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Compare roles in health

Not sure where to start with the hundreds of NHS careers? Use our compare roles section to get bite-size information on the entry requirements and training, pay and conditions, prospects and skills needed of up to three roles. If there is something that you think you could do, then get more in-depth information on the role.

Don't forget, you can also save your role comparisons by registering with us.

Child and adolescent psychiatry [1]

Child and adolescent psychiatrists treat children and young people up to the age of 18 with a range of mental health conditions such as autism spectrum disorder, depression and eating disorders.

Training and qualifications required

Training usually starts with a five year first degree in medicine. You'll then complete two years of foundation training and three years of core training (CT1-3), followed by three years of specialty training (ST4-6). This period of training will include completing your royal college exams. Length of training can vary according to your circumstances.

Expected working hours and salary range

Doctors may work up to 48 hours a week. The working hours may sometimes extend beyond the normal working day including early mornings, evenings and on call. The basic salary ranges from £29,384 to £34,012. Once you start your specialty training as a child and adolescent psychiatrist employed by the NHS, you can expect to earn a salary of at least £40,257, which can increase to between £84,559 and £114,003 as a consultant.

Desirable skills and values

You'll need excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families. You'll be emotionally resilient, have excellent problem-solving and diagnostic skills and work well in teams and under pressure. You'll also be very organised for the benefit of patients.

Prospects

There are 649 consultants in child and adolescent psychiatry in England in 2016. You could develop an interest in inpatient psychiatry, infant mental health, learning disability, eating disorders or substance misuse. You'll also have opportunities to get involved in research or teach.

Related roles

- General practitioner [2]
- Paediatrician [3]
- Neurologist [4]
- General psychiatry [5]

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