

Trauma and orthopaedic surgery

Trauma and orthopaedic (T&O) surgeons diagnose and treat conditions of the musculoskeletal system including bones and joints and structures that enable movement such as ligaments, tendons, muscles and nerves.

You'll work with patients of all ages, often in a district general hospital or possibly in specialist centres or orthopaedic hospitals.

F2 female doctor checking patient arm

Life as a trauma and orthopaedic surgeon

You'll spend around 40% of your time in surgery and the rest in outpatient clinics, the emergency department and assessing/monitoring patients before and after surgery. This is a rewarding specialty where your work can bring rapid relief from pain and discomfort for patients.

You'll work on trauma to the musculoskeletal system, such as broken, fractured or dislocated bones and soft tissue injuries. These could be caused by anything from a low energy fracture in an older patient to multiple injuries caused by a road traffic accident.

Your orthopaedic work will include the replacement of whole joints such as knees and hips following damage due to osteoarthritis or rheumatoid arthritis. You'll also treat congenital and degenerative conditions of the musculoskeletal system, often in babies and children, as well as infections and tumours.

Your surgical work is specialised and varied. Some operations are very quick, for example a spinal injection, whereas other operations, to stabilise someone's neck or straighten a spine, may take several hours. You could work as part of a trauma team alongside emergency department doctors, anaesthetists, general surgeons and specialist nurses. You'll also work independently.

You will use the latest technologies such as minimally invasive techniques for diagnosis and surgery and computer-aided navigation during surgery which enables 3D mapping of a joint. This is exciting for you and highly beneficial for your patients with reduced scarring and recovery time.

You can expect to be on-call for trauma emergencies and to sometimes work out-of-hours on long surgical procedures, more so than in some other surgical specialties.

How much can I earn?

You'll first earn a salary when you start your [foundation training](#) ^[1] after medical school. Find out details of current salary ranges for foundation and specialty training, [SAS doctors](#) ^[2] and consultants on the '[Pay for doctors](#)' ^[3] page.

How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients
- a high degree of manual dexterity
- superb hand-eye co-ordination, excellent vision, and visuospatial awareness
- physical stamina to cope with the demands of surgery

Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

"It was a placement in a children's hospital towards the end of my specialist training that made me decide on paediatric T&O as my sub-specialty. I immediately loved the warm and welcoming atmosphere in the hospital, and working with children."

[Read Emily's story](#) ^[4].

What are my chances of starting a career in trauma and orthopaedics?

In 2020 there were 715 applications for 125 specialty training places, (a competition ratio ^[5] of 5.72). There are currently 2,654 trauma and orthopaedic surgeons working in the NHS in England.

How to become a trauma and orthopaedic surgeon

After medical school, you'll join the paid two-year foundation programme ^[6] where you'll work in six placements in different settings.

After your foundation programme, you can apply for paid specialty training ^[7] to become a trauma and orthopaedic surgeon, which will take a minimum of eight years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Where a career in trauma and orthopaedics can take you

You could:

- specialise or conduct research in areas such a particular part of the body for example shoulder/elbow, joint reconstruction such as hip or knee, paediatric surgery, sports injury or complex trauma surgery
- teach medical students or postgraduate students in training
- get involved in research at universities, the NHS or private sector

• [Live vacancies](#)

Find a vacancy

Enter your location or postcode

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- **Consultant Surgeon in Paediatric Trauma and Orthopaedics**

Manchester, M13 9WL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Surgeon in Paediatric Trauma and Orthopaedics job \(opens in a new window\)](#) ^[8]

- **Medical Secretary - Trauma and Orthopaedics**

Colchester, CO4 5JL

Salary:

£24625.00 to £25674.00

Type:

Fixed-Term

Employer:

East Suffolk and North Essex NHS Foundation Trust

[Apply now on NHS Jobs for Medical Secretary - Trauma and Orthopaedics job \(opens in a new window\)](#) ^[9]

- **General Manager - Trauma and Orthopaedics**

Derby, DE22 3NE

Salary:

£74290.00 to £85601.00

Type:

Permanent

Employer:

University Hospitals of Derby and Burton NHS Foundation Trust

[Apply now on NHS Jobs for General Manager - Trauma and Orthopaedics job \(opens in a new window\)](#) ^[10]

- **Static Physiotherapist Trauma and Orthopaedics**

Derby, DE22 3NE

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

University Hospitals of Derby and Burton NHS Foundation Trust

[Apply now on NHS Jobs for Static Physiotherapist Trauma and Orthopaedics job \(opens in a new window\)](#) ^[11]

- **Outpatient Receptionist/Administrator Trauma and Orthopaedics**

Bodelwyddan, LL18 5UJ

Salary:

£23970.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

[Apply now on NHS Jobs for Outpatient Receptionist/Administrator Trauma and Orthopaedics job \(opens in a new window\)](#) ^[12]

- **Specialty Doctor in Trauma and Orthopaedics**

Leeds, LS1 3EX

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Leeds Teaching Hospitals

[Apply now on NHS Jobs for Specialty Doctor in Trauma and Orthopaedics job \(opens in a new window\)](#) ^[13]

- **Consultant in Trauma and Orthopaedics (hip arthroplasty)**

Colchester, CO4 5JL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Suffolk and North Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Trauma and Orthopaedics \(hip arthroplasty\) job \(opens in a new window\)](#) ^[14]

- **Specialist Physiotherapist Trauma and Orthopaedics and Vascular**

London, W2 1NY

Salary:

£44806.00 to £53134.00

Type:

Fixed-Term

Employer:

Imperial College Healthcare NHS Trust

[Apply now on NHS Jobs for Specialist Physiotherapist Trauma and Orthopaedics and Vascular job \(opens in a new window\)](#) ^[15]

- **Senior Physiotherapy Support Worker - (Trauma and Orthopaedics)**

Exeter, EX2 5DW

Salary:

£24625.00 to £25674.00

Type:

Permanent

Employer:

Royal Devon University Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Senior Physiotherapy Support Worker - \(Trauma and Orthopaedics\) job \(opens in a new window\)](#) ^[16]

- **Junior Clinical Fellow in Trauma and Orthopaedics**

Preston, PR2 9HT

Salary:

£49909.00

Type:

Fixed-Term

Employer:

Lancashire Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Junior Clinical Fellow in Trauma and Orthopaedics job \(opens in a new window\)](#) ^[17]

- **Consultant in Trauma and Orthopaedics (knee revision surgery)**

Colchester, CO4 5JL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Suffolk and North Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Trauma and Orthopaedics \(knee revision surgery\) job \(opens in a new window\)](#) ^[18]

- **Consultant in Trauma and Orthopaedics (Foot and Ankle Surgery)**

Wakefield, WF14DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Mid Yorkshire Teaching NHS Trust

[Apply now on NHS Jobs for Consultant in Trauma and Orthopaedics \(Foot and Ankle Surgery\) job \(opens in a new window\)](#) ^[19]

- **Consultant in Trauma and Orthopaedics (Hand and Wrist Surgery)**

Wakefield, WF14DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Mid Yorkshire Teaching NHS Trust

[Apply now on NHS Jobs for Consultant in Trauma and Orthopaedics \(Hand and Wrist Surgery\) job \(opens in a new window\)](#) ^[20]

- **Locum Consultant Trauma & Orthopaedic Surgeon**

Grimsby, DN33 2BA

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Northern Lincolnshire and Goole NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant Trauma & Orthopaedic Surgeon job \(opens in a new window\)](#) ^[21]

- **Senior Physiotherapist – Trauma & Orthopaedics**

London, WC1E 6DB

Salary:

£44806.00 to £53134.00

Type:

Fixed-Term

Employer:

University College London Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Senior Physiotherapist – Trauma & Orthopaedics job \(opens in a new window\)](#) ^[22]

- **Consultant in Trauma & Orthopaedics (Knee)**

Norwich, NR4 7UY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Norfolk and Norwich University Hospital

[Apply now on NHS Jobs for Consultant in Trauma & Orthopaedics \(Knee\) job \(opens in a new window\)](#) ^[23]

- **Apprentice Health Care Assistant - Trauma & Orthopaedics**

Norwich, NR4 7UY

Salary:

£12514.00

Type:

Apprenticeship

Employer:

Norfolk and Norwich University Hospital

[Apply now on NHS Jobs for Apprentice Health Care Assistant - Trauma & Orthopaedics job \(opens in a new window\)](#) ^[24]

- **Locum Consultant Trauma & Orthopaedics (Lower Limb)**

Kettering, NN16 8UZ

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Kettering General Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant Trauma & Orthopaedics \(Lower Limb\) job \(opens in a new window\)](#) ^[25]

- **Trauma & Orthopaedic Locum Consultant (Upper Limb)**

Isleworth, TW7 6AF

Salary:

£105504.00 to £139882.00

Type:

Locum

Employer:

Chelsea and Westminster Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Trauma & Orthopaedic Locum Consultant \(Upper Limb\) job \(opens in a new window\)](#) ^[26]

- **Locum Consultant Trauma & Orthopaedics - Foot & Ankle**

Prescot, L35 5DR

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Mersey and West Lancashire Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Locum Consultant Trauma & Orthopaedics - Foot & Ankle job \(opens in a new window\)](#) ^[27]

- **Consultant in Trauma & Orthopaedics - Hip & Knee Surgery**

Cardiff, CF64 2XX

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Cardiff and Vale University Health Board

[Apply now on NHS Jobs for Consultant in Trauma & Orthopaedics - Hip & Knee Surgery job \(opens in a new window\)](#) ^[28]

- **Locum Consultant Trauma & Orthopaedics (Hands and Wrist)**

Kettering, NN16 8UZ

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Kettering General Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant Trauma & Orthopaedics \(Hands and Wrist\) job \(opens in a new window\)](#) ^[29]

- **Trust Doctor in Trauma & Orthopaedics (ST1-5 equivalent)**

Barnstaple, EX31 4JB

Salary:

£49909.00 to £61825.00

Type:

Fixed-Term

Employer:

Royal Devon University Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Trust Doctor in Trauma & Orthopaedics \(ST1-5 equivalent\) job \(opens in a new window\)](#) ^[30]

- **Orthopaedic Surgeon Hip & Knee**

Sutton Coldfield, B75 5BL

Salary:

£7200.00

Type:

Bank

Employer:

Medinet Clinical Services Limited

[Apply now on NHS Jobs for Orthopaedic Surgeon Hip & Knee job \(opens in a new window\)](#) ^[31]

- **Consultant in Trauma & Orthopaedics (lower limb knee/hip arthroplasty)**

Ipswich, IP4 5PD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Suffolk and North Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Trauma & Orthopaedics \(lower limb knee/hip arthroplasty\) job \(opens in a new window\)](#) ^[32]

- **Consultant Orthopaedic Surgeon (Hip & Paediatric)**

Swansea, SA6 6NL

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Swansea Bay University Health Board

[Apply now on NHS Jobs for Consultant Orthopaedic Surgeon \(Hip & Paediatric\) job \(opens in a new window\)](#) ^[33]

- **Consultant Orthopaedic Surgeon (Foot & ankle)**

Torquay, TQ2 7AA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Torbay and South Devon NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Orthopaedic Surgeon \(Foot & ankle\) job \(opens in a new window\)](#) ^[34]

- **Consultant Orthopaedic Surgeon - Foot and Ankle**

Shepton Mallet, BA4 4LP

Salary:

Negotiable

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Consultant Orthopaedic Surgeon - Foot and Ankle job \(opens in a new window\)](#) ^[35]

- **Consultant Orthopaedic Surgeon - Specialising in Soft Tissue Knee**

Stoke on Trent, ST4 6QG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospital of North Midlands NHS Trust

[Apply now on NHS Jobs for Consultant Orthopaedic Surgeon - Specialising in Soft Tissue Knee job \(opens in a new window\)](#) ^[36]

- **Trauma and Rehabilitation Coordinator**

Plaistow, E13 8SL

Salary:

£51883.00 to £58544.00

Type:

Permanent

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Trauma and Rehabilitation Coordinator job \(opens in a new window\)](#) ^[37]

- **Locum Consultant Orthopaedic Surgeon With An Interest In Spinal**

Swansea, SA6 6NL

Salary:

£116600.00

Type:

Locum

Employer:

Swansea Bay University Health Board

[Apply now on NHS Jobs for Locum Consultant Orthopaedic Surgeon With An Interest In Spinal job \(opens in a new window\)](#) ^[38]

- **Consultant in Anaesthesia: Trauma and Regional Anaesthesia**

Reading, RG1 5AN

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Royal Berkshire NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Anaesthesia: Trauma and Regional Anaesthesia job \(opens in a new window\)](#) ^[39]

- **Senior Fellow in Trauma and Limb Reconstruction (Aug 2026)**

Birmingham, B15 2TH

Salary:

£61825.00

Type:

Fixed-Term

Employer:

University Hospitals Birmingham NHS Foundation Trust

[Apply now on NHS Jobs for Senior Fellow in Trauma and Limb Reconstruction \(Aug 2026\) job \(opens in a new window\)](#) ^[40]

- **Consultant Plastic Surgeon with a Special Interest in Burns and Trauma**

East Grinstead, RH194EL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Queen Victoria Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Plastic Surgeon with a Special Interest in Burns and Trauma job \(opens in a new window\)](#) ^[41]

- **Trauma Theatre Practitioner**

Cardiff, CF14 4XW

Salary:

£30420.00 to £37030.00

Type:

Permanent

Employer:

Cardiff and Vale University Health Board

[Apply now on NHS Jobs for Trauma Theatre Practitioner job \(opens in a new window\)](#) ^[42]

- **Senior Orthopaedic Practitioner**

Middlesbrough, TS4 3BW

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

South Tees Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Senior Orthopaedic Practitioner job \(opens in a new window\)](#) ^[43]

- **Advanced Physiotherapist - Orthopaedics**

London, SE1 2PR

Salary:

Negotiable

Type:

Permanent

Employer:

HCA Healthcare UK

[Apply now on NHS Jobs for Advanced Physiotherapist - Orthopaedics job \(opens in a new window\)](#) ^[44]

- **Specialist Physiotherapist - Orthopaedics**

Epsom, KT18 7EG

Salary:

£42939.00 to £50697.00

Type:

Permanent

Employer:

Epsom and St Helier University Hospitals NHS Trust

[Apply now on NHS Jobs for Specialist Physiotherapist - Orthopaedics job \(opens in a new window\)](#) ^[45]

- **Plaster/Orthopaedic Technician**

Manchester, M8 5RB

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for Plaster/Orthopaedic Technician job \(opens in a new window\)](#) ^[46]

- **Physiotherapist - Orthopaedic/Outpatients**

Kendal, LA9 7RG

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

University Hospitals of Morecambe Bay NHS Trust

[Apply now on NHS Jobs for Physiotherapist - Orthopaedic/Outpatients job \(opens in a new window\)](#) ^[47]

- **Lead orthopaedic practitioner**

bedford, MK42 9DJ

Salary:

£46148.00 to £52809.00

Type:

Permanent

Employer:

Bedfordshire Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Lead orthopaedic practitioner job \(opens in a new window\)](#) ^[48]

- **Assistant Orthopaedic Practitioner**

Cardiff, CF14 4XW

Salary:

£26928.00 to £29551.00

Type:

Permanent

Employer:

Cardiff and Vale University Health Board

[Apply now on NHS Jobs for Assistant Orthopaedic Practitioner job \(opens in a new window\)](#) ^[49]

- **Orthopaedic and Vascular Physiotherapist**

Brighton, BN2 5BE

Salary:

£46148.00 to £52809.00

Type:

Fixed-Term

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

[Apply now on NHS Jobs for Orthopaedic and Vascular Physiotherapist job \(opens in a new window\)](#) ^[50]

- **Orthopaedic Practitioner (Plaster Technician)**

Ashford, TN24 0LZ

Salary:

£29970.00 to £36483.00

Type:

Permanent

Employer:

East Kent Hospitals University NHS Foundation Trust

[Apply now on NHS Jobs for Orthopaedic Practitioner \(Plaster Technician\) job \(opens in a new window\)](#) ^[51]

- **Theatre Team Lead - Orthopaedics**

Sutton, SM3 9DW

Salary:

Negotiable

Type:

Permanent

Employer:

Spire Healthcare Ltd

[Apply now on NHS Jobs for Theatre Team Lead - Orthopaedics job \(opens in a new window\)](#) ^[52]

- **Strategic Senior Buyer - Orthopaedics**

Epsom, KT18 5AL

Salary:

Negotiable

Type:

Permanent

Employer:

Nuffield Health

[Apply now on NHS Jobs for Strategic Senior Buyer - Orthopaedics job \(opens in a new window\)](#) ^[53]

- **Orthopaedic Practitioner (Plaster Technician)**

Guildford, GU2 7XX

Salary:

£31469.00 to £38308.00

Type:

Permanent

Employer:

Royal Surrey NHS Foundation Trust

[Apply now on NHS Jobs for Orthopaedic Practitioner \(Plaster Technician\) job \(opens in a new window\)](#) ^[54]

- **Theatre Practitioner - Orthopaedic Scrub**

Leamington Spa, CV32 6RW

Salary:

£36000.00 to £39000.00

Type:

Permanent

Employer:

Nuffield Health

[Apply now on NHS Jobs for Theatre Practitioner - Orthopaedic Scrub job \(opens in a new window\)](#) ^[55]

- **Theatre Practitioner (Orthopaedic Scrub)**

Eastleigh, SO53 2DW

Salary:

Negotiable

Type:

Permanent

Employer:

Nuffield Health

[Apply now on NHS Jobs for Theatre Practitioner \(Orthopaedic Scrub\) job \(opens in a new window\)](#) ^[56]

- **Static Orthopaedic Occupational Therapist**

Ascot, SL5 7GB

Salary:

£31469.00 to £38307.00

Type:

Permanent

Employer:

Frimley Health NHS Foundation Trust

[Apply now on NHS Jobs for Static Orthopaedic Occupational Therapist job \(opens in a new window\)](#) ^[57]

- **Clinical/ Counselling Psychologist EIP Trauma focus**

Barking, IG11 9LX

Salary:

£53755.00 to £60504.00

Type:

Fixed-Term

Employer:

NELFT North East London Foundation Trust

[Apply now on NHS Jobs for Clinical/ Counselling Psychologist EIP Trauma focus job \(opens in a new window\)](#) ^[58]

- **Trauma Informed Therapist (Part-time Prisons)**

Salford, M3 7BB

Millom, LA18 4NA

Salary:

£27810.00

Type:

Permanent

Employer:

We Are Survivors

[Apply now on NHS Jobs for Trauma Informed Therapist \(Part-time Prisons\) job \(opens in a new window\)](#) ^[59]

- **Team Lead Physiotherapist (Elective Orthopaedics)**

Exeter, EX2 5DW

Salary:

£37338.00 to £44962.00

Type:

Fixed-Term

Employer:

Royal Devon University Healthcare NHS Foundation Trust
[Apply now on NHS Jobs for Team Lead Physiotherapist \(Elective Orthopaedics\)
job \(opens in a new window\)](#) [60]

• Further information

These organisations have further information about being a trauma and orthopaedic surgeon, particularly as your career progresses. Take a look.

[British Orthopaedic Association](#) [61]

[British Orthopaedic Trainees Association](#) [62]

[Future Orthopaedic Surgeons](#) [63]

[Joint Committee on Intercollegiate Examinations](#) [64]

[The Royal College of Surgeons of England](#) [65]

[The Royal College of Surgeons of Edinburgh](#) [66]

[Royal College of Physicians and Surgeons of Glasgow](#) [67]

And hear from people working as a trauma and orthopaedic surgeon:

[Consultant Trauma and Orthopaedic Surgeon](#) [68]- Council member Royal College of Surgeons

[A career in trauma and orthopaedics](#) [69]- Alexander F Young, Benjamin C Caesar, Lee A David

Other roles that may interest you

- [Anaesthesia](#) [70]
- [Emergency medicine](#) [71]
- [Rheumatology](#) [72]
- [Sport and exercise medicine](#) [73]

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Links

[1] https://www.healthcareers.nhs.uk/glossary#Foundation_training [2]

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<https://www.healthcareers.nhs.uk/explore-roles/doctors/pay-doctors> [4]

<https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/surgery/trauma-and-orthopaedic-surgery/real-life-story-miss-emily-baird> [5] https://www.healthcareers.nhs.uk/glossary#Competition_ratio

[6] <https://foundationprogramme.nhs.uk/> [7] <https://medical.hee.nhs.uk/medical-training->

recruitment/medical-specialty-training [8] <https://beta.jobs.nhs.uk/candidate/jobadvert/C9349-25-1486> [9]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9432-25-0727> [10]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9320-25-0612> [11]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9320-25-0646> [12]
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<https://beta.jobs.nhs.uk/candidate/jobadvert/C9432-25-0610> [19]
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<https://beta.jobs.nhs.uk/candidate/jobadvert/C9377-SURG2462MED> [21]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9208-25-0410> [22]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9309-25-0511> [23]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9234-25-0317> [24]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9234-25-0326> [25]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9264-25-0214> [26]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9289-25-0099> [27]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9409-25-0477> [28]
<https://beta.jobs.nhs.uk/candidate/jobadvert/H9001-25-0342> [29]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9264-25-0215> [30]
<https://beta.jobs.nhs.uk/candidate/jobadvert/C0023-25-1041> [31]
<https://beta.jobs.nhs.uk/candidate/jobadvert/E0051-25-0010> [32]
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<https://beta.jobs.nhs.uk/candidate/jobadvert/H9130-25-0379> [34]
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<https://beta.jobs.nhs.uk/candidate/jobadvert/C9205-25-0611> [37]
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