

Rheumatology

Rheumatologists are doctors who diagnose and manage chronic inflammatory conditions such as rheumatoid arthritis. Rheumatic conditions can affect people at any age.

Those under 16 are generally treated in paediatric rheumatology services, before starting to transition to care within adult rheumatology settings.



Life as a rheumatologist

You'll diagnose and manage musculoskeletal conditions including inflammatory and non-inflammatory disorders, which can affect people's bones, joints, muscles and soft tissues.

You'll treat people with:

- inflammatory joint disease, for example rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis
- degenerative joint disease, for example osteoarthritis
- autoimmune disease ^[1], for example lupus, scleroderma, myositis
- metabolic ^[2] bone disorders, for example osteoporosis
- crystal arthropathies, for example gout or pseudogout
- musculoskeletal infections

Rheumatologists work to improve the lives of children and adults with rheumatic and musculoskeletal disease. You'll spend quite a bit of time in outpatients speaking to and examining patients and undertaking investigations such as plain x-rays, ultrasound ^[3] scans and MRI ^[4] scans.

You'll see inpatient referrals from all over the hospital.

Many rheumatologists do practical procedures such as joint injections and/ or muscle biopsies.

How much can I earn?

You'll first earn a salary when you start your [foundation training](#) ^[5] after medical school. Find out details of current salary ranges for foundation and specialty training, [SAS doctors](#) ^[6] and consultants on the [Pay for doctors](#) ^[7] page.

How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

What are my chances of starting a career as a rheumatologist?

There are approximately 699 rheumatologists working in the NHS in England. In 2020, there were 199 applications for 33 specialty training places.

How to become a rheumatologist

After medical school, you'll join the paid two-year foundation programme [8] where you'll work in six placements in different settings.

After your foundation programme, you can apply for paid specialty training [9] to become a rheumatologist, which will take a minimum of seven years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Where a career as a rheumatologist can take you

You'll have the opportunity to develop sub-specialty interests such as:

- paediatric rheumatology
- metabolic [2] bone disease
- autoimmune multi-system connective tissue diseases

?You may also have opportunities to conduct research or take on education and leadership roles.

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○ Consultant Rheumatologist

Blackpool, FY3 8NR

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Blackpool Teaching Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Consultant Rheumatologist job (opens in a new window) [10]

- **Consultant Rheumatologist**

London, E1 4DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Consultant Rheumatologist job \(opens in a new window\)](#) ^[11]

- **Consultant Rheumatologist**

Worthing, BN11 2DH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

[Apply now on NHS Jobs for Consultant Rheumatologist job \(opens in a new window\)](#) ^[12]

- **Rheumatology Consultant**

Nuneaton, CV10 7DJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

George Eliot Hospital NHS Trust

[Apply now on NHS Jobs for Rheumatology Consultant job \(opens in a new window\)](#) ^[13]

- **Rheumatology Physiotherapist**

Ashton Under Lyne, OL6 7SR

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

Tameside and Glossop Integrated Care NHS Foundation Trust

[Apply now on NHS Jobs for Rheumatology Physiotherapist job \(opens in a new window\)](#) ^[14]

- **Consultant in Rheumatology**

Hull, HU3 2JZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hull University Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant in Rheumatology job \(opens in a new window\)](#) ^[15]

- **Consultant in Rheumatology**

London, SW17 0QT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

St George's University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Rheumatology job \(opens in a new window\)](#) ^[16]

- **Paediatric Rheumatology Consultant**

Leicester, LE1 5WW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals of Leicester NHS Trust

[Apply now on NHS Jobs for Paediatric Rheumatology Consultant job \(opens in a new window\)](#) ^[17]

- **Locum Paediatric Rheumatology Consultant**

Oxford, OX3 9DU

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Oxford University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Locum Paediatric Rheumatology Consultant job \(opens in a new window\)](#) ^[18]

- **Locum Consultant in Rheumatology**

London, W2 1NY

Salary:

Negotiable

Type:

Locum

Employer:

Imperial College Healthcare NHS Trust

[Apply now on NHS Jobs for Locum Consultant in Rheumatology job \(opens in a new window\)](#) ^[19]

- **Locally Employed FY2 Doctor - Rheumatology**

Eastbourne, BN21 2UD

Salary:

£42008.00

Type:

Fixed-Term

Employer:

East Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Locally Employed FY2 Doctor - Rheumatology job \(opens in a new window\)](#) ^[20]

- **Trust Registrar in Rheumatology/GIM**

London, HA1 3UJ

Salary:

£41750.00 to £64288.00

Type:

Fixed-Term

Employer:

London North West University Healthcare NHS Trust

[Apply now on NHS Jobs for Trust Registrar in Rheumatology/GIM job \(opens in a new window\)](#) ^[21]

- **Locally Employed Doctor (Higher) in Rheumatology**

Birmingham, B15 2TH

Salary:

£61825.00

Type:

Fixed-Term

Employer:

University Hospitals Birmingham NHS Foundation Trust

[Apply now on NHS Jobs for Locally Employed Doctor \(Higher\) in Rheumatology job \(opens in a new window\)](#) ^[22]

- **Rheumatology Administrator and Biologics Co-ordinator**

Christchurch, BH23 2JX

Salary:

£26530.00 to £29114.00

Type:

Permanent

Employer:

University Hospitals Dorset NHS Foundation Trust

[Apply now on NHS Jobs for Rheumatology Administrator and Biologics Co-ordinator job \(opens in a new window\)](#) ^[23]

- **Consultant in Rheumatology *Welcome Bonus 20K***

Ipswich, IP4 5PD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Suffolk and North Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Rheumatology *Welcome Bonus 20K* job \(opens in a new window\)](#) ^[24]

- **Locum Consultant in Rheumatology - West Middlesex site**

Isleworth, TW7 6AF

Salary:

£105504.00 to £139882.00

Type:

Locum

Employer:

Chelsea and Westminster Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant in Rheumatology - West Middlesex site job \(opens in a new window\)](#) ^[25]

- **Further information**

These organisations have further information about being a rheumatologist, particularly as your career progresses. Take a look.

[Royal College of Physicians](#) [26]

[Royal College of Physicians of Edinburgh](#) [27]

[Royal College of Physicians and Surgeons of Glasgow](#) [28]

[British Society for Rheumatology](#) [29]

[Arthritis Research UK](#) [30]

And hear from people working in rheumatology:

[Dr Alan J Hakim, consultant in rheumatology and acute medicine \(RCP\)](#) [31]

[Dr Derek Baxter, consultant rheumatologist \(RCPE\)](#) [32]

[Dr Muhammad Farooq Kazmi – ST6, consultant rheumatologist \(RCPE\)](#) [33]

Other roles that may interest you

- [General internal medicine](#) [34]
- [Immunology](#) [35]
- [Rehabilitation medicine](#) [36]
- [Sport and exercise medicine](#) [37]

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Links

[1] https://www.healthcareers.nhs.uk/glossary#Autoimmune_disease [2]
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<https://www.healthcareers.nhs.uk/glossary#Ultrasound> [4] <https://www.healthcareers.nhs.uk/glossary#MRI>
[5] https://www.healthcareers.nhs.uk/glossary#Foundation_training [6]
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