

Compare roles in health

Not sure where to start with the hundreds of NHS careers? Use our compare roles section to get bite-size information on the entry requirements and training, pay and conditions, prospects and skills needed of up to three roles. If there is something that you think you could do, then get more in-depth information on the role.

Don't forget, you can also save your role comparisons by registering with us.

• Family and systemic psychotherapist ^[1]

Family and systemic psychotherapists work with groups and families to assess and treat a wide range of psychological and relationship problems affecting emotional, mental and physical health.

Training and qualifications required

You must have a clinical qualification such as clinical psychology, social work, psychiatry or mental health nursing to train and practise as a family and systemic psychotherapist. You will also need substantial work experience that relates to the field of psychotherapy and an ability to reflect on your own life and relationships.

Expected working hours and salary range

Newly qualified family and systemic psychotherapists are often employed at Band 7 on the NHS Agenda for Change pay scale. You may be able to progress to higher pay bands with further specialisation or in leadership and management positions.

Desirable skills and values

You will need to be able to reflect on your own life and relationships.

Prospects

You could specialise in areas such as eating disorders, or child and adolescent mental health. You could progress into a role where you supervise, lead or train other psychological professionals or undertake research.

Related roles

- Experienced paramedic ^[2]
- Emergency care assistant ^[3]
- Health records staff ^[4]
- Clerk ^[5]

- **Dental therapist** ^[6]

A dental therapist does some of the more straightforward work undertaken by a dentist.

Training and qualifications required

To practise as a dental therapist, you must obtain a degree or diploma in dental therapy and be registered on the General Dental Council's (CDG) roll of dental therapists. To get on the course, you will need five GCSE subjects at grade A to C, plus two A-levels or a recognised qualification in dental nursing. You may also be required to have some experience of dental nursing before taking the course.

Expected working hours and salary range

Most dental therapists work standard NHS hours, which are likely to be around 37.5 a week. Your starting salary will be band 5 of the Agenda for Change pay rates.

Desirable skills and values

You will need to develop highly technical clinical skills. Dental therapists will often spend valuable time encouraging anxious patients to accept dental treatment which requires patience, and excellent communication and interpersonal skills.

Prospects

Dental therapists with experience can progress to become orthodontic therapists or practice managers, or move into research or teaching roles. If you work in a dentist's practice, you will be able to work independently without the full responsibility of running the practice.

Related roles

- Dental hygienist ^[7]
- Dental support worker ^[8]
- Dental nurse ^[9]
- Dental technician/dental technologist ^[10]

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Links

[1] <https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles-psychological-therapies/family-and-systemic-psychotherapist> [2] <https://www.healthcareers.nhs.uk/explore-roles/ambulance-service-team/roles-ambulance-service/experienced-paramedic> [3] <https://www.healthcareers.nhs.uk/explore-roles/ambulance-service-team/roles-ambulance-service/emergency-care-assistant> [4] <https://www.healthcareers.nhs.uk/Explore-roles/wider-healthcare-team/roles-wider-healthcare-team/health-records-staff> [5] <https://www.healthcareers.nhs.uk/explore-roles/wider-healthcare-team/roles-wider-healthcare-team/administration/clerk> [6] <https://www.healthcareers.nhs.uk/explore-roles/dental-team/roles-dental-team/dental-therapist> [7] <https://www.healthcareers.nhs.uk/explore-roles/dental-team/roles-dental-team/dental-hygienist> [8] <https://www.healthcareers.nhs.uk/Explore-roles/wider-healthcare-team/roles-wider-healthcare-team/clinical-support-staff/dental-support-worker> [9] <https://www.healthcareers.nhs.uk/explore-roles/dental-team/roles-dental-team/dental-nurse> [10] <https://www.healthcareers.nhs.uk/explore-roles/dental-team/roles-dental-team/dental-techniciandental-technologist>