

# Allergy

Allergists are doctors who diagnose and manage people affected by a wide range of allergic conditions such as asthma, eczema and food and drug allergies.

You'll work with a wide range of patients and conditions in what is a fascinating role.

Doctor and nurse at PC

## Life as an allergist

Increasingly, allergists specialise in paediatric or adult allergy, but you may see patients of all ages and from diverse backgrounds.

You'll experience a huge variety of conditions. On any given day, you'll desensitise a patient to a life-threatening allergy such as wasp venom or peanuts, manage a patient with severe asthma, diagnose allergy and interpret allergy tests.

Conditions can affect every part of the human body. Some people have allergic responses if substances are ingested through the lungs, the skin, the stomach, or mucous membranes such as the lining of the eye.

Conditions you'll treat include:

- asthma
- hay fever
- dermatitis
- eczema
- [urticaria](#) <sup>[1]</sup> (a raised, itchy rash on the skin known as hives, nettle rash and welts)
- [angioedema](#) <sup>[2]</sup> (the swelling of deeper layers of skin caused by a build-up of fluid)

Common procedures and interventions include:

- skin prick, RAST (blood), patch and food tests to identify what is triggering a patient's allergy
- desensitisation treatments
- [corticosteroid](#) <sup>[3]</sup> treatments to suppress allergic reactions such as vasculitis (chronic inflammation of the blood vessels)
- prescription of antihistamines to treat [urticaria](#) <sup>[1]</sup> (skin rashes)

- injection of adrenaline to treat anaphylaxis (an immediate and potentially life-threatening allergic reaction)
- treatment of allergic rhinitis with antihistamine drugs
- intramuscular adrenaline and antihistamine treatment for angio-oedema <sup>[4]</sup> (build-up of fluid beneath the skin)
- lung x-rays, blood tests and lung function tests to assist in the diagnosis of extrinsic allergic alveolitis (resulting from prolonged exposure to animal and vegetable dusts)

In the past 30 years, the incidence of allergic disease has increased by over a third worldwide. Consequently, there is an increase in demand for allergists while opportunities for research and teaching are also on the rise.

## How much can I earn?

You'll first earn a salary when you start your foundation training <sup>[5]</sup> after medical school. Find out details of current salary ranges for foundation and specialty training, SAS doctors <sup>[6]</sup> and consultants on the 'Pay for doctors' <sup>[7]</sup> page.

## How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

## Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

In addition, allergists need to demonstrate:

- an interest in working across the full spectrum of organs and body systems
- functional abilities such as observation, analysis and assessment, recording, manual dexterity, practical and procedural skills

## Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many

medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

**"For me, the interest in allergy comes mainly from the variety of patients we see. We deal with conditions involving almost every part of human body, literally from heads to toes, and often the psyche too. The presence or absence of allergy (in almost equal measures) is the common denominator."**

[Read Joanna's story](#) <sup>[8]</sup>.

## How to become an allergist

After medical school, you'll join the paid two-year foundation programme <sup>[9]</sup> where you'll work in six placements in different settings.

After your foundation programme, you can apply for paid specialty training <sup>[10]</sup> to become an allergist, which will take a minimum of five years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

## Where a career as an allergist can take you

You could:

- specialise or conduct research
- teach medical students or postgraduate students in training?
- get involved in research at universities, the NHS or private sector

### • **Live vacancies**

## Find a vacancy

Enter your location or postcode

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Search

- **Senior Pharmacist Respiratory Medicine (Severe Asthma And Allergy)**

London, SW3 6NP

Salary:

£61927.00 to £68676.00

Type:

Fixed-Term

Employer:

Guy's and St Thomas' NHS Foundation Trust

[Apply now on NHS Jobs for Senior Pharmacist Respiratory Medicine \(Severe Asthma And Allergy\) job \(opens in a new window\)](#) <sup>[11]</sup>

- **Locum Consultant in Paediatric Allergy**

London, W2 1NY

Salary:

Negotiable

Type:

Locum

Employer:

Imperial College Healthcare NHS Trust

[Apply now on NHS Jobs for Locum Consultant in Paediatric Allergy job \(opens in a new window\)](#) <sup>[12]</sup>

- **Dermatology Doctor**

Swindon, SN3 3RB

Salary:

£550.00

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[13]</sup>

- **Dermatology Doctor**

Wandsworth, SW18 4WW

Salary:

£550.00

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[14]</sup>

- **ENT Doctor**

Worthing, BN11 3BN

Salary:

Negotiable

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for ENT Doctor job \(opens in a new window\)](#) <sup>[15]</sup>

- **Hospice Doctor**

SCARBOROUGH, YO12 5RE

Salary:

Negotiable

Type:

Permanent

Employer:

Saint Catherine's Hospice

[Apply now on NHS Jobs for Hospice Doctor job \(opens in a new window\)](#) <sup>[16]</sup>

- **Dermatology Doctor**

London, SE14 6BL

Salary:

£550.00

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[17]</sup>

- **Specialty Doctor**

London, UB1 3EU

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

West London NHS Trust

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) <sup>[18]</sup>

- **ENT Doctor**

Canterbury, CT1 1BN

Salary:

Negotiable

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for ENT Doctor job \(opens in a new window\)](#) <sup>[19]</sup>

- **Dermatology Doctor**

Slough, SL1 2EJ

Salary:

£550.00

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[20]</sup>

- **Dermatology Doctor**

Slough, SL1 2EJ

Salary:

£550.00

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[21]</sup>

- **Specialty Doctor**

Kewstoke, BS22 9UZ

Salary:

£90000.00 to £90000.00

Type:

Permanent

Employer:

Cygnnet Health Care

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) <sup>[22]</sup>

- **Dermatology Doctor**

Leicester, LE1 2BU

Salary:

Negotiable

Type:

Permanent

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[23]</sup>

- **Specialty Doctor**

London, SE5 8UH

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Guy's and St Thomas' NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) <sup>[24]</sup>

- **Consultation Doctor**

Manchester, M1 1EX

Salary:

£49.82

Type:

Permanent

Employer:

NUPAS Ltd

[Apply now on NHS Jobs for Consultation Doctor job \(opens in a new window\)](#) <sup>[25]</sup>

- **Specialty Doctor**

Gloucester, GL1 5UA

Salary:

£83224.00 to £83224.00

Type:

Permanent

Employer:

Cygnnet Health Care

[Apply now on NHS Jobs for Specialty Doctor job \(opens in a new window\)](#) <sup>[26]</sup>

- **Dermatology Doctor**

Canterbury, CT1 1BN

Salary:

£550.00

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[27]</sup>

- **Dermatology Doctor**

Worthing, BN11 3BN

Salary:

£550.00

Type:

Bank

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Doctor job \(opens in a new window\)](#) <sup>[28]</sup>

- **Consultation Doctor**

Manchester, M1 1EX

Salary:

£49.82

Type:

Permanent

Employer:

NUPAS Ltd

[Apply now on NHS Jobs for Consultation Doctor job \(opens in a new window\)](#) <sup>[29]</sup>

- **Consultation Doctor**

Manchester, M1 1EX

Salary:

£49.82

Type:

Permanent

Employer:

NUPAS Ltd



[Apply now on NHS Jobs for Consultation Doctor job \(opens in a new window\)](#) <sup>[30]</sup>

- **Specialty Doctor in Neonatal**

Stoke-on-Trent, ST4 6QG

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

University Hospital of North Midlands NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Neonatal job \(opens in a new window\)](#) <sup>[31]</sup>

- **Specialty Doctor in Oculoplastics**

Romford, RM7 0AG

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Barking, Havering and Redbridge University Hospitals NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Oculoplastics job \(opens in a new window\)](#) <sup>[32]</sup>

- **Specialist Doctor in Ophthalmology**

Scarborough, YO12 6QL

Salary:

£96990.00 to £107155.00

Type:

Permanent

Employer:

York and Scarborough Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialist Doctor in Ophthalmology job \(opens in a new window\)](#) <sup>[33]</sup>

- **Specialty Doctor in Gastroenterology**

Bangor, LL57 2PW

Salary:

£59727.00 to £95400.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board  
[Apply now on NHS Jobs for Specialty Doctor in Gastroenterology job \(opens in a new window\)](#) <sup>[34]</sup>

- **Specialty Doctor in Oncology**

Milton Keynes, MK6 5LD

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Milton Keynes University Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Oncology job \(opens in a new window\)](#) <sup>[35]</sup>

- **Trust Doctor in Urology**

Barnstaple, EX31 4JB

Salary:

£52656.00 to £52656.00

Type:

Fixed-Term

Employer:

Royal Devon University Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Trust Doctor in Urology job \(opens in a new window\)](#) <sup>[36]</sup>

- **Trust Doctor in Oncology**

Cottingham, HU16 5JQ

Salary:

£49909.00

Type:

Fixed-Term

Employer:

Hull University Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Trust Doctor in Oncology job \(opens in a new window\)](#) <sup>[37]</sup>

- **Speciality Doctor in Paediatrics**

Hereford, HR1 2ER

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Wye Valley NHS Trust

[Apply now on NHS Jobs for Speciality Doctor in Paediatrics job \(opens in a new window\)](#) <sup>[38]</sup>

- **Specialty Doctor in Dermatology**

Chesterfield, S44 5BL

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Chesterfield Royal Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Dermatology job \(opens in a new window\)](#) <sup>[39]</sup>

- **Specialist Doctor in Rheumatology**

Truro, TR1 3LJ

Salary:

£96990.00 to £107155.00

Type:

Permanent

Employer:

Royal Cornwall Hospitals Trust

[Apply now on NHS Jobs for Specialist Doctor in Rheumatology job \(opens in a new window\)](#) <sup>[40]</sup>

- **Specialist Doctor in Dermatology**

Middlesbrough, TS4 3BW

Salary:

£96990.00 to £107155.00

Type:

Permanent

Employer:

South Tees Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialist Doctor in Dermatology job \(opens in a new window\)](#) <sup>[41]</sup>

- **Specialty Doctor in Gastroenterology**

Llantrisant, CF72 8XR

Salary:

£62117.00 to £99216.00

Type:

Permanent

Employer:

Cwm Taf Morgannwg University Health Board

[Apply now on NHS Jobs for Specialty Doctor in Gastroenterology job \(opens in a new window\)](#) <sup>[42]</sup>

- **SPECIALIST DOCTOR IN PAEDIATRIC OTOLARYNGOLOGY**

Manchester, M13 9WL

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for SPECIALIST DOCTOR IN PAEDIATRIC OTOLARYNGOLOGY job \(opens in a new window\)](#) <sup>[43]</sup>

- **Specialist Doctor in Elderly Medicine**

Wakefield, WF14DG

Salary:

£100870.00 to £111441.00

Type:

Permanent

Employer:

The Mid Yorkshire Teaching NHS Trust

[Apply now on NHS Jobs for Specialist Doctor in Elderly Medicine job \(opens in a new window\)](#) <sup>[44]</sup>

- **Specialty Doctor in Critical Care**

Gillingham, Kent, ME7 5NY

Salary:

£55825.00 to £90000.00

Type:

Permanent

Employer:

Medway NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Critical Care job \(opens in a new window\)](#) <sup>[45]</sup>

- **Specialty Doctor in Perinatal Psychiatry**

Winchester, SO22 5DG

Salary:

£61542.00 to £99216.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Perinatal Psychiatry job \(opens in a new window\)](#) <sup>[46]</sup>

- **Registrar Doctor in Cell Therapy**

Sutton, SM2 5PT

Salary:

£61825.00

Type:

Fixed-Term

Employer:

The Royal Marsden NHS Foundation Trust

[Apply now on NHS Jobs for Registrar Doctor in Cell Therapy job \(opens in a new window\)](#) <sup>[47]</sup>

- **Specialty Doctor in Acute Ophthalmology**

Manchester, M13 9WL

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Manchester University NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Acute Ophthalmology job \(opens in a new window\)](#) <sup>[48]</sup>

- **Registrar Doctor in Paediatric Oncology**

Chelsea, SM2 5PT

Salary:

£61825.00 to £70425.00

Type:

Fixed-Term

Employer:

The Royal Marsden NHS Foundation Trust

[Apply now on NHS Jobs for Registrar Doctor in Paediatric Oncology job \(opens in a new window\)](#) <sup>[49]</sup>

- **Specialty Doctor in Oral Surgery**

Redhill, RH1 5RH

Salary:

£61542.00 to £99216.00

Type:

Fixed-Term

Employer:

Surrey and Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Specialty Doctor in Oral Surgery job \(opens in a new window\)](#) <sup>[50]</sup>

- **Specialty Doctor in Stroke Medicine**

Cwmbran, NP44 8YN

Salary:

£59727.00 to £95400.00

Type:

Fixed-Term

Employer:

Aneurin Bevan University Health Board

[Apply now on NHS Jobs for Specialty Doctor in Stroke Medicine job \(opens in a new window\)](#) <sup>[51]</sup>

- **Salaried GP (Doctor)**

London, N1 5HZ

Salary:

Negotiable

Type:

Permanent

Employer:

The Lawson Practice

[Apply now on NHS Jobs for Salaried GP \(Doctor\) job \(opens in a new window\)](#) <sup>[52]</sup>

- **Specialty Doctor Ophthalmology**

Shoreham by Sea, BN43 6TQ

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

[Apply now on NHS Jobs for Specialty Doctor Ophthalmology job \(opens in a new window\)](#)

[window](#)) [53]

- **Specialist Doctor - Urology**

Lancaster, LA14RP

Salary:

£96990.00 to £107155.00

Type:

Permanent

Employer:

University Hospitals of Morecambe Bay NHS Trust

[Apply now on NHS Jobs for Specialist Doctor - Urology job \(opens in a new window\)](#) [54]

- **Perioperative Medical Doctor**

Shepton Mallet, BA4 4LP

Salary:

Negotiable

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Perioperative Medical Doctor job \(opens in a new window\)](#) [55]

- **Specialty Doctor Anaesthetics**

Dorchester, DT1 2JY

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Dorset County Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor Anaesthetics job \(opens in a new window\)](#) [56]

- **Urgent Care Doctor**

London, NW8 9NH

Salary:

Negotiable

Type:

Permanent

Employer:

The Hospital of St John and St Elizabeth  
[Apply now on NHS Jobs for Urgent Care Doctor job \(opens in a new window\)](#) [57]

- **Specialty Doctor (MC75)**

Leeds, LS7 4SA

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Leeds Teaching Hospitals

[Apply now on NHS Jobs for Specialty Doctor \(MC75\) job \(opens in a new window\)](#)

[58]

- **Resident Doctor Paediatrics**

London, W1W 5AH

Salary:

Negotiable

Type:

Permanent

Employer:

HCA Healthcare UK

[Apply now on NHS Jobs for Resident Doctor Paediatrics job \(opens in a new window\)](#) [59]

- **Specialty Doctor - Anaesthetics**

York, YO31 8HE

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

York and Scarborough Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor - Anaesthetics job \(opens in a new window\)](#) [60]

- **Specialty Doctor Anaesthetics**

Newport Isle of Wight, PO30 5TG

Salary:

£59175.00 to £95400.00

Type:

Permanent



Employer:

Isle of Wight NHS Trust

[Apply now on NHS Jobs for Specialty Doctor Anaesthetics job \(opens in a new window\)](#) <sup>[61]</sup>

- **Resident Doctor Oncology**

London, W1G 8BJ

Salary:

Negotiable

Type:

Permanent

Employer:

HCA Healthcare UK

[Apply now on NHS Jobs for Resident Doctor Oncology job \(opens in a new window\)](#) <sup>[62]</sup>

- **Specialty Doctor in Oral & Maxillofacial Surgery**

Gloucester, GL1 3NN

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Gloucestershire Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Oral & Maxillofacial Surgery job \(opens in a new window\)](#) <sup>[63]</sup>

- **Specialty Doctor in CAMHS - Serenity Path**

Winchester, SO21 1HD

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Hampshire and Isle of Wight Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in CAMHS - Serenity Path job \(opens in a new window\)](#) <sup>[64]</sup>

- **Dermatologist - Consultant, Specialty Doctor or GPwER**

Whitstable, CT5 3SE

Canterbury, CT1 1WL

Ramsgate, CT11 8AD

Canterbury, CT1 3NR  
Folkestone, CT19 4RH  
Sittingbourne, ME10 4XX

Salary:

Negotiable

Type:

Permanent

Employer:

Whitstable Medical Practice

[Apply now on NHS Jobs for Dermatologist - Consultant, Specialty Doctor or GPwER job \(opens in a new window\)](#) <sup>[65]</sup>

- **Speciality Doctor in Anaesthesia & Intensive Care**

Braddan, IM4 4RJ

Salary:

£53555.00 to £103000.00

Type:

Permanent

Employer:

Manx Care

[Apply now on NHS Jobs for Speciality Doctor in Anaesthesia & Intensive Care job \(opens in a new window\)](#) <sup>[66]</sup>

- **Specialty Doctor in Obstetrics and Gynaecology**

Bradford, BD9 6RJ

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Bradford Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Specialty Doctor in Obstetrics and Gynaecology job \(opens in a new window\)](#) <sup>[67]</sup>

- **Locum Specialty Doctor in Sexual Health**

Luton, LU1 2LJ

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

Bedfordshire Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Locum Specialty Doctor in Sexual Health job \(opens in](#)

[a new window](#)) [68]

- **Speciality Doctor in Obstetrics and Gynaecology**

Bournemouth, BH7 7DW

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

University Hospitals Dorset NHS Foundation Trust

[Apply now on NHS Jobs for Speciality Doctor in Obstetrics and Gynaecology job](#)  
(opens in a new window) [69]

- **GPwSi/Speciality Doctor in Addiction Psychiatry**

Stafford, ST16 3AT

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Inclusion

[Apply now on NHS Jobs for GPwSi/Speciality Doctor in Addiction Psychiatry job](#)  
(opens in a new window) [70]

- **Further information**

These organisations have further information about being a doctor in allergy, particularly as your career progresses. Take a look.

[Royal College of Physicians](#) [71]

[Royal College of Physicians of Edinburgh](#) [72]

[Royal College of Physicians and Surgeons of Glasgow](#) [73]

[British Society for Allergy and Clinical Immunology \(BSACI\)](#) [74]

## Other roles that may interest you

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