As a clinical exercise physiologist registered with the Academy of Healthcare Science, you'll usually be paid at band 6 of the Agenda for Change pay scales. You will usually work regular, daytime hours.

Desirable skills and values

You'll have excellent interpersonal and communication skills with a calm, confident and sympathetic approach. You'll be comfortable using technology and complex equipment and be able to work under direction, in a team and independently. You'll have good attention to detail and an interest in exercise and fitness.

Prospects

With further training and/or experience, you can progress into specialist areas, management, research or teaching. You could also consider becoming a registered clinical scientist in one of the physiological sciences by applying to the NHS Scientist Training Programme (STP).

Related roles

- Respiratory physiology and sleep sciences ^[2]
- Cardiac sciences ^[3]
- Physiotherapist ^[4]

- Healthcare science assistants and associates [5]

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[1] <https://www.healthcareers.nhs.uk/explore-roles/healthcare-science/roles-healthcare-science/physiological-sciences/clinical-exercise-physiologist> [2] <https://www.healthcareers.nhs.uk/explore-roles/healthcare-science/roles-healthcare-science/physiological-sciences/respiratory-physiology-and-sleep-sciences> [3] <https://www.healthcareers.nhs.uk/explore-roles/healthcare-science/roles-healthcare-science/physiological-sciences/cardiac-sciences> [4] <https://www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/physiotherapist> [5] <https://www.healthcareers.nhs.uk/explore-roles/wider-healthcare-team/roles-wider-healthcare-team/clinical-support-staff/healthcare-science-assistant-and-associate>