

## Impartial professional careers advice

If you are unsure about whether a career in health is right for you, you could consider getting professional careers advice and guidance from the [National Careers Service](#) <sup>[1]</sup>.

This page outlines how to get more detailed careers information with useful phone numbers and web links.

Advice is available on-line, over the phone or face to face. You can ask questions about careers, jobs, learning or training.

- call 0800 100 900
- [chat online](#) <sup>[2]</sup>
- [email an adviser](#) <sup>[3]</sup>

[National Careers Service](#) <sup>[1]</sup> advisers are available from 8am to 10pm, seven days a week.

There is also lots of information to help you think about the sort of career you'd like in the [career planning section](#) <sup>[4]</sup> of this website and you can contact us if you'd like to talk through any health career ideas.

### Partner logos



<sup>[2]</sup>

**Links**

[1] <https://nationalcareersservice.direct.gov.uk/Pages/Home.aspx>

[2] <https://cxdirect.serco.com/visitor/EntryPage.htm>

[3] <https://nationalcareersservice.direct.gov.uk/aboutus/contactus/Pages/adviser.aspx>

[4] <https://www.healthcareers.nhs.uk/career-planning>