

# Endocrinology and diabetes

Endocrinologists and diabetologists investigate, diagnose and treat disorders of the endocrine system [1].

Typically, you'll work in both diabetes and endocrinology although some specialists focus on one area and not the other.

Two female doctors consulting notes

## Life as an endocrinologist or diabetologist

Predominantly an outpatient specialty, some of your patients will require hospital admission for you to investigate and manage their condition. In addition, you'll often support primary care [2] (GPs) in some of the public health challenges such as obesity and type 2 diabetes.

What's more, at least 15% of all hospital inpatients have diabetes or an endocrine disorder. Increasingly, you'll manage patients jointly with other hospital-based colleagues. As a specialism that covers the effects of hormones on the whole body, you also have skills that can help across all of general medicine and often help support emergency admissions to hospital for people with a broad range of conditions.

One of the great things about the specialty is there is no typical day. You may see people of all ages with newly diagnosed type 1 diabetes, or diabetic complications or with diabetes in certain circumstances, for example pregnancy. As an endocrinologist, you'll work in a specialist setting treating patients with a wide range of endocrine disorders. You may be leading team meetings (called multi-disciplinary meetings) or teaching other students or doctors about how to diagnose the more challenging conditions. It is a career that you can mould to your strengths.

Endocrinologists and diabetologists treat conditions such as:

- diabetes mellitus
- thyroid disease
- lipid disorders
- endocrine disorders of the reproductive system, such as polycystic ovary syndrome
- adrenal disease
- bone and calcium disorders
- pituitary disease

- endocrine late effects of cancer treatment

Common procedures include:

- programmed investigations for complex endocrine disorders
- managing endocrine patients and patients with diabetes before and after surgery
- management of diabetic and endocrine emergencies such as ketoacidosis and hypercalcaemia
- managing diabetes and endocrine conditions during pregnancy

You'll also be expected to perform as part of a large, multidisciplinary team including specialist nurses, allied health professionals and other specialist clinicians, and work across medical wards treating patients with general medical problems.

## How much can I earn?

You'll first earn a salary when you start your foundation training <sup>[3]</sup> after medical school. Find out details of current salary ranges for foundation and specialty training, SAS doctors <sup>[4]</sup> and consultants on the Pay for doctors <sup>[5]</sup> page.

## How about the benefits?

- make a difference
- ability to choose parts of the specialty to focus on
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

## Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

## Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

## **What are my chances of starting a career as an endocrinologist or diabetologist?**

There are approximately 791 endocrinologists and diabetologists working in the NHS in England. In 2020, there were 325 applications for 74 training places.

## **How to become an endocrinologist or diabetologist**

After medical school, you'll join the paid two-year foundation programme [6] where you'll work in six placements in different settings.

After your foundation programme, you then get experience of all medical specialties over three years (internal medicine training).

You can then apply for paid specialty training [7] to become an endocrinologist or diabetologist, which will take a minimum of four years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Many people do it in combination with an academic post at the university to research more about the conditions they are seeing.

## **Where a career as an endocrinologist or diabetologist can take you**

Many endocrinologists and diabetologists develop sub-specialty interests such as:

- diabetes in pregnancy
- paediatric and adolescent diabetes and endocrinology
- diabetic renal disease
- diabetic neuropathy and foot problems
- diabetic eye disease
- thyroid problems
- pituitary and adrenal disease
- reproductive endocrinology
- endocrine late effects of cancer treatment
- lipid disorders
- gender identity services

- bariatric medicine
- metabolic <sup>[8]</sup> bone disease
- neuroendocrine tumours

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#### ◦ Diabetes & Endocrinology Consultant

Carshalton, SM5 1AA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Epsom and St Helier University Hospitals NHS Trust

[Apply now on NHS Jobs for Diabetes & Endocrinology Consultant job \(opens in a new window\)](#) <sup>[9]</sup>

#### ◦ Consultant in Diabetes & Endocrinology

Bury St. Edmunds, IP33 2QZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

West Suffolk NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes & Endocrinology job \(opens in a new window\)](#) <sup>[10]</sup>

#### ◦ Consultant in Diabetes and Endocrinology

Ashford, TN24 0LZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Kent Hospitals University NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[11]</sup>

- **Consultant in Diabetes and Endocrinology**

Preston, PR2 9HT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Lancashire Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[12]</sup>

- **Consultant Physician in Diabetes and Endocrinology**

Slough, SL2 4HL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Frimley Health NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Physician in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[13]</sup>

- **Consultant (Endocrinology, Diabetes, General Internal Medicine)**

Brighton / Haywards Heath, BN2 5BE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

[Apply now on NHS Jobs for Consultant \(Endocrinology, Diabetes, General Internal Medicine\) job \(opens in a new window\)](#) <sup>[14]</sup>

- **Consultant Physician Diabetes & Endocrinology & Acute Medicine**

Newport / Abergavenny, NP20 2UB

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Aneurin Bevan University Health Board

[Apply now on NHS Jobs for Consultant Physician Diabetes & Endocrinology & Acute Medicine job \(opens in a new window\)](#) <sup>[15]</sup>

- **Consultant in General Medicine, Diabetes and Endocrinology**

Chester, CH2 1UL

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Countess of Chester Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in General Medicine, Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[16]</sup>

- **Locum Consultant Physician in Diabetes and Endocrinology**

Liverpool, L9 7AL

Salary:

£105504.00 to £139882.00

Type:

Locum

Employer:

Liverpool University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant Physician in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[17]</sup>

- **Consultant Paediatrician with Interest in Diabetes and Endocrinology**

Romford, RM7 0AG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barking, Havering and Redbridge University Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant Paediatrician with Interest in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[18]</sup>

- **Consultant in Diabetes/ Endocrinology and General Internal Medicine**

Bodelwyddan, LL18 5UJ

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

[Apply now on NHS Jobs for Consultant in Diabetes/ Endocrinology and General Internal Medicine job \(opens in a new window\)](#) <sup>[19]</sup>

- **Consultant in Endocrinology & Diabetes & Gim £20,000 Welcome Bonus**

Ipswich, IP4 5PD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Suffolk and North Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Endocrinology & Diabetes & Gim £20,000 Welcome Bonus job \(opens in a new window\)](#) <sup>[20]</sup>

- **Consultant in Children and Young People's Diabetes and Endocrinology**

London, NW1 2BU

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University College London Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Children and Young People's Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[21]</sup>

- **Medical Secretary - Diabetes & Endocrinology**

Bath, BA1 3NG

Salary:

£24071.00 to £25674.00

Type:

Permanent

Employer:

Royal United Hospitals Bath NHS Foundation Trust

[Apply now on NHS Jobs for Medical Secretary - Diabetes & Endocrinology job \(opens in a new window\)](#) <sup>[22]</sup>

- **Consultant - Diabetology and Endocrinology**

Upton, CH49 5PE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Wirral University Teaching Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant - Diabetology and Endocrinology job \(opens in a new window\)](#) <sup>[23]</sup>

- **Clinical Lead in Diabetes and Endocrinology**

Ashford, TN24 0LZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Kent Hospitals University NHS Foundation Trust

[Apply now on NHS Jobs for Clinical Lead in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[24]</sup>

- **Consultant in Diabetes & Endocrine**

Worksop, S80 0BD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Doncaster & Bassetlaw Teaching Hospitals NHS FT

[Apply now on NHS Jobs for Consultant in Diabetes & Endocrine job \(opens in a new window\)](#) <sup>[25]</sup>

- **TPD - Endocrinology & Diabetes (North Central East London)**

London, E14 4PU

Salary:



Negotiable  
Type:  
Secondment  
Employer:  
NHS England  
[Apply now on NHS Jobs for TPD - Endocrinology & Diabetes \(North Central East London\) job \(opens in a new window\)](#) <sup>[26]</sup>

- **Locum Consultant in Endocrinology with G(I)M**

Cambridge, CB2 0QQ

Salary:  
£105504.00 to £139882.00

Type:  
Fixed-Term

Employer:  
Cambridge University Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Locum Consultant in Endocrinology with G\(I\)M job \(opens in a new window\)](#) <sup>[27]</sup>

- **Consultant - Ophthalmology - Medical Retina and Diabetic**

Truro, TR1 3LJ

Salary:  
£105504.00 to £139882.00

Type:  
Permanent

Employer:  
Royal Cornwall Hospitals Trust

[Apply now on NHS Jobs for Consultant - Ophthalmology - Medical Retina and Diabetic job \(opens in a new window\)](#) <sup>[28]</sup>

- **Consultant in Vascular Surgery (Diabetic Limb Salvage)**

Leeds, LS1 3EX

Salary:  
£105504.00 to £139882.00

Type:  
Permanent

Employer:  
Leeds Teaching Hospitals

[Apply now on NHS Jobs for Consultant in Vascular Surgery \(Diabetic Limb Salvage\) job \(opens in a new window\)](#) <sup>[29]</sup>

- **Consultant Paediatrician Special Interest in Diabetes (Paeds on call)**

Huddersfield, HX3 0PW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Calderdale and Huddersfield NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Paediatrician Special Interest in Diabetes \(Paeds on call\) job \(opens in a new window\)](#) <sup>[30]</sup>

- **Consultant**

London, W7 3HL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

West London NHS Trust

[Apply now on NHS Jobs for Consultant job \(opens in a new window\)](#) <sup>[31]</sup>

- **Consultant Medical Virologist/Consultant Clinical Scientist**

Birmingham, B9 5SS

Salary:

£88168.00 to £139882.00

Type:

Permanent

Employer:

UK Health Security Agency

[Apply now on NHS Jobs for Consultant Medical Virologist/Consultant Clinical Scientist job \(opens in a new window\)](#) <sup>[32]</sup>

- **Diabetes Podiatrist**

North Shields, NE29 8NH

Salary:

£29970.00 to £36483.00

Type:

Fixed-Term

Employer:

Northumbria Healthcare NHS Foundation Trust

[Apply now on NHS Jobs for Diabetes Podiatrist job \(opens in a new window\)](#) <sup>[33]</sup>

- **Post CCT Clinical Fellowship in Endocrinology**

Oxford, OX3 7LJ

Salary:

£70425.00

Type:

Fixed-Term

Employer:

Oxford University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Post CCT Clinical Fellowship in Endocrinology job \(opens in a new window\)](#) <sup>[34]</sup>

- **ENT Consultant**

Brighton, BN1 3XP

Salary:

Negotiable

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for ENT Consultant job \(opens in a new window\)](#) <sup>[35]</sup>

- **Consultant Endoscopist**

Redruth, TR153ER

Salary:

£140000.00 to £160000.00

Type:

Permanent

Employer:

InHealth Group

[Apply now on NHS Jobs for Consultant Endoscopist job \(opens in a new window\)](#) <sup>[36]</sup>

- **Dermatology Consultant**

Macclesfield, SK11 6HB

Salary:

£550.00

Type:

Permanent

Employer:

CHEC

[Apply now on NHS Jobs for Dermatology Consultant job \(opens in a new window\)](#) <sup>[37]</sup>

- **Consultant Anaesthetist**

Grantham, NG31 8DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

United Lincolnshire Hospitals NHS Trust

[Apply now on NHS Jobs for Consultant Anaesthetist job \(opens in a new window\)](#)

[38]

- **Consultant Neurophysiologist**

Brighton, BN2 5BE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

[Apply now on NHS Jobs for Consultant Neurophysiologist job \(opens in a new window\)](#) [39]

- **Consultant Histopathologist**

Carlisle, CA2 7HY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Histopathologist job \(opens in a new window\)](#) [40]

- **Consultant Nephrologist**

Bodelwyddan, LL18 5UJ

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Betsi Cadwaladr University Health Board

[Apply now on NHS Jobs for Consultant Nephrologist job \(opens in a new window\)](#)

[41]

- **Consultant Psychiatrist**

Warrington, WA2 8DB

Salary:

Negotiable

Type:

Permanent

Employer:

Elysium Healthcare

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

[42]

- **Consultant Radiologist**

Llantrisant, CF72 8XR

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Cwm Taf Morgannwg University Health Board

[Apply now on NHS Jobs for Consultant Radiologist job \(opens in a new window\)](#)

[43]

- **Consultant Radiologist**

Yeovil, BA21 4AT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Somerset NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Radiologist job \(opens in a new window\)](#)

[44]

- **Consultant Microbiologist**

Hastings, TN37 7RD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Sussex Healthcare NHS Trust

[Apply now on NHS Jobs for Consultant Microbiologist job \(opens in a new window\)](#)

[45]

- **Consultant Anaesthetist**

Birmingham, B152QD

Salary:

£130000.00

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Consultant Anaesthetist job \(opens in a new window\)](#)

[46]

- **Consultant Geriatrician**

York, YO31 8HE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

York and Scarborough Teaching Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Geriatrician job \(opens in a new window\)](#)

[47]

- **Consultant Anaesthetist**

Whitehaven, CA28 8JG

Salary:

£93666.00 to £126281.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Anaesthetist job \(opens in a new window\)](#)

[48]

- **Consultant Psychiatrist**

Crewe, CW1 4QW

Salary:

£168500.00

Type:

Permanent

Employer:

Cygnet Health Care

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

[49]

- **Consultant - Dermatology**

Windsor, SL4 3DP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Frimley Health NHS Foundation Trust

[Apply now on NHS Jobs for Consultant - Dermatology job \(opens in a new window\)](#)

[50]

- **Consultant Obstetrician**

Southampton, SO16 6YD

Salary:

Negotiable

Type:

Permanent

Employer:

University Hospital Southampton NHS Trust

[Apply now on NHS Jobs for Consultant Obstetrician job \(opens in a new window\)](#)

[51]

- **Consultant Geriatrician**

Guildford, GU2 7XX

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Royal Surrey NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Geriatrician job \(opens in a new window\)](#)

[52]

- **Consultant Neurologist**

Westcliff on Sea, SS0 0RY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Mid and South Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Neurologist job \(opens in a new window\)](#)

[53]

- **Consultant Psychiatrist**

Coventry, CV1 4AE

Salary:

£138714.28 to £149713.64

Type:

Permanent

Employer:

Change Grow Live

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

[54]

- **Consultant Orthogeriatrician**

Keighley, BD20 6TD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Airedale NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Orthogeriatrician job \(opens in a new window\)](#) [55]

- **Consultant Paediatrician**

Kettering, NN16 8UZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Kettering General Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Paediatrician job \(opens in a new window\)](#)

[56]

- **Gynaecology Consultant**



Gloucester, GL1 3PX

Salary:

Negotiable

Type:

Locum

Employer:

HealthHarmonie

[Apply now on NHS Jobs for Gynaecology Consultant job \(opens in a new window\)](#)

[57]

- **Consultant Nephrologist**

Middlesbrough, TS4 3BW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

South Tees Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Nephrologist job \(opens in a new window\)](#)

[58]

- **Consultant Microbiologist**

Liverpool, L12 2AP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Alder Hey Children's NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Microbiologist job \(opens in a new window\)](#)

[59]

- **Consultant Cardiologist**

London, SW17 0QT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

St George's University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Cardiologist job \(opens in a new window\)](#)

[60]

- **Consultant Gastroenterology**

Lancaster, LA14 4RP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals of Morecambe Bay NHS Trust

[Apply now on NHS Jobs for Consultant Gastroenterology job \(opens in a new window\)](#) <sup>[61]</sup>

- **Consultant Psychiatrist**

Baldock, SG7 6ND

Salary:

£160000.00

Type:

Permanent

Employer:

Nouvita Limited

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

<sup>[62]</sup>

- **Cardiology Consultant**

Chester, CH2 1UL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Countess of Chester Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Cardiology Consultant job \(opens in a new window\)](#) <sup>[63]</sup>

- **Consultant Geriatrician**

Salford, M6 8HD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Northern Care Alliance NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Geriatrician job \(opens in a new window\)](#)

<sup>[64]</sup>

- **Rheumatology Consultant**

Rochdale, OL12 0NB

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Northern Care Alliance NHS Foundation Trust

[Apply now on NHS Jobs for Rheumatology Consultant job \(opens in a new window\)](#)

[65]

- **Consultant Psychiatrist**

Mansfield , NG21 0HR

Salary:

£165000.00

Type:

Permanent

Employer:

Cygnnet Health Care

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

[66]

- **Further information**

These organisations have further information about being an endocrinologist or diabetologist, particularly as your career progresses, so take a look.

[Royal College of Physicians](#) [67]

[Royal College of Physicians of Edinburgh](#) [68]

[Association of British Clinical Diabetologists](#) [69]

[Diabetes UK](#) [70]

[Society for Endocrinology](#) [71]

[Young Diabetologists and Endocrinologist](#) [72]

And hear from people working as endocrinology and diabetes doctors.

[Clinical Careers in Endocrinology and Diabetes \(Society for Endocrinology\)](#) [73]

Careers in diabetes and endocrinology (BMJ) [74]

Profiles of people working in different areas of endocrinology (Society for Endocrinology) [75]

Dr Kelly Cheer, consultant in diabetes and endocrinology (RCP) [76]

## Other roles that may interest you

- General internal medicine [77]
- Acute internal medicine [78]
- Gastroenterology [79]
- Medical oncology [80]

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### Links

[1] [https://www.healthcareers.nhs.uk/glossary#Endocrine\\_system](https://www.healthcareers.nhs.uk/glossary#Endocrine_system) [2]  
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