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## **E-portfolios for doctors**

The e-portfolio is an electronic tool for doctors to store and record a collection of evidence that demonstrates their learning achievements and abilities.

It promotes life-long learning by encouraging doctors to reflect on their own needs and clinical competences, and the needs of their patients.

The e-portfolio promotes life-long learning

An e-portfolio can help you to:

- keep documents together to evidence your progress and learning
- reflect on your learning (very important see section below on reflecting)
- think about your personal development plan [1] (PDP), encouraging you to think about what you need to do next to help you progress in your career
- prepare for an interview
- develop your CV

## Reflecting

Reflecting on your learning may be quite new to you so you may find the Academy and COPMeD reflective practice toolkit [2]helpful.

## The foundation portfolio

Find out more about e-portfolios on the UKFPO website [3].

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## Links

[1] https://www.healthcareers.nhs.uk/glossary#Personal\_development\_plan

[2

https://healtheducationengland.sharepoint.com/sites/UKFPOT/WebDocs/Forms/AllItems.aspx?id=%2Fsites%2FUK

[3] https://foundationprogramme.nhs.uk/curriculum/e-portfolio/