

Allergy

Allergists are doctors who diagnose and manage people affected by a wide range of allergic conditions such as asthma, eczema and food and drug allergies.

You'll work with a wide range of patients and conditions in what is a fascinating role.

Doctor and nurse at PC

Life as an allergist

Increasingly, allergists specialise in paediatric or adult allergy, but you may see patients of all ages and from diverse backgrounds.

You'll experience a huge variety of conditions. On any given day, you'll desensitise a patient to a life-threatening allergy such as wasp venom or peanuts, manage a patient with severe asthma, diagnose allergy and interpret allergy tests.

Conditions can affect every part of the human body. Some people have allergic responses if substances are ingested through the lungs, the skin, the stomach, or mucous membranes such as the lining of the eye.

Conditions you'll treat include:

- asthma
- hay fever
- dermatitis
- eczema
- [urticaria](#) ^[1] (a raised, itchy rash on the skin known as hives, nettle rash and welts)
- [angioedema](#) ^[2] (the swelling of deeper layers of skin caused by a build-up of fluid)

Common procedures and interventions include:

- skin prick, RAST (blood), patch and food tests to identify what is triggering a patient's allergy
- desensitisation treatments
- [corticosteroid](#) ^[3] treatments to suppress allergic reactions such as vasculitis (chronic inflammation of the blood vessels)
- prescription of antihistamines to treat [urticaria](#) ^[1] (skin rashes)

- injection of adrenaline to treat anaphylaxis (an immediate and potentially life-threatening allergic reaction)
- treatment of allergic rhinitis with antihistamine drugs
- intramuscular adrenaline and antihistamine treatment for angio-oedema ^[4] (build-up of fluid beneath the skin)
- lung x-rays, blood tests and lung function tests to assist in the diagnosis of extrinsic allergic alveolitis (resulting from prolonged exposure to animal and vegetable dusts)

In the past 30 years, the incidence of allergic disease has increased by over a third worldwide. Consequently, there is an increase in demand for allergists while opportunities for research and teaching are also on the rise.

How much can I earn?

You'll first earn a salary when you start your foundation training ^[5] after medical school. Find out details of current salary ranges for foundation and specialty training, SAS doctors ^[6] and consultants on the 'Pay for doctors' ^[7] page.

How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

In addition, allergists need to demonstrate:

- an interest in working across the full spectrum of organs and body systems
- functional abilities such as observation, analysis and assessment, recording, manual dexterity, practical and procedural skills

Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many

medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

"For me, the interest in allergy comes mainly from the variety of patients we see. We deal with conditions involving almost every part of human body, literally from heads to toes, and often the psyche too. The presence or absence of allergy (in almost equal measures) is the common denominator."

[Read Joanna's story](#) ^[8].

How to become an allergist

After medical school, you'll join the paid two-year [foundation programme](#) ^[9] where you'll work in six placements in different settings.

After your foundation programme, you can apply for paid [specialty training](#) ^[10] to become an allergist, which will take a minimum of five years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Where a career as an allergist can take you

You could:

- specialise or conduct research
- teach medical students or postgraduate students in training?
- get involved in research at universities, the NHS or private sector

• **Live vacancies**

Find a vacancy

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- **Senior Clinical Fellow Allergy**

London, SE5 9RS

Salary:

£37068.00 to £57570.00

Type:

Fixed-Term

Employer:

King's College Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Senior Clinical Fellow Allergy job \(opens in a new window\)](#) ^[11]

- **Locum Consultant in Paediatric Allergy**

London, W2 1NY

Salary:

Negotiable

Type:

Locum

Employer:

Imperial College Healthcare NHS Trust

[Apply now on NHS Jobs for Locum Consultant in Paediatric Allergy job \(opens in a new window\)](#) ^[12]

- **Clinical Fellow in Gastro-intestinal Allergy and Mucosal Immunology**

London, WC1N 3JH

Salary:

£54468.00 to £64288.00

Type:

Fixed-Term

Employer:

Great Ormond Street Hospital for Children NHS Foundation Trust

[Apply now on NHS Jobs for Clinical Fellow in Gastro-intestinal Allergy and Mucosal Immunology job \(opens in a new window\)](#) ^[13]

- **ENT Doctor**

Worthing, BN11 3BN

Salary:

Negotiable

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for ENT Doctor job \(opens in a new window\)](#) ^[14]

- **Specialty Doctor**

London, UB1 3EU

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

West London NHS Trust

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) ^[15]

- **Specialty Doctor**

London, TW3 3EL

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

West London NHS Trust

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) ^[16]

- **ENT Doctor**

Canterbury, CT1 1BN

Salary:

Negotiable

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for ENT Doctor job \(opens in a new window\)](#) ^[17]

- **Specialty Doctor**

London, SE5 8UH

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Guy's and St Thomas' NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) ^[18]

- **Specialty Doctor**

Wallingford,, OX10 6SL

Salary:

£59175.00

Type:

Fixed-Term

Employer:

Sue Ryder

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) ^[19]

- **Specialty Doctor**

Bury, BL8 2BS

Salary:

£85000.00

Type:

Permanent

Employer:

Cygnnet Health Care

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) ^[20]

- **Specialty Doctor**

Hounslow, TW3 1SE

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

West London NHS Trust

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) ^[21]

- **Specialty Doctor in Neonatal**

Stoke-on-Trent, ST4 6QG

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

University Hospital of North Midlands NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Neonatal job \(opens in a new window\)](#) ^[22]

- **Specialty Doctor in Anaesthetics**

Rotherham, S60 2UD

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

The Rotherham NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Anaesthetics job \(opens in a new window\)](#) ^[23]

- **Specialist Doctor in Ophthalmology**

Harlow, CM20 1QX

Salary:

£96990.00 to £107155.00

Type:

Fixed-Term

Employer:

The Princess Alexandra Hospital NHS Trust

[Apply now on NHS Jobs for Specialist Doctor in Ophthalmology job \(opens in a new window\)](#) ^[24]

- **Specialty Doctor in Gastroenterology**

Sutton-in-Ashfield, NG17 4JL

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Sherwood Forest Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Gastroenterology job \(opens in a new window\)](#) ^[25]

- **Specialty Doctor in Ophthalmology**

Rotherham, S60 2UD

Rotherham, S60 1RY

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

The Rotherham NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Ophthalmology job \(opens in a new window\)](#) ^[26]

- **Trust Doctor in Oncology**

Cottingham, HU16 5JQ

Salary:

£49909.00

Type:

Fixed-Term

Employer:

Hull University Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Trust Doctor in Oncology job \(opens in a new window\)](#) ^[27]

- **Specialty Doctor in Dermatology**

Chesterfield, S44 5BL

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Chesterfield Royal Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Dermatology job \(opens in a new window\)](#) ^[28]

- **Specialty Doctor in Acute Medicine**

Torquay, TQ2 7AA

Salary:

Negotiable

Type:

Permanent

Employer:

Torbay and South Devon NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Acute Medicine job \(opens in a new window\)](#) ^[29]

- **SPECIALIST DOCTOR IN PAEDIATRIC OTOLARYNGOLOGY**

Manchester, M13 9WL

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for SPECIALIST DOCTOR IN PAEDIATRIC OTOLARYNGOLOGY job \(opens in a new window\)](#) ^[30]

- **Trust Doctor in Neonatal Transport**

London, E1 1FR

Salary:

£47524.00 to £64288.00

Type:

Fixed-Term

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Trust Doctor in Neonatal Transport job \(opens in a new window\)](#) ^[31]

- **Specialty Doctor in Emergency Medicine**

Redhill, RH1 5RH

Salary:

£61542.00 to £99216.00

Type:

Fixed-Term

Employer:

Surrey and Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job \(opens in a new window\)](#) ^[32]

- **Specialty Doctor in Forensic Psychiatry**

Middlesbrough, TS4 3AF

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Tees Esk and Wear Valleys NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Forensic Psychiatry job \(opens in a new window\)](#) ^[33]

- **Specialty Doctor in Breast Clinician**

Manchester, M8 5RB

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Breast Clinician job \(opens in a new window\)](#) ^[34]

- **Specialty Doctor in Breast Surgery**

Llanelli, SA14 8QF

Salary:

Negotiable

Type:

Permanent

Employer:

Hywel Dda University Health Board

[Apply now on NHS Jobs for Specialty Doctor in Breast Surgery job \(opens in a new window\)](#) ^[35]

- **Specialty Doctor in Acute Ophthalmology**

Manchester, M13 9WL

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Acute Ophthalmology job \(opens in a new window\)](#) ^[36]

- **Specialty Doctor in Eating Disorder**

Cheltenham, GL51 9EZ

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Gloucestershire Health and Care NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Eating Disorder job \(opens in a new window\)](#) ^[37]

- **Specialty Doctor in Emergency Medicine**

Preston, PR2 9HT

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Lancashire Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job \(opens in a new window\)](#) ^[38]

- **Specialty Doctor in Endocrine Medicine**

Truro, TR1 3LJ

Salary:

£61825.00

Type:

Permanent

Employer:

Royal Cornwall Hospitals Trust

[Apply now on NHS Jobs for Specialty Doctor in Endocrine Medicine job \(opens in a new window\)](#) ^[39]

- **Specialist Doctor in Community Paediatrics**

Lancaster, LA1 4RP

Salary:

£96990.00 to £107155.00

Type:

Permanent

Employer:

University Hospitals of Morecambe Bay NHS Trust

[Apply now on NHS Jobs for Specialist Doctor in Community Paediatrics job \(opens in a new window\)](#) ^[40]

- **Specialty Doctor in Stroke Medicine**

Redhill, RH1 5RH

Salary:

£61542.00 to £99216.00

Type:

Fixed-Term

Employer:

Surrey and Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Stroke Medicine job \(opens in a new window\)](#) ^[41]

- **Specialty Doctor - Dermatology**

Scunthorpe, DN15 6HX

Salary:

£59000.00 to £95400.00

Type:

Permanent

Employer:

HCRG Care Group

[Apply now on NHS Jobs for Specialty Doctor - Dermatology job \(opens in a new window\)](#) ^[42]

- **Specialty Doctor Ophthalmology**

Hereford, HR1 2ER

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Wye Valley NHS Trust

[Apply now on NHS Jobs for Specialty Doctor Ophthalmology job \(opens in a new window\)](#) ^[43]

- **Salaried GP (Doctor)**

London, N1 5HZ

Salary:

Negotiable

Type:

Permanent

Employer:

The Lawson Practice

[Apply now on NHS Jobs for Salaried GP \(Doctor\) job \(opens in a new window\)](#) ^[44]

- **Speciality Doctor - Anaesthetics**

Chelmsford, CM17ET

Salary:

£61542.00

Type:

Permanent

Employer:

Mid and South Essex NHS Foundation Trust

[Apply now on NHS Jobs for Speciality Doctor - Anaesthetics job \(opens in a new window\)](#) ^[45]

- **Specialty Doctor Radiology**

Buckinghamshire, HP21 8AL

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Buckinghamshire Healthcare NHS Trust

[Apply now on NHS Jobs for Specialty Doctor Radiology job \(opens in a new window\)](#) ^[46]

- **Glaucoma Specialty Doctor**

Southampton, SO16 6YD

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

University Hospital Southampton NHS Trust

[Apply now on NHS Jobs for Glaucoma Specialty Doctor job \(opens in a new window\)](#) ^[47]

- **Specialty Doctor MHSOP**

Penarth, CF64 2XX

Salary:

£59727.00 to £95400.00

Type:

Permanent

Employer:

Cardiff and Vale University Health Board
[Apply now on NHS Jobs for Specialty Doctor MHSOP job \(opens in a new window\)](#)
[48]

- **Specialty Doctor - Dermatology**

Gainsborough, DN21 2BH

Salary:

£59000.00 to £95400.00

Type:

Permanent

Employer:

HCRG Care Group

[Apply now on NHS Jobs for Specialty Doctor - Dermatology job \(opens in a new window\)](#) [49]

- **Perioperative Medical Doctor**

Shepton Mallet, BA4 4LP

Salary:

Negotiable

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Perioperative Medical Doctor job \(opens in a new window\)](#) [50]

- **Specialty Doctor Anaesthetics**

Dorchester, DT1 2JY

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Dorset County Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor Anaesthetics job \(opens in a new window\)](#) [51]

- **Resident Doctor Paediatrics**

London, W1W 5AH

Salary:

Negotiable

Type:

Permanent
Employer:
HCA Healthcare UK
[Apply now on NHS Jobs for Resident Doctor Paediatrics job \(opens in a new window\)](#) ^[52]

- **SAS - Speciality Doctor**

London, N18 1QX

Salary:
£59175.00 to £95400.00

Type:
Permanent

Employer:
Royal Free London NHS Foundation Trust
[Apply now on NHS Jobs for SAS - Speciality Doctor job \(opens in a new window\)](#) ^[53]

- **Resident Doctor Oncology**

London, W1G 8BJ

Salary:
Negotiable

Type:
Permanent

Employer:
HCA Healthcare UK
[Apply now on NHS Jobs for Resident Doctor Oncology job \(opens in a new window\)](#) ^[54]

- **Senior Trust Doctor**

London, NW1 2BU

Salary:
£61825.00

Type:
Fixed-Term

Employer:
University College London Hospitals NHS Foundation Trust
[Apply now on NHS Jobs for Senior Trust Doctor job \(opens in a new window\)](#) ^[55]

- **Specialty Doctor Ophthalmology**

Swindon, SN3 6BB

Salary:
£59175.00 to £95400.00

Type:

Permanent

Employer:

Great Western Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor Ophthalmology job \(opens in a new window\)](#) ^[56]

- **Specialty Doctor in Developmental Paediatrics - Guildford**

Guildford, GU3 1LT

Salary:

£51260.00 to £94306.00

Type:

Permanent

Employer:

HCRG Care Group

[Apply now on NHS Jobs for Specialty Doctor in Developmental Paediatrics - Guildford job \(opens in a new window\)](#) ^[57]

- **Trust Doctor in Paediatrics (ST1-3)**

Exeter, EX2 5DW

Salary:

£52656.00 to £65048.00

Type:

Fixed-Term

Employer:

Royal Devon University Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Trust Doctor in Paediatrics \(ST1-3\) job \(opens in a new window\)](#) ^[58]

- **Specialty Doctor in Oral Maxillofacial Surgery**

London, E9 6SR

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Homerton Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Oral Maxillofacial Surgery job \(opens in a new window\)](#) ^[59]

- **Dermatologist - Consultant, Specialty Doctor or GPwER**

Whitstable, CT5 3SE
Canterbury, CT1 1WL
Ramsgate, CT11 8AD
Canterbury, CT1 3NR
Folkestone, CT19 4RH
Sittingbourne, ME10 4XX

Salary:

Negotiable

Type:

Permanent

Employer:

Whitstable Medical Practice

[Apply now on NHS Jobs for Dermatologist - Consultant, Specialty Doctor or GPwER job \(opens in a new window\)](#) ^[60]

- **Speciality Doctor in Anaesthesia & Intensive Care**

Braddan, IM4 4RJ

Salary:

£53555.00 to £103000.00

Type:

Permanent

Employer:

Manx Care

[Apply now on NHS Jobs for Speciality Doctor in Anaesthesia & Intensive Care job \(opens in a new window\)](#) ^[61]

- **Speciality Doctor in Medical Retina Ophthalmology**

Cardiff, CF14 2XW

Salary:

£59727.00 to £95400.00

Type:

Fixed-Term

Employer:

Cardiff and Vale University Health Board

[Apply now on NHS Jobs for Speciality Doctor in Medical Retina Ophthalmology job \(opens in a new window\)](#) ^[62]

- **Specialty Doctor in Obstetrics and Gynaecology**

Bradford, BD9 6RJ

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Bradford Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Obstetrics and Gynaecology job \(opens in a new window\)](#) ^[63]

- **Specialty Doctor in Developmental Paediatrics - Chertsey**

Chertsey, KT16 0FA

Salary:

£51260.00 to £94306.00

Type:

Permanent

Employer:

HCRG Care Group

[Apply now on NHS Jobs for Specialty Doctor in Developmental Paediatrics - Chertsey job \(opens in a new window\)](#) ^[64]

- **Specialty Doctor in Intermediate Care/Frailty**

Ebbw Vale, NP23 6GL

Salary:

£59727.00 to £95400.00

Type:

Permanent

Employer:

Aneurin Bevan University Health Board

[Apply now on NHS Jobs for Specialty Doctor in Intermediate Care/Frailty job \(opens in a new window\)](#) ^[65]

- **Specialty Doctor in Adult Cystic Fibrosis**

Llandough, Penarth, CF64 2XX

Salary:

£62117.00 to £99216.00

Type:

Permanent

Employer:

Cardiff and Vale University Health Board

[Apply now on NHS Jobs for Specialty Doctor in Adult Cystic Fibrosis job \(opens in a new window\)](#) ^[66]

- **Bank Doctor in General Medicine (ST3+)**

Victoria Road, Macclesfield, SK10 3BL

Salary:

Negotiable

Type:

Bank

Employer:

East Cheshire NHS Trust

[Apply now on NHS Jobs for Bank Doctor in General Medicine \(ST3+\) job \(opens in a new window\)](#) ^[67]

- **Senior Locally Employed Doctor in Nephrology**

Manchester, M139WL

Salary:

£61825.00

Type:

Permanent

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for Senior Locally Employed Doctor in Nephrology job \(opens in a new window\)](#) ^[68]

- **Specialty Doctor in Adult Mental Health**

Darlington, DL2 2TS

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Tees Esk and Wear Valleys NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Adult Mental Health job \(opens in a new window\)](#) ^[69]

- **Ophthalmology Specialist Doctor in Medical Retina**

Romford, RM7 0AG

Salary:

£83945.00 to £95275.00

Type:

Fixed-Term

Employer:

Barking, Havering and Redbridge University Hospitals NHS Trust

[Apply now on NHS Jobs for Ophthalmology Specialist Doctor in Medical Retina job \(opens in a new window\)](#) ^[70]

- **Further information**

These organisations have further information about being a doctor in allergy, particularly as your career progresses. Take a look.

[Royal College of Physicians](#) ^[71]

[Royal College of Physicians of Edinburgh](#) ^[72]

[Royal College of Physicians and Surgeons of Glasgow](#) ^[73]

[British Society for Allergy and Clinical Immunology \(BSACI\)](#) ^[74]

Other roles that may interest you

- [Immunology](#) ^[75]
- [Respiratory medicine](#) ^[76]
- [Dermatology](#) ^[77]
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