

# Endocrinology and diabetes

Endocrinologists and diabetologists investigate, diagnose and treat disorders of the endocrine system [1].

Typically, you'll work in both diabetes and endocrinology although some specialists focus on one area and not the other.

Two female doctors consulting notes

## Life as an endocrinologist or diabetologist

Predominantly an outpatient specialty, some of your patients will require hospital admission for you to investigate and manage their condition. In addition, you'll often support primary care [2] (GPs) in some of the public health challenges such as obesity and type 2 diabetes.

What's more, at least 15% of all hospital inpatients have diabetes or an endocrine disorder. Increasingly, you'll manage patients jointly with other hospital-based colleagues. As a specialism that covers the effects of hormones on the whole body, you also have skills that can help across all of general medicine and often help support emergency admissions to hospital for people with a broad range of conditions.

One of the great things about the specialty is there is no typical day. You may see people of all ages with newly diagnosed type 1 diabetes, or diabetic complications or with diabetes in certain circumstances, for example pregnancy. As an endocrinologist, you'll work in a specialist setting treating patients with a wide range of endocrine disorders. You may be leading team meetings (called multi-disciplinary meetings) or teaching other students or doctors about how to diagnose the more challenging conditions. It is a career that you can mould to your strengths.

Endocrinologists and diabetologists treat conditions such as:

- diabetes mellitus
- thyroid disease
- lipid disorders
- endocrine disorders of the reproductive system, such as polycystic ovary syndrome
- adrenal disease
- bone and calcium disorders
- pituitary disease

- endocrine late effects of cancer treatment

Common procedures include:

- programmed investigations for complex endocrine disorders
- managing endocrine patients and patients with diabetes before and after surgery
- management of diabetic and endocrine emergencies such as ketoacidosis and hypercalcaemia
- managing diabetes and endocrine conditions during pregnancy

You'll also be expected to perform as part of a large, multidisciplinary team including specialist nurses, allied health professionals and other specialist clinicians, and work across medical wards treating patients with general medical problems.

## How much can I earn?

You'll first earn a salary when you start your [foundation training](#) <sup>[3]</sup> after medical school. Find out details of current salary ranges for foundation and specialty training, [SAS doctors](#) <sup>[4]</sup> and consultants on the [Pay for doctors](#) <sup>[5]</sup> page.

## How about the benefits?

- make a difference
- ability to choose parts of the specialty to focus on
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

## Must-have skills

- excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families
- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

## Entry requirements

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

## **What are my chances of starting a career as an endocrinologist or diabetologist?**

There are approximately 791 endocrinologists and diabetologists working in the NHS in England. In 2020, there were 325 applications for 74 training places.

## **How to become an endocrinologist or diabetologist**

After medical school, you'll join the paid two-year foundation programme <sup>[6]</sup> where you'll work in six placements in different settings.

After your foundation programme, you then get experience of all medical specialties over three years (internal medicine training).

You can then apply for paid specialty training <sup>[7]</sup> to become an endocrinologist or diabetologist, which will take a minimum of four years.

You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

Many people do it in combination with an academic post at the university to research more about the conditions they are seeing.

## **Where a career as an endocrinologist or diabetologist can take you**

Many endocrinologists and diabetologists develop sub-specialty interests such as:

- diabetes in pregnancy
- paediatric and adolescent diabetes and endocrinology
- diabetic renal disease
- diabetic neuropathy and foot problems
- diabetic eye disease
- thyroid problems
- pituitary and adrenal disease
- reproductive endocrinology
- endocrine late effects of cancer treatment
- lipid disorders
- gender identity services

- bariatric medicine
- metabolic <sup>[8]</sup> bone disease
- neuroendocrine tumours

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#### ○ Consultant - Diabetes and Endocrinology

Basildon, SS16 5NL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Mid and South Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant - Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[9]</sup>

#### ○ Consultant in Diabetes & Endocrinology

Sunderland, SR4 7TP

South Shields, NE34 0PL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

South Tyneside and Sunderland NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes & Endocrinology job \(opens in a new window\)](#) <sup>[10]</sup>

#### ○ Consultant in Diabetes and Endocrinology

London, SW17 0QT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

St George's University Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[11]</sup>

- **Consultant in Diabetes and Endocrinology**

Ashford, TN24 0LZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Kent Hospitals University NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[12]</sup>

- **Consultant in Diabetes and Endocrinology**

Taunton, TA1 5DA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Somerset NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes and Endocrinology job \(opens in a new window\)](#) <sup>[13]</sup>

- **Consultant in Endocrinology and Diabetes**

Bolton, BL4 0JR

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Bolton NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Endocrinology and Diabetes job \(opens in a new window\)](#) <sup>[14]</sup>

- **Consultant Physician in Diabetes, Endocrinology**

Stockton-on-Tees, TS19 8PE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North Tees & Hartlepool NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Physician in Diabetes, Endocrinology job \(opens in a new window\)](#) <sup>[15]</sup>

- **Consultant in Diabetes and Endocrinology - Broomfield**

Chelmsford, CM1 7ET

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Mid and South Essex NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes and Endocrinology - Broomfield job \(opens in a new window\)](#) <sup>[16]</sup>

- **Medical Secretary - Diabetes & Endocrinology**

Bath, BA1 3NG

Salary:

£24625.00 to £25674.00

Type:

Permanent

Employer:

Royal United Hospitals Bath NHS Foundation Trust

[Apply now on NHS Jobs for Medical Secretary - Diabetes & Endocrinology job \(opens in a new window\)](#) <sup>[17]</sup>

- **Consultant in Diabetes**

Derby, DE22 3NE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals of Derby and Burton NHS Foundation Trust

[Apply now on NHS Jobs for Consultant in Diabetes job \(opens in a new window\)](#)

[18]

- **Clinical Lead in Diabetes and Endocrinology**

Ashford, TN24 0LZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

East Kent Hospitals University NHS Foundation Trust

[Apply now on NHS Jobs for Clinical Lead in Diabetes and Endocrinology job \(opens in a new window\)](#) [19]

- **Consultant in Diabetes & Endocrine**

Worksop, S80 0BD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Doncaster & Bassetlaw Teaching Hospitals NHS FT

[Apply now on NHS Jobs for Consultant in Diabetes & Endocrine job \(opens in a new window\)](#) [20]

- **Trust Grade Doctor (ST3-5 equivalent) in Diabetes and Endocrinology**

Harlow, CM20 1QX

Salary:

£61825.00

Type:

Fixed-Term

Employer:

The Princess Alexandra Hospital NHS Trust

[Apply now on NHS Jobs for Trust Grade Doctor \(ST3-5 equivalent\) in Diabetes and Endocrinology job \(opens in a new window\)](#) [21]

- **Consultant in Integrated Diabetes Care & Weight Management**

Gloucester, GL1 3NN

Salary:

£105504.00 to £139882.00

Type:

Permanent  
Employer:  
Gloucestershire Hospitals NHS Foundation Trust  
[Apply now on NHS Jobs for Consultant in Integrated Diabetes Care & Weight Management job \(opens in a new window\)](#) <sup>[22]</sup>

- **Consultant in Obstetrics with an Interest in Diabetes**

Gloucester, GL1 3NN

Salary:  
£105504.00 to £139882.00

Type:  
Permanent

Employer:  
Gloucestershire Hospitals NHS Foundation Trust  
[Apply now on NHS Jobs for Consultant in Obstetrics with an Interest in Diabetes job \(opens in a new window\)](#) <sup>[23]</sup>

- **Consultant**

Liverpool, L12 2AP

Salary:  
£105504.00 to £139882.00

Type:  
Permanent

Employer:  
Alder Hey Children's NHS Foundation Trust  
[Apply now on NHS Jobs for Consultant job \(opens in a new window\)](#) <sup>[24]</sup>

- **Diabetes Practitioner**

Southampton, SO18 6BT  
Southampton, SO16 4GX  
Southampton, SO14 0YG

Salary:  
£37338.00 to £44962.00

Type:  
Permanent

Employer:  
Hampshire and Isle of Wight Healthcare NHS Foundation Trust  
[Apply now on NHS Jobs for Diabetes Practitioner job \(opens in a new window\)](#) <sup>[25]</sup>

- **Consultant Dermatologist**

Camberley, GU16 6QQ

Salary:



£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[26]

- **Consultant Dermatologist**

Rochester, ME1 2EL

Salary:

£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[27]

- **Consultant Gynaecologist**

Telford, TF3 4LZ

Salary:

Negotiable

Type:

Bank

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Gynaecologist job \(opens in a new window\)](#)

[28]

- **Consultant Gastroenterologist**

Yeovil, BA21 4AT

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Somerset NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Gastroenterologist job \(opens in a new window\)](#) [29]

- **Stroke Consultant**

Bournemouth, BH7 7DW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Dorset NHS Foundation Trust

[Apply now on NHS Jobs for Stroke Consultant job \(opens in a new window\)](#) <sup>[30]</sup>

- **Consultant Psychiatrist**

Bury St Edmunds, IP30 9LR

Salary:

Negotiable

Type:

Permanent

Employer:

Elysium Healthcare

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

<sup>[31]</sup>

- **Consultant Gynaecologist**

Sheffield, S11 8UX

Salary:

Negotiable

Type:

Permanent

Employer:

One Health Group

[Apply now on NHS Jobs for Consultant Gynaecologist job \(opens in a new window\)](#)

<sup>[32]</sup>

- **Consultant Psychiatrist**

York, YO23 3FT

Salary:

£189900.00

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

<sup>[33]</sup>

- **Consultant Haematologist**

Shrewsbury, SY3 8XQ

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

The Shrewsbury and Telford Hospital NHS Trust

[Apply now on NHS Jobs for Consultant Haematologist job \(opens in a new window\)](#)

[34]

- **Consultant Urologist**

Wolverhampton, WV10 0QP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Royal Wolverhampton NHS Trust

[Apply now on NHS Jobs for Consultant Urologist job \(opens in a new window\)](#) [35]

- **Solicitor Consultant**

Cambridge, CB2 0QQ

Salary:

£62215.00 to £72293.00

Type:

Permanent

Employer:

Cambridge University Hospital NHS Foundation Trust

[Apply now on NHS Jobs for Solicitor Consultant job \(opens in a new window\)](#) [36]

- **Consultant Psychiatrist**

Pentre, CF417BT

Salary:

£110240.00 to £160951.00

Type:

Permanent

Employer:

Cwm Taf Morgannwg University Health Board

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

[37]

- **Consultant Gastroenterologist**

Northampton, NN1 5BD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Northampton General Hospital

[Apply now on NHS Jobs for Consultant Gastroenterologist job \(opens in a new window\)](#) <sup>[38]</sup>

- **Consultant Psychiatrist**

Pentre, CF417BT

Salary:

£110240.00 to £160951.00

Type:

Permanent

Employer:

Cwm Taf Morgannwg University Health Board

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

<sup>[37]</sup>

- **Consultant Haematologist**

Shrewsbury, SY3 8XQ

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

The Shrewsbury and Telford Hospital NHS Trust

[Apply now on NHS Jobs for Consultant Haematologist job \(opens in a new window\)](#)

<sup>[34]</sup>

- **Consultant Anaesthetist**

Birmingham, B152QD

Salary:

£130000.00

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Consultant Anaesthetist job \(opens in a new window\)](#)

[39]

- **Gynaecology Consultant**

Gloucester, GL1 3PX

Salary:

Negotiable

Type:

Locum

Employer:

HealthHarmonie

[Apply now on NHS Jobs for Gynaecology Consultant job \(opens in a new window\)](#)

[40]

- **Consultant Psychiatrist**

Baldock, SG7 6ND

Salary:

£160000.00

Type:

Permanent

Employer:

Nouvita Limited

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#)

[41]

- **Consultant Dermatologist**

Woking, GU23 7BP

Salary:

£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[42]

- **Consultant Dermatologist**

Sevenoaks, TN13 3PG

Salary:

£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[43]

- **Consultant Neurologist**

Hereford, HR1 2ER

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Wye Valley NHS Trust

[Apply now on NHS Jobs for Consultant Neurologist job \(opens in a new window\)](#)

[44]

- **Consultant Geriatrician**

Taunton, TA1 5DA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Somerset NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Geriatrician job \(opens in a new window\)](#)

[45]

- **Consultant Neurologist**

Wakefield, WF1 4DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Mid Yorkshire Teaching NHS Trust

[Apply now on NHS Jobs for Consultant Neurologist job \(opens in a new window\)](#)

[46]

- **Consultant Neuroradiologist**

Salford, M6 8HD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Northern Care Alliance NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Neuroradiologist job \(opens in a new window\)](#) <sup>[47]</sup>

- **Consultant Neurologist**

LONDON, E1 1BB

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Consultant Neurologist job \(opens in a new window\)](#)

<sup>[48]</sup>

- **Consultant Neurologist**

LONDON, E1 1BB

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barts Health NHS Trust

[Apply now on NHS Jobs for Consultant Neurologist job \(opens in a new window\)](#)

<sup>[49]</sup>

- **Breast Consultant**

Winchester, SO55 2DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Breast Consultant job \(opens in a new window\)](#) <sup>[50]</sup>

- **Paediatric Consultant**

Swindon, SN3 6BB

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Great Western Hospitals NHS Foundation Trust

[Apply now on NHS Jobs for Paediatric Consultant job \(opens in a new window\)](#) <sup>[51]</sup>

- **Consultant Neurophysiologist**

Swansea, SA6 6NL

Salary:

£110240.00 to £160951.00

Type:

Permanent

Employer:

Swansea Bay University Health Board

[Apply now on NHS Jobs for Consultant Neurophysiologist job \(opens in a new window\)](#) <sup>[52]</sup>

- **Consultant Gastroenterologist**

Carlisle, CA2 7HY

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Gastroenterologist job \(opens in a new window\)](#) <sup>[53]</sup>

- **Consultant Anaesthetist**

Whitehaven, CA28 8JG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Anaesthetist job \(opens in a new window\)](#) <sup>[54]</sup>

- **Consultant Orthogeriatrician**

Keighley, BD20 6TD



Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Airedale NHS Foundation Trust

[Apply now on NHS Jobs for Consultant Orthogeriatrician job \(opens in a new window\)](#) <sup>[55]</sup>

- **Consultant Psychiatrist**

Market Harborough, LE16 7RP

Salary:

£180000.00 to £180000.00

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#) <sup>[56]</sup>

- **Consultant Psychiatrist**

Hinckley, LE10 1DA

Salary:

Negotiable

Type:

Locum

Employer:

e-Harley Street

[Apply now on NHS Jobs for Consultant Psychiatrist job \(opens in a new window\)](#) <sup>[57]</sup>

- **Consultant Gastroenterology**

Lancaster, LA14 4RP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals of Morecambe Bay NHS Trust

[Apply now on NHS Jobs for Consultant Gastroenterology job \(opens in a new window\)](#) <sup>[58]</sup>

- **Consultant Dermatologist**

London, EC3M 1DT

Salary:

£2000.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[59]

- **Consultant Anaesthetist**

Chesterfield, S43 4XE

Salary:

£118668.00

Type:

Permanent

Employer:

Practice Plus Group

[Apply now on NHS Jobs for Consultant Anaesthetist job \(opens in a new window\)](#)

[60]

- **ENT Consultant**

Brighton, BN1 3XP

Salary:

Negotiable

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for ENT Consultant job \(opens in a new window\)](#) [61]

- **Consultant Dermatologist**

Haywards Heath, RH16 4BN

Salary:

£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[62]

- **Consultant Dermatologist**

Gravesend, DA11 8BZ

Salary:

£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[63]

- **Consultant Dermatologist**

Bognor Regis, PO22 9TD

Salary:

£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[64]

- **Consultant Dermatologist**

Worthing, BN11 2AA

Salary:

£1.00

Type:

Locum

Employer:

18 Week Support Limited

[Apply now on NHS Jobs for Consultant Dermatologist job \(opens in a new window\)](#)

[65]

- **Further information**

These organisations have further information about being an endocrinologist or diabetologist, particularly as your career progresses, so take a look.

[Royal College of Physicians](#) [66]

[Royal College of Physicians of Edinburgh](#) [67]

[Association of British Clinical Diabetologists](#) [68]

[Diabetes UK](#) [69]

[Society for Endocrinology](#) [70]

[Young Diabetologists and Endocrinologist](#) [71]

And hear from people working as endocrinology and diabetes doctors.

[Clinical Careers in Endocrinology and Diabetes \(Society for Endocrinology\)](#) [72]

[Careers in diabetes and endocrinology \(BMJ\)](#) [73]

[Profiles of people working in different areas of endocrinology \(Society for Endocrinology\)](#) [74]

[Dr Kelly Cheer, consultant in diabetes and endocrinology \(RCP\)](#) [75]

## Other roles that may interest you

- [General internal medicine](#) [76]
- [Acute internal medicine](#) [77]
- [Gastroenterology](#) [78]
- [Medical oncology](#) [79]

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### Links

[1] [https://www.healthcareers.nhs.uk/glossary#Endocrine\\_system](https://www.healthcareers.nhs.uk/glossary#Endocrine_system) [2]  
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<https://beta.jobs.nhs.uk/candidate/jobadvert/C9292-25-0267> [22]

<https://beta.jobs.nhs.uk/candidate/jobadvert/C9318-25-0626> [23]  
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9318-25-0636> [24]  
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9411-25-0269> [25]  
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<https://beta.jobs.nhs.uk/candidate/jobadvert/E0341-25-0113> [29]  
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<https://beta.jobs.nhs.uk/candidate/jobadvert/C9184-25-0953> [46]  
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<https://beta.jobs.nhs.uk/candidate/jobadvert/C9236-25-1131> [48]  
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9259-25-1427> [49]  
<https://beta.jobs.nhs.uk/candidate/jobadvert/C9259-25-1428> [50]  
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<https://beta.jobs.nhs.uk/candidate/jobadvert/C9249-25-0280> [52]  
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