

NHS pay and benefits

The NHS offers a fair and transparent [pay structure](#) ^[1] with competitive and flexible benefits.

There's one of the most generous pension schemes on offer in the UK. You'll have unique access to NHS discounts schemes including discounts in high street stores, insurance companies, holiday firms and restaurants.



Looking after patients, looking after you

Compassionate care comes from staff who are well looked after, and the NHS is a well-respected national employer.

We have one of the most competitive and supportive benefits packages offered anywhere in the UK, including:

- 37.5 hour working week
- minimum of 27 days annual leave plus bank holidays
- annual personal development review and plan to support your career aspirations
- access to training courses for all staff
- paid sick leave

Monica Silviya Dsouza

Mental health nurse

Career progression is an integral part of my life. I get regular supervision currently with my manager and my clinical manager, which assures me that they are interested in my career progression.

[Hear Monica's story](#) ^[2]

Flexible working

Our flexible working options and benefits such as childcare mean that we can help you with your work/life balance and maintain wellbeing for you and your family.

350 Careers, One NHS, Your future

We have more than 350 different careers available and one of them could be just right for you.

If you share our values ^[3], we want to talk to you!

Source URL: <https://www.healthcareers.nhs.uk/working-health/working-nhs/nhs-pay-and-benefits>

Links

[1] <https://www.healthcareers.nhs.uk/working-health/working-nhs/nhs-pay-and-benefits/agenda-change-pay-rates/agenda-change-pay-rates> [2] <https://www.healthcareers.nhs.uk/we-are-the-nhs/nursing-careers/international-retention/monica-silviya-dsouza> [3] <https://www.healthcareers.nhs.uk/working-health/working-nhs/nhs-constitution>