

Home > Explore roles > Doctors > Roles for doctors > Medicine > Respiratory medicine

## **Respiratory medicine**

Doctors working in <u>respiratory</u> [1] medicine diagnose and treat conditions affecting the <u>respiratory</u> [1] system, which includes the nose, throat, larynx, windpipe, lungs and the diaphragm.

One third of all acute medical admissions to hospital are the result of respiratory [1] problems, so you'll experience a busy and varied career.



## Life working in respiratory medicine

You'll diagnose, treat and provide continuous care for adults of all ages with a wide range of respiratory [1] and related conditions. It's an exciting and diverse specialty that requires a grounding in general medicine and expert respiratory [1] knowledge and interventional skills. It draws together elements of many other specialties including:

- oncology
- infectious diseases and public health
- immunology
- palliative care
- intensive care

Assessing patients in outpatients' clinics is an important part of your work. You'll spend time in both general respiratory [1] clinics and specialist clinics.

In a general respiratory [1] clinic, you'll see patients referred by their GP with symptoms such as breathlessness, cough or wheeze or who have an abnormal chest x-ray.

In a specialist respiratory [1] clinic, you'll deal with a range of problems including:

- asthma
- cancer
- cystic fibrosis (an inherited condition that causes sticky secretions in multiple organ systems including the lungs)
- interstitial lung disease (scarring of the lung tissue)
- pulmonary vascular disorders (affecting the circulatory system of the lungs)

- sleep related breathing disorders, for example obstructive sleep apnoea
- tuberculosis or TB (a bacterial lung disease)

You'll also be involved with physiological tests to assess lung function, which indicate how well a patient's lungs are performing and can involve anything from spirometry to exercise testing.

All respiratory [1] units deliver care for people with acute respiratory [1] disease, with some delivering specialist care for diseases, such as cystic fibrosis, pulmonary vascular diseases or lung transplant.

Traditionally a hospital-based role, more and more respiratory [1] services are delivered in the community, and you may be expected to work across both settings.

## How much can I earn?

You'll first earn a salary when you start your <u>foundation training</u> [2] after medical school. Find out details of current salary ranges for foundation and specialty training, <u>SAS doctors</u> [3] and consultants on the <u>Pay for doctors</u> [4] page.

## How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

## **Must-have skills**

- excellent communication skills to manage a relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multiprofessional teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

## **Entry requirements**

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

"Talking to patients is both a privilege and a delight. You can often make a diagnosis by just speaking to them and can make a huge difference to their stay in hospital by taking time to explore their feelings and engage with them and their family on a human level."

Read Tim's story [5].

# What are my chances of starting a career in respiratory medicine?

There are approximately 1240 consultants working in respiratory [1] medicine in the NHS in England. In 2020, there were 407 applications for 74 specialty training places.

## How to become a doctor in respiratory 11 medicine

After medical school, you'll join the paid two-year foundation programme [6] where you'll work in six placements in different settings.

After your foundation programme, you can apply for General Internal Medicine (GIM) training which lasts for three years.

After completing GIM training, you can apply to <u>specialty training</u> [7] in <u>respiratory</u> [1] medicine, which takes four to five years.

You may be able to train part time, with many options for less than full time training available.

## Where a career in respiratory 11 medicine can take you

Respiratory [1] medicine covers a broad range of disease areas, with opportunities to practise general respiratory [1] medicine or choose a sub-specialist interest such as:

- asthma
- cystic fibrosis
- interstitial lung disease
- lung transplantation
- lung cancer
- occupational and environmental lung disease
- sleep disordered breathing and non-invasive ventilatory support

You'll also have opportunities to conduct research and teach.

## Live vacancies

## Find a vacancy

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#### • Respiratory Coordinator

Redhill, RH1 5RH

Salary:

£26530.00 to £29114.00

Type:

Fixed-Term

Employer:

Surrey and Sussex Healthcare NHS Trust Apply now on NHS Jobs for Respiratory Coordinator job (opens in a new window) <sup>[8]</sup>

#### • Respiratory Medicine Consultant

London, N18 1QX Salary: £105504.00 to £139882.00 Type: Permanent Employer: Royal Free London NHS Foundation Trust <u>Apply now on NHS Jobs for Respiratory Medicine Consultant job (opens in a new</u> window) [9]

#### Consultant Respiratory Physician

Wigan, WN1 2NN

Salary: £105504.00 to £139882.00 Type:

Permanent

Employer:

Wrightington Wigan & Leigh Teaching Hospitals NHS Foundation Trust Apply now on NHS Jobs for Consultant Respiratory Physician job (opens in a new window) [10]

#### Respiratory Speciality Doctor

Grimsby, DN33 2BA

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Northern Lincolnshire and Goole NHS Foundation Trust Apply now on NHS Jobs for Respiratory Speciality Doctor job (opens in a new window) [11]

#### Respiratory Research Fellow

Lancaster, LA1 4RP Salary: £49909.00 to £61825.00 Type: Fixed-Term Employer: University Hospitals of Morecambe Bay NHS Trust Apply now on NHS Jobs for Respiratory Research Fellow job (opens in a new window) [12]

#### Respiratory Therapy Lead

Plymouth, PL1 4JZ Salary: £46148.00 to £52809.00 Type: Permanent Employer: Livewell Southwest Apply now on NHS Jobs for Respiratory Therapy Lead job (opens in a new window) [13]

#### Consultant in Respiratory Medicine

Middlesbrough, TS4 3BW

Salary: Negotiable Type: Permanent Employer: South Tees Hospitals NHS Foundation Trust Apply now on NHS Jobs for Consultant in Respiratory Medicine job (opens in a new window) [14]

#### • Consultant in Respiratory Medicine

Sutton-In-Ashfield, NG17 4JL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Sherwood Forest Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Consultant in Respiratory Medicine job (opens in a <u>new window)</u> [15]

#### Consultant in Respiratory Medicine

Margate, CT9 4AN

Salary: £105504.00 to £139882.00 Type: Permanent Employer: East Kent Hospitals University NHS Foundation Trust Apply now on NHS Jobs for Consultant in Respiratory Medicine job (opens in a <u>new window)</u> [16]

#### • Locum Consultant Respiratory Medicine

Middlesbrough, TS4 3BW Salary: £105504.00 to £139882.00 Type: Locum Employer: South Tees Hospitals NHS Foundation Trust Apply now on NHS Jobs for Locum Consultant Respiratory Medicine job (opens in a new window) [17]

#### • Consultant in Respiratory Medicine

#### WOLVERHAMPTON, WV10 0QP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Royal Wolverhampton NHS Trust Apply now on NHS Jobs for Consultant in Respiratory Medicine job (opens in a new window) [18]

#### • Consultant in Respiratory & General Medicine

Carlisle/Whitehaven, CA2 7HY

Salary: £93666.00 to £126281.00 Type: Permanent Employer: North Cumbria Integrated Care NHS Foundation Trust <u>Apply now on NHS Jobs for Consultant in Respiratory & General Medicine job</u> (opens in a new window) [19]

#### • Fixed Term Consultant Respiratory Medicine

Lincoln, LN2 5QY

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

United Lincolnshire Hospitals NHS Trust

<u>Apply now on NHS Jobs for Fixed Term Consultant Respiratory Medicine job</u> (opens in a new window) [20]

#### • Clinical Research Fellow Respiratory Medicine

London, SW10 9NH Salary: £49909.00 to £61825.00 Type: Fixed-Term Employer: Chelsea and Westminster Hospital NHS Foundation Trust Apply now on NHS Jobs for Clinical Research Fellow Respiratory Medicine job (opens in a new window) [21]

#### Specialty Doctor in Respiratory Medicine

Chichester, West Sussex, PO19 6SE

Salary: £59175.00 to £95400.00 Type: Permanent Employer: University Hospitals Sussex NHS Foundation Trust (279) Apply now on NHS Jobs for Specialty Doctor in Respiratory Medicine job (opens in a new window) [22]

#### Locum Consultant in Respiratory Medicine

Wakefield, WF14DG

Salary:

£105504.00 to £139882.00 Type: Locum Employer: The Mid Yorkshire Teaching NHS Trust Apply now on NHS Jobs for Locum Consultant in Respiratory Medicine job (opens in a new window) [23]

#### Locum Respiratory Consultant with General Medicine

Carlisle, CA2 7HY

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

North Cumbria Integrated Care NHS Foundation Trust Apply now on NHS Jobs for Locum Respiratory Consultant with General Medicine job (opens in a new window) [24]

## Further information

These organisations have further information about being a doctor in respiratory [1] medicine, particularly as your career progresses. Take a look.

Royal College of Physicians [25]

Royal College of Physicians of Edinburgh [26]

Royal College of Physicians and Surgeons of Glasgow [27]

British Thoracic Society [28]

And hear from people working in respiratory [1] medicine:

Specialty spotlight - respiratory medicine [29]

A career in respiratory medicine (BMJ) [30]

Dr Chris Davies, consultant in respiratory medicine (RCP) [31]

Dr Ahsan Akram – ST5, respiratory medicine (RCPE) [32]

Dr Gourab Choudhury – ST6, respiratory medicine (RCPE) [33]

## Other roles that may interest you

- Gastroenterology [34]
- Intensive care medicine [35]
- General internal medicine [36]
- Palliative medicine [37]

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#### Links

[1] https://www.healthcareers.nhs.uk/glossary#Respiratory [2] https://www.healthcareers.nhs.uk/glossary#Foundation\_training [3] https://www.healthcareers.nhs.uk/explore-roles/doctors/career-opportunities-doctors/sas-doctors [4] https://www.healthcareers.nhs.uk/explore-roles/doctors/pay-doctors [5] https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/respiratory-medicine/reallife-story-tim-robbins [6] https://foundationprogramme.nhs.uk/ [7] https://specialtytraining.hee.nhs.uk/ [8] https://beta.jobs.nhs.uk/candidate/jobadvert/C9326-25-0337 [9] https://beta.jobs.nhs.uk/candidate/jobadvert/C9391-25-1204 [10] https://beta.jobs.nhs.uk/candidate/jobadvert/C9302-25-0355 [11] https://beta.jobs.nhs.uk/candidate/jobadvert/C9208-25-0445 [12] https://beta.jobs.nhs.uk/candidate/jobadvert/C9331-25-0596 [13] https://beta.jobs.nhs.uk/candidate/jobadvert/B9832-2025-PTA-1528 [14] https://beta.jobs.nhs.uk/candidate/jobadvert/C9328-25-0330 [15] https://beta.jobs.nhs.uk/candidate/jobadvert/C9214-25-0502 [16] https://beta.jobs.nhs.uk/candidate/jobadvert/C9344-25-0653 [17] https://beta.jobs.nhs.uk/candidate/jobadvert/C9328-25-0606 [18] https://beta.jobs.nhs.uk/candidate/jobadvert/C9225-25-0280 [19] https://beta.jobs.nhs.uk/candidate/jobadvert/C9262-23-1729 [20] https://beta.jobs.nhs.uk/candidate/jobadvert/C9357-25-0539 [21] https://beta.jobs.nhs.uk/candidate/jobadvert/C9289-CR-22 [22] https://beta.jobs.nhs.uk/candidate/jobadvert/C9279-25-1150 [23] https://beta.jobs.nhs.uk/candidate/jobadvert/C9377-CARP4592MED [24] https://beta.jobs.nhs.uk/candidate/jobadvert/C9262-25-0750 [25] http://www.rcplondon.ac.uk/ [26]

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