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Palliative medicine

Doctors in palliative medicine provide <u>holistic</u> [1], quality-of-life care to patients with serious, advanced and progressive illnesses that cannot be cured.

You'll provide expertise and support to colleagues, particularly those treating patients with complex conditions.



Life as a doctor in palliative medicine

Doctors in palliative medicine play an important and wide-ranging educational role, advising colleagues, families and other healthcare professionals while helping to ensure high standards of care.

Most of your patients will have advanced or progressive cancer, although increasingly palliative medicine doctors treat patients with a range of conditions such as heart failure, renal failure and neurological conditions.

It is essential to possess a deep understanding of the pathology and management of these conditions, which creates opportunities to develop a sub-specialty. You will need expertise in the pharmacological management of a range of problems and an understanding of drug interactions and side effects.

You'll be an essential part of specialist palliative care services, for clinical expertise, quality improvement, education, research management and research.

You can expect to work in hospitals, hospices and in the community with home visits being common. In some settings, such as specialist impatient units, you'll have responsibility for the medical management of a patient. However, in most hospital settings, you'll play an advisory role alongside nurses who deliver most of the patient care.

At all times, you'll provide care that:

- strives to achieve the best quality of life for the patient for as long as possible
- involves managing and anticipating pain and other symptoms
- addresses the psychological, social and spiritual needs of the patient

- facilitates multi-professional support to provide joined-up care across care boundaries, enabling care at home and fewer avoidable admissions towards the end of life
- supports anticipatory planning with patients and professionals including advance planning in the last year of life
- supports end of life care that meets the needs and wishes of the individual and family
- supports the patient's family and significant others during the patient's illness and their bereavement

Common procedures and interventions include:

- paracentesis [2] (drawing off fluid form a natural cavity of the body)
- use of portable ultrasound [3]
- specialist pain techniques including management of epidural [4] infusions (a local anaesthetic procedure for blocking pain) occasionally in conjunction with a pain specialist
- management of central lines
- management of non invasive ventilation
- · management of tracheostomies

How much can I earn?

You'll first earn a salary when you start your <u>foundation training</u> [5] after medical school. Find out details of current salary ranges for foundation and specialty training, <u>SAS doctors</u> [6] and consultants on the <u>Pay for doctors</u> [7] page.

How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- · outstanding?organisational?ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

In addition, doctors in palliative medicine need to demonstrate:

- a high level of personal credibility as a clinician
- adaptability and resilience
- compassion, empathy, a flexible outlook and a sense of humour

- interests such as enhancing the quality of life for patients with life-limiting illnesses and improving end of life care and developing multicultural awareness
- well-developed skills in bedside clinical assessment (especially in settings and situations when routine investigations would not be appropriate)
- expertise in managing difficult pain, physical symptoms and psychological distress
- excellent decision-making in the context of changing and distressing situations using sound knowledge of ethical considerations

Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and?three A or A* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require?maths?or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test.?You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

How to become a doctor in palliative medicine

After medical school, you'll join the paid two-year <u>foundation?programme</u> [8]?where you'll work in six placements in different settings.?

After your foundation programme, you can apply for paid <u>specialty training</u> [9] to become a doctor in palliative medicine, which will take a minimum of six years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Where a career as a doctor in palliative medicine can take you

You could:

- specialise or conduct research
- teach medical students or postgraduate students in training
- get involved in research at universities, the NHS or private sector

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Consultant in Palliative Care Medicine

Dartford, DA2 8DA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Dartford and Gravesham NHS Trust

Apply now on NHS Jobs for Consultant in Palliative Care Medicine job (opens in a new window) [10]

Palliative Care CNS

Guildford, GU2 7RF

Salary:

£50000.00 to £50000.00

Type:

Permanent

Employer:

Nuffield Health

Apply now on NHS Jobs for Palliative Care CNS job (opens in a new window) [11]

Palliative Care Occupational Therapist

Guernsey, GY4 6UU

Salary:

£55579.00 to £73085.00

Type:

Permanent

Employer:

States of Guernsey

Apply now on NHS Jobs for Palliative Care Occupational Therapist job (opens in a new window) [12]

Administrator - Specialist Palliative Care

Watford, WD25 9XX

Salary:

£25883.00 to £26958.00

Type:

Permanent

Employer:

Central London Community Health Trust

Apply now on NHS Jobs for Administrator - Specialist Palliative Care job (opens in a new window) [13]

Social Worker - Palliative Care

Hillington, PE31 6BH

Salary:

Negotiable

Type:

Permanent

Employer:

Tapping House

Apply now on NHS Jobs for Social Worker - Palliative Care job (opens in a new window) [14]

Palliative Care Discharge Facilitator

Darlington, DL3 6HX

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

County Durham & Darlington NHS Foundation Trust

<u>Apply now on NHS Jobs for Palliative Care Discharge Facilitator job (opens in a new window)</u>

[15]

Palliative Care Social Worker

Birmingham, B24 0DF Birmingham, B29 7DA

Salary:

£29117.00 to £35445.00

Type:

Permanent

Employer:

Birmingham Hospice

Apply now on NHS Jobs for Palliative Care Social Worker job (opens in a new window) [16]

Trustee - Volunteer - Palliative Care

Dorchester, DT1 2SL

Salary:

£1.00

Type:

Voluntary

Employer:

Weldmar Hospicecare

Apply now on NHS Jobs for Trustee - Volunteer - Palliative Care job (opens in a new window) [17]

Specialty Doctor in Palliative Medicine

Basingstoke, RG24 9NB

Salary:

£53581.00

Type:

Permanent

Employer:

St Michael's Hospice (North Hampshire)

Apply now on NHS Jobs for Specialty Doctor in Palliative Medicine job (opens in a new window) [18]

Specialty Doctor in Palliative Medicine

Bolton, BL1 4QT

Salary:

£59175.00

Type:

Fixed-Term

Employer:

Bolton Hospice

Apply now on NHS Jobs for Specialty Doctor in Palliative Medicine job (opens in a new window) [19]

Specialty Doctor in Palliative Medicine

Manchester, M280FE

Salary:

£59175.00 to £75998.00

Type:

Permanent

Employer:

St Ann's Hospice

Apply now on NHS Jobs for Specialty Doctor in Palliative Medicine job (opens in a new window) [20]

Palliative Care Support Team Leader

Stourbridge, DY8 4JB

Salary:

£37338.00 to £44962.00

Type:

Permanent

Employer:

The Dudley Group NHS Foundation Trust

Apply now on NHS Jobs for Palliative Care Support Team Leader job (opens in a new window) [21]

Consultant in Paediatric Palliative Care

Bristol, BS2 8BJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Bristol and Weston NHS Foundation Trust (UHBW)

<u>Apply now on NHS Jobs for Consultant in Paediatric Palliative Care job (opens in a new window)</u> [22]

Nursing Associate - Specialist Palliative Care

Watford, WD25 9XX

Salary:

£27857.00 to £30570.00

Type:

Permanent

Employer:

Central London Community Health Trust

Apply now on NHS Jobs for Nursing Associate - Specialist Palliative Care job (opens in a new window) [23]

o Patient Navigator/Administrator - Specialist palliative care team

Kendal, LA9 7RG

Salary:

£26530.00 to £29114.00

Type:

Permanent

Employer:

University Hospitals of Morecambe Bay NHS Trust

Apply now on NHS Jobs for Patient Navigator/Administrator - Specialist palliative care team job (opens in a new window) [24]

Consultant in Palliative Medicine

Southampton, SO16 6YD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospital Southampton NHS Trust

Apply now on NHS Jobs for Consultant in Palliative Medicine job (opens in a new window) [25]

Consultant in Palliative Medicine

Farnham, GU9 7XG Guildford, GU2 7WW Camberley, GU15 4LZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Phyllis Tuckwell Memorial Hospice Ltd

Apply now on NHS Jobs for Consultant in Palliative Medicine job (opens in a new window) [26]

Consultant in Palliative Medicine

Swindon, SN3 6BB

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Great Western Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Consultant in Palliative Medicine job (opens in a new window) [27]

Consultant in Palliative Medicine

Carshalton, London, SM5 1AA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Epsom and St Helier University Hospitals NHS Trust

Apply now on NHS Jobs for Consultant in Palliative Medicine job (opens in a new window) [28]

Consultant in Palliative Medicine

SCARBOROUGH, YO12 5RE

Salary:

Negotiable

Type:

Permanent

Employer:

Saint Catherine's Hospice

Apply now on NHS Jobs for Consultant in Palliative Medicine job (opens in a new window) [29]

Clinical Fellow in Palliative Medicine

Cheadle, SK8 3SZ

Salary:

£42008.00

Type:

Permanent

Employer:

St Ann's Hospice

Apply now on NHS Jobs for Clinical Fellow in Palliative Medicine job (opens in a new window) [30]

Consultant in Paediatric Palliative Medicine

Chelsea, SW3 6JJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Royal Marsden NHS Foundation Trust

Apply now on NHS Jobs for Consultant in Paediatric Palliative Medicine job (opens in a new window) [31]

Consultant in Paediatric Palliative Medicine

Sheffield, S10 2TH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Sheffield Children's NHS Foundation Trust

Apply now on NHS Jobs for Consultant in Paediatric Palliative Medicine job (opens in a new window) [32]

Substantive Consultant in Palliative Medicine

Oxford, OX3 7LJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Oxford University Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Substantive Consultant in Palliative Medicine job

(opens in a new window) [33]

Locum Consultant in Palliative Medicine

London, NW1 2PG

Salary:

£99532.00 to £131964.00

Type:

Fixed-Term

Employer:

Central and North West London NHS Foundation Trust

<u>Apply now on NHS Jobs for Locum Consultant in Palliative Medicine job (opens in a new window)</u> [34]

Consultant Radiographer in Breast and Palliative Radiotherapy

Shrewsbury, SY38XQ

Salary:

Negotiable

Type:

Permanent

Employer:

The Shrewsbury and Telford Hospital NHS Trust

Apply now on NHS Jobs for Consultant Radiographer in Breast and Palliative
Radiotherapy job (opens in a new window) [35]

Consultant Radiographer in Breast and Palliative Radiotherapy

Shrewsbury, SY38XQ

Salary:

Negotiable

Type:

Permanent

Employer:

The Shrewsbury and Telford Hospital NHS Trust

Apply now on NHS Jobs for Consultant Radiographer in Breast and Palliative
Radiotherapy job (opens in a new window) [35]

Consultant in Critical Care Medicine

Brighton, BN2 5BE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

Apply now on NHS Jobs for Consultant in Critical Care Medicine job (opens in a new window) [36]

Consultant in Intensive Care Medicine

Hastings, TN37 7RD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Sussex Healthcare NHS Trust

Apply now on NHS Jobs for Consultant in Intensive Care Medicine job (opens in a new window) [37]

Consultant in Intensive Care Medicine

Salisbury, SP2 8BJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Salisbury NHS Foundation Trust

Apply now on NHS Jobs for Consultant in Intensive Care Medicine job (opens in a new window) [38]

Salaried Urgent Care Doctor - Preston & Chorley

Preston, PR2 9HT

Chorley, PR7 1PP

Salary:

£95025.00 to £105788.00

Type:

Permanent

Employer:

Gtd Healthcare

Apply now on NHS Jobs for Salaried Urgent Care Doctor - Preston & Chorley job (opens in a new window) [39]

Care Coordinator Medicine Management

London, SE13 7SX

London, SE4 1JN

London, SE4 2LA

London, SE13 5AY

London, SE13 7NN

Salary:

Negotiable

Type:

Permanent

Employer:

The Lewisham Care Partnership

Apply now on NHS Jobs for Care Coordinator Medicine Management job (opens in a new window) [40]

Acute Medicine Trust Doctor

Cramlington, NE23 6NZ

Salary:

Negotiable

Type:

Fixed-Term

Employer:

Northumbria Healthcare NHS Foundation Trust

Apply now on NHS Jobs for Acute Medicine Trust Doctor job (opens in a new window) [41]

Emergency Medicine Specialty Doctor

Braddan, IM4 4RJ

Salary:

£53614.00 to £98969.00

Type:

Permanent

Employer:

Manx Care

Apply now on NHS Jobs for Emergency Medicine Specialty Doctor job (opens in a new window) [42]

Specialty Doctor in Medicine

Haverfordwest, SA61 2PZ

Salary:

Negotiable

Type:

Permanent

Employer:

Hywel Dda University Health Board

Apply now on NHS Jobs for Specialty Doctor in Medicine job (opens in a new window) [43]

Consultant in Community Elderly Care Medicine

Maidenhead, SL6 6DU

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Berkshire Healthcare Foundation Trust

Apply now on NHS Jobs for Consultant in Community Elderly Care Medicine job (opens in a new window) [44]

Locum Consultant In Intensive Care Medicine

Cwmbran, NP44 8YN

Salary:

£116600.00

Type:

Locum

Employer:

Aneurin Bevan University Health Board

Apply now on NHS Jobs for Locum Consultant In Intensive Care Medicine job (opens in a new window) [45]

Post CCT Fellowship – Critical Care Medicine

Middlesbrough, TS4 3BW

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

South Tees Hospitals NHS Foundation Trust

<u>Apply now on NHS Jobs for Post CCT Fellowship – Critical Care Medicine job</u> (opens in a new window) [46]

Speciality Doctor in Emergency Medicine

Uxbridge, UB8 3NN

Salary:

£59175.00 to £95400.00

Type:

Fixed-Term

Employer:

The Hillingdon Hospital NHS Foundation Trust

Apply now on NHS Jobs for Speciality Doctor in Emergency Medicine job (opens in a new window) [47]

Specialty Doctor in Emergency Medicine

Swindon, SN3 6BB

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Great Western Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job (opens in a new window) [48]

Trust Doctor in Geriatric Medicine

London, E11 1NR

Salary:

£41750.00 to £64288.00

Type:

Fixed-Term

Employer:

Barts Health NHS Trust

Apply now on NHS Jobs for Trust Doctor in Geriatric Medicine job (opens in a new window) [49]

Specialty Doctor in Acute Medicine

Harrogate, HG2 7SX

Salary:

£59175.00 to £95400.00

Type:

Permanent

Employer:

Harrogate and District NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Acute Medicine job (opens in a new window) [50]

Specialty Doctor in Emergency Medicine

Bradford, BD96RJ

Salary:

Negotiable

Type:

Permanent

Employer:

Bradford Teaching Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job (opens in a new window) [51]

Specialty Doctor in Acute Medicine

Braddan, IM4 4RJ

Salary:

£48670.00 to £89841.00

Type:

Permanent

Employer:

Manx Care

Apply now on NHS Jobs for Specialty Doctor in Acute Medicine job (opens in a new window) [52]

Specialty Doctor in Emergency Medicine

Merthyr Tydfil, CF47 9DT

Salary:

£59727.00 to £95400.00

Type:

Permanent

Employer:

Cwm Taf Morgannwg University Health Board

Apply now on NHS Jobs for Specialty Doctor in Emergency Medicine job (opens in a new window) [53]

Further information

These organisations have further information about being a doctor in palliative medicine, particularly as your career progresses. Take a look.

Royal College of Physicians [54]

Royal College of Physicians of Edinburgh [55]

Royal College of Physicians and Surgeons of Glasgow [56]

The Association for Palliative Medicine of Great Britain and Ireland [57]

The National Council for Palliative Care (NCPC) [58]

And hear from people working as palliative care doctors:

A palliative medicine consultant (BMJ) [59]

Dr Richard Berman, consultant in palliative medicine (RCP) [60]

Dr Fiona Finlay – ST6, palliative medicine [61]

Other roles that may interest you

- Medical oncology [62]
- General practitioner [63]
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- Respiratory medicine [65]

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