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# **Allergy**

Allergists are doctors who diagnose and manage people affected by a wide range of allergic conditions such as asthma, eczema and food and drug allergies.

You'll work with a wide range of patients and conditions in what is a fascinating role.

Doctor and nurse at PC

# Life as an allergist

Increasingly, allergists specialise in paediatric or adult allergy, but you may see patients of all ages and from diverse backgrounds.

You'll experience a huge variety of conditions. On any given day, you'll desensitise a patient to a life-threatening allergy such as wasp venom or peanuts, manage a patient with severe asthma, diagnose allergy and interpret allergy tests.

Conditions can affect every part of the human body. Some people have allergic responses if substances are ingested through the lungs, the skin, the stomach, or mucous membranes such as the lining of the eye.

Conditions you'll treat include:

- asthma
- hay fever
- dermatitis
- eczema
- urticaria [1] (a raised, itchy rash on the skin known as hives, nettle rash and welts)
- angioedema [2] (the swelling of deeper layers of skin caused by a build-up of fluid)

Common procedures and interventions include:

- skin prick, RAST (blood), patch and food tests to identify what is triggering a patient's allergy
- desensitisation treatments
- corticosteroid [3] treatments to suppress allergic reactions such as vasculitis (chronic inflammation of the blood vessels)
- prescription of antihistamines to treat urticaria [1] (skin rashes)

- injection of adrenaline to treat anaphylaxis (an immediate and potentially life-threatening allergic reaction)
- treatment of allergic rhinitis with antihistamine drugs
- intramuscular adrenaline and antihistamine treatment for angio-oedema [4] (build-up of fluid beneath the skin)
- lung x-rays, blood tests and lung function tests to assist in the diagnosis of extrinsic allergic alveolitis (resulting from prolonged exposure to animal and vegetable dusts)

In the past 30 years, the incidence of allergic disease has increased by over a third worldwide. Consequently, there is an increase in demand for allergists while opportunities for research and teaching are also on the rise.

### How much can I earn?

You'll first earn a salary when you start your <u>foundation training</u> [5] after medical school. Find out details of current salary ranges for foundation and specialty training, <u>SAS doctors</u> [6] and consultants on the <u>'Pay for doctors'</u> [7] page.

### How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- · excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

### **Must-have skills**

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding?organisational?ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

In addition, allergists need to demonstrate:

- an interest in working across the full spectrum of organs and body systems
- functional abilities such as observation, analysis and assessment, recording, manual dexterity, practical and procedural skills

# **Entry requirements**

Your first step is medical school. Typically, you'll need excellent GCSEs and?three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many

medical schools also ask for biology and others may require?maths?or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test.?You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

"For me, the interest in allergy comes mainly from the variety of patients we see. We deal with conditions involving almost every part of human body, literally from heads to toes, and often the psyche too. The presence or absence of allergy (in almost equal measures) is the common denominator."

Read Joanna's story [8].

# How to become an allergist

After medical school, you'll join the paid two-year <u>foundation?programme</u> [9]?where you'll work in six placements in different settings.

After?your?foundation?programme, you can apply for paid <u>specialty training</u> [10] to become an allergist, which will take?a minimum of five years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

# Where a career as an allergist can take you

You could:

- specialise?or conduct research
- teach medical students or postgraduate students in training?
- get involved in research at universities, the NHS or private sector

# Live vacancies

### Find a vacancy

#### Enter your location or postcode

#### Show results within

#### Search

#### Locum Consultant In Allergy & Immunology

Leeds, LS9 7TF

Salary:

£109725.00 to £145478.00

Type:

Locum

Employer:

Leeds Teaching Hospitals

Apply now on NHS Jobs for Locum Consultant In Allergy & Immunology job (opens in a new window) [11]

#### Trust StR Higher Doctor in Immunology/Allergy

Plymouth, PL68DH

Salary:

£61825.00

Type:

Fixed-Term

Employer:

University Hospitals Plymouth NHS Trust

Apply now on NHS Jobs for Trust StR Higher Doctor in Immunology/Allergy job (opens in a new window) [12]

### Paediatric Allergy Consultant

Liverpool, L12 2AP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Alder Hey Children's NHS Foundation Trust

Apply now on NHS Jobs for Paediatric Allergy Consultant job (opens in a new window) [13]

### Locum Consultant in Paediatric Allergy

```
London, SE1 7EH

Salary:
£105504.00 to £139882.00

Type:
Fixed-Term

Employer:
Guy's and St Thomas' NHS Foundation Trust

Apply now on NHS Jobs for Locum Consultant in Paediatric Allergy job (opens in a new window) [14]
```

#### Advanced Allergy Dietitian (Adults and Paediatrics)

Southampton, SO16 6YD

Salary:

£47810.00 to £54710.00

Type:

Fixed-Term

Employer:

University Hospital Southampton NHS Trust

Apply now on NHS Jobs for Advanced Allergy Dietitian (Adults and Paediatrics) job (opens in a new window) [15]

#### Dermatology Doctor

Swindon, SN3 3RB

Salary:

£550.00

Type:

Bank

Employer:

CHEC

Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [16]

#### Dermatology Doctor

Wandsworth, SW18 4WW

Salary:

£550.00

Type:

Bank

Employer:

**CHEC** 

Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [17]

### Specialty Doctor

```
Leeds, LS12 3QE
  Salary:
       £70901.00 to £99216.00
  Type:
       Fixed-Term
  Employer:
       Leeds and York Partnership NHS Foundation Trust
  Apply now on NHS Jobs for Specialty Doctor job (opens in a new window) [18]
ENT Doctor
  Worthing, BN11 3BN
  Salary:
       Negotiable
  Type:
       Bank
  Employer:
       CHEC
  Apply now on NHS Jobs for ENT Doctor job (opens in a new window) [19]
Dermatology Doctor
  London, SE14 6BL
  Salary:
       £550.00
  Type:
       Bank
  Employer:
       CHEC
  Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [20]

    ENT Doctor

  Canterbury, CT1 1BN
  Salary:
       Negotiable
  Type:
       Bank
  Employer:
       CHEC
  Apply now on NHS Jobs for ENT Doctor job (opens in a new window) [21]

    Dermatology Doctor

  Slough, SL1 2EJ
```

```
Salary:
       £550.00
 Type:
       Bank
 Employer:
       CHEC
 Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [22]
Dermatology Doctor
 Slough, SL1 2EJ
 Salary:
       £550.00
 Type:
       Bank
 Employer:
       CHEC
 Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [23]
Specialty Doctor
 Kewstoke, BS22 9UZ
 Salary:
       £90000.00 to £90000.00
 Type:
       Permanent
 Employer:
       Cygnet Health Care
 Apply now on NHS Jobs for Specialty Doctor job (opens in a new window) [24]
Speciality Doctor
 Southall, UB2 4SD
 Salary:
       £59175.00 to £95400.00
 Type:
       Permanent
 Employer:
       West London NHS Trust
 Apply now on NHS Jobs for Speciality Doctor job (opens in a new window) [25]

    Specialist Doctor

 Coxheath, ME17 4AH
 Salary:
       £59175.00 to £95400.00
```

```
Type:
       Permanent
 Employer:
       Kent Community Health NHS Foundation Trust
 Apply now on NHS Jobs for Specialist Doctor job (opens in a new window) [26]
Dermatology Doctor
 Leicester, LE1 2BU
 Salary:
       Negotiable
 Type:
       Permanent
 Employer:
       CHEC
 Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [27]

    Speciality Doctor

 Lichfield, WS14 9LH
 Salary:
       Negotiable
 Type:
       Permanent
 Employer:
       St Giles Hospice
 Apply now on NHS Jobs for Speciality Doctor job (opens in a new window) [28]

    Specialty Doctor

 London, SE5 8UH
 Salary:
       £59175.00 to £95400.00
 Type:
       Permanent
 Employer:
       Guy's and St Thomas' NHS Foundation Trust
 Apply now on NHS Jobs for Specialty Doctor job (opens in a new window) [29]

    Dermatology Doctor

 Canterbury, CT1 1BN
 Salary:
       £550.00
  Type:
       Bank
```

```
Employer:
       CHEC
 Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [30]
Specialist Doctor
  Doncaster, DN4 0QP
 Salary:
       £100870.00 to £111441.00
 Type:
       Permanent
 Employer:
       Rotherham Doncaster and South Humber NHSFT
 Apply now on NHS Jobs for Specialist Doctor job (opens in a new window) [31]

    Speciality Doctor

 Workington, CA14 2AL
 Salary:
       £105000.00 to £115000.00
 Type:
       Permanent
 Employer:
       Humankind Charity
 Apply now on NHS Jobs for Speciality Doctor job (opens in a new window) [32]

    Dermatology Doctor

 Worthing, BN11 3BN
 Salary:
       £550.00
 Type:
       Bank
 Employer:
       CHEC
 Apply now on NHS Jobs for Dermatology Doctor job (opens in a new window) [33]
BASMU Doctor
 Plymouth, PL6 8DH
 Salary:
       £61825.00
 Type:
       Fixed-Term
 Employer:
       University Hospitals Plymouth NHS Trust
```

#### Specialty Doctor

Brunel Road, , RG7 4AB Reading, , RG30 2DX Crowmarsh Wallingford, OX10 6SL

Salary:

£59175.00

Type:

Fixed-Term

Employer:

Sue Ryder

Apply now on NHS Jobs for Specialty Doctor job (opens in a new window) [35]

#### Trust Doctor in Anaesthesia

Leeds, LS9 7TF Leeds, LS13EX

Salary:

£61825.00

Type:

Fixed-Term

Employer:

Leeds Teaching Hospitals

Apply now on NHS Jobs for Trust Doctor in Anaesthesia job (opens in a new window) [36]

### Specialty Doctor in Psychiatry

St Helens, WA9 3DE

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Mersey Care NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Psychiatry job (opens in a new window) [37]

### Specialty Doctor in Rheumatology

Bristol, BS10 5NB

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

North Bristol NHS Trust

Apply now on NHS Jobs for Specialty Doctor in Rheumatology job (opens in a new window) [38]

#### SAS Doctor in ENT

Torquay, TQ2 7AA

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Torbay and South Devon NHS Foundation Trust

Apply now on NHS Jobs for SAS Doctor in ENT job (opens in a new window) [39]

#### Registrar Doctor in Haematology

Chlesea, SW3 6JJ

Salary:

£61825.00 to £70425.00

Type:

Fixed-Term

Employer:

The Royal Marsden NHS Foundation Trust

Apply now on NHS Jobs for Registrar Doctor in Haematology job (opens in a new window) [40]

### Specialty Doctor in ENT

Wakefield, WF14DG

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

The Mid Yorkshire Teaching NHS Trust

Apply now on NHS Jobs for Specialty Doctor in ENT job (opens in a new window)
[41]

### Specialty Doctor in Forensic Psychiatry

Gloucester, GL1 3WL

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Gloucestershire Health and Care NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Forensic Psychiatry job (opens in a new window) [42]

#### Trust Grade Doctor in ENT

London, NW1 2BU

Salary:

£52656.00

Type:

Fixed-Term

Employer:

University College London Hospitals NHS Foundation Trust Apply now on NHS Jobs for Trust Grade Doctor in ENT job (opens in a new window) [43]

#### Staff Specialist Doctor in Neurorehabilitation

Bristol, BS16 2UU

Salary:

£75000.00

Type:

Permanent

Employer:

**Active Care Group** 

Apply now on NHS Jobs for Staff Specialist Doctor in Neurorehabilitation job (opens in a new window) [44]

### Specialty Doctor in Palliative Medicine

Swindon, SN4 9BY

Salary:

Negotiable

Type:

Permanent

Employer:

**Prospect Hospice** 

Apply now on NHS Jobs for Specialty Doctor in Palliative Medicine job (opens in a new window) [45]

### Specialty Doctor in Liaison Psychiatry

Harrogate, HG27SX

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Tees Esk and Wear Valleys NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Liaison Psychiatry job (opens in a new window) [46]

#### Speciality Doctor in Plastic Surgery

Harlow, CM20 1QX

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

The Princess Alexandra Hospital NHS Trust

Apply now on NHS Jobs for Speciality Doctor in Plastic Surgery job (opens in a new window) [47]

### Speciality Doctor in Paediatrics- Developmental

BANGOR, LL57 2PW

Salary:

Negotiable

Type:

Fixed-Term

Employer:

Betsi Cadwaladr University Health Board

Apply now on NHS Jobs for Speciality Doctor in Paediatrics- Developmental job (opens in a new window) [48]

### Specialty Doctor in Forensic Psychiatry

Dartford, DA2 7AF

Salary:

£61542.00 to £99216.00

Type:

Fixed-Term

Employer:

Oxleas NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Forensic Psychiatry job (opens in a new window) [49]

### Specialty Doctor in Critical Care

Gillingham, Kent, ME7 5NY

Salary:

£55825.00 to £90000.00

Type:

Permanent

Employer:

Medway NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Critical Care job (opens in a new window) [50]

#### Specialty Doctor in Emergency Medicine

Aberystwyth, SY23 1ER

Salary:

Negotiable

Type:

Permanent

Employer:

Hywel Dda University Health Board

Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job (opens in a new window) [51]

### Specialty Doctor in Stroke Medicine

Newcastle upon Tyne, NE1 4LP

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

The Newcastle upon Tyne Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Stroke Medicine job (opens in a new window) [52]

### Specialty Doctor in Acute Medicine

Barnsley, S75 2EP

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Barnsley Hospital NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Acute Medicine job (opens in a new window) [53]

#### Specialty Doctor in Liaison Psychiatry

Sheffield, S5 7JT

Salary:

£52530.00 to £82400.00

Type:

Permanent

Employer:

Sheffield Health and Social Care NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Liaison Psychiatry job (opens in a new window) [54]

#### Stroke Specialist Doctor

Chertsey, KT16 0PZ

Salary:

£83945.00 to £95275.00

Type:

Permanent

Employer:

Ashford & St. Peter's Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Stroke Specialist Doctor job (opens in a new window)

### Specialty Doctor - Anaesthetics

Victoria Road, Macclesfield, SK10 3BL

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

East Cheshire NHS Trust

Apply now on NHS Jobs for Specialty Doctor - Anaesthetics job (opens in a new window) [56]

### Ophthalmology Specialty Doctor

Sidcup, DA14 6LT

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

King's College Hospital NHS Foundation Trust

Apply now on NHS Jobs for Ophthalmology Specialty Doctor job (opens in a new window) [57]

#### Specialty Doctor Anaesthetics

Hastings, TN37 7RD

Salary:

£61542.00 to £99216.00

Type:

Fixed-Term

Employer:

East Sussex Healthcare NHS Trust

Apply now on NHS Jobs for Specialty Doctor Anaesthetics job (opens in a new window) [58]

#### Locally Employed Doctor

Stockport, SK2 7JE

Salary:

£49909.00

Type:

Fixed-Term

Employer:

Pennine Care NHS FT

Apply now on NHS Jobs for Locally Employed Doctor job (opens in a new window)
[59]

### Ophthalmology- Specialty doctor

Reading, RG15AN

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Royal Berkshire NHS Foundation Trust

Apply now on NHS Jobs for Ophthalmology- Specialty doctor job (opens in a new window) [60]

# Specialty Doctor - Paediatrics

Swindon, SN3 6BB

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Great Western Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor - Paediatrics job (opens in a new window) [61]

#### Breast Specialty Doctor

London, NW32QG

Salary:

£61542.00 to £99216.00

Type:

Fixed-Term

Employer:

Royal Free London NHS Foundation Trust

Apply now on NHS Jobs for Breast Specialty Doctor job (opens in a new window)

#### Specialty Doctor in Acute Dental Care

London, SE5 9RS

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

King's College Hospital NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Acute Dental Care job (opens in a new window) [63]

### Specialty Doctor in Acute Dental Care

London, SE5 9RS

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

King's College Hospital NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Acute Dental Care job (opens in a new window) [64]

### Specialty Doctor in Oral & Maxillofacial Surgery

St Helens, WA9 3DA

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Mersey and West Lancashire Teaching Hospitals NHS Trust

<u>Apply now on NHS Jobs for Specialty Doctor in Oral & Maxillofacial Surgery job</u>

(opens in a new window) [65]

#### Speciality Doctor in Paediatric & Perinatal Pathology

Manchester, M13 9WL

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Manchester University NHS Foundation Trust

Apply now on NHS Jobs for Speciality Doctor in Paediatric & Perinatal Pathology job (opens in a new window) [66]

#### Specialty Doctor in Child & Adolescent Psychiatry

London, E17 3LA

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

**NELFT North East London Foundation Trust** 

Apply now on NHS Jobs for Specialty Doctor in Child & Adolescent Psychiatry job (opens in a new window) [67]

### Specialty Doctor in Obstetrics and Gynaecology

Braddan, IM4 4RJ

Salary:

£53555.00 to £98859.00

Type:

Permanent

Employer:

Manx Care

Apply now on NHS Jobs for Specialty Doctor in Obstetrics and Gynaecology job (opens in a new window) [68]

### Bank Doctor in General Medicine (ST3+)

Victoria Road, Macclesfield, SK10 3BL

Salary:

Negotiable

Type:

Bank

Employer:

East Cheshire NHS Trust

Apply now on NHS Jobs for Bank Doctor in General Medicine (ST3+) job (opens in a new window) [69]

#### Speciality Doctor in Paediatrics- Research Fellow

BANGOR, LL57 2PW

Salary:

£59727.00 to £95400.00

Type:

Fixed-Term

Employer:

Betsi Cadwaladr University Health Board

Apply now on NHS Jobs for Speciality Doctor in Paediatrics- Research Fellow job (opens in a new window) [70]

### Further information

These organisations have further information about being a doctor in allergy, particularly as your career progresses. Take a look.

Royal College of Physicians [71]

Royal College of Physicians of Edinburgh [72]

Royal College of Physicians and Surgeons of Glasgow [73]

British Society for Allergy and Clinical Immunology (BSACI) [74]

# Other roles that may interest you

- Immunology [75]
- Respiratory medicine [76]
- Dermatology [77]
- Paediatrician [78]

**Source URL:**<a href="https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/allergy?field\_field\_role=508&page=9&destination=/my-account/my-bookmarks/4042">https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/allergy?field\_field\_role=508&page=9&destination=/my-account/my-bookmarks/4042</a>

#### Links

[1] https://www.healthcareers.nhs.uk/glossary#Urticaria [2]

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https://www.healthcareers.nhs.uk/glossary#Corticosteroid [4]
https://www.healthcareers.nhs.uk/glossary#Oedema [5]
https://www.healthcareers.nhs.uk/glossary#Foundation_training[6]
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