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# **Anaesthesia**

Anaesthetists are the largest group of hospital-based specialists and give anaesthetics for surgical, medical and psychiatric procedures.

They facilitate pain-free childbirth, resuscitate acutely unwell patients, run chronic pain services and lead intensive care [1] units.

Can't see the video? You'll need to accept all <u>cookies</u> [2]. Alternatively, visit our YouTube Channel to view our videos [3]

### Life as an anaesthetist

It's your responsibility to choose the appropriate anaesthetic for your patient. Typically, you'll offer four stages of patient care for a routine anaesthetic:

- preparation you'll assess your patient's fitness for anaesthesia and agree on an anaesthetic plan
- induction you'll initiate the anaesthesia
- maintenance you'll continue the anaesthesia while monitoring your patient's condition, including checking the activity of the heart, blood pressure, oxygen and carbon dioxide levels, breathing, body temperature, depth of anaesthesia and the body fluid balance
- recovery you'll reverse the anaesthesia and support the patient's recovery

Most of your time will be spent in operating theatres, but anaesthetists perform numerous roles in many different areas of a hospital. On any given day, you'll facilitate pain free childbirth, resuscitate acutely unwell patients, run chronic pain services and lead intensive care [1] units.

You can expect to work in areas such as:

- obstetric units
- critical care services for intensive care [1] and high dependency patients
- resuscitation services
- emergency departments
- chronic pain management

- · acute pain teams
- dentistry
- perioperative [4] clinics
- research
- psychiatry for patients receiving electro-convulsive therapy [5] (ECT)
- radiology anaesthesia for CT scans [6] and MRI [7], especially in children
- inter-hospital transfers of critically ill patients

You'll also work closely with patients, understanding their condition and treatment. It's your responsibility to care for a patient for the duration of their operation. Being prepared for the unexpected can be exciting but also challenging at times.

#### Dr Sarah Plummer

#### Consultant anaesthetist

Seeing patients wake up safely and with good pain relief after any surgery always makes my job worthwhile.

Read Sarah's story. [8]

### How much can I earn?

You'll first earn a salary when you start your <u>foundation training</u> [9] after medical school. Find out details of current salary ranges for foundation and specialty training, <u>SAS doctors</u> [10] and consultants on the 'Pay for doctors' [11] page.

### How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

### **Must-have skills**

 excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families

- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

## **Entry requirements**

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

# What are my chances of starting a career as an anaesthetist?

In 2020, there were 1,479 applications for 569 places for anaesthetic specialty training.

## How to become an anaesthetist

- After medical school, you'll join the paid two-year <u>foundation</u> [12] <u>programme</u> [12]?where you'll work in six placements in different settings.?
- After your foundation programme, you can apply for paid <u>specialty training</u> [13] to become an anaesthetist which will take?a minimum of 7 or 8 years.
- You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

# Where a career as an anaesthetist can take you

You could:

• specialise or conduct research in areas such as pain medicine

- teach medical students or postgraduate students in training
- get involved in research at universities, the NHS or private sector?

# Find your degree in medicine

Region		Type of qualification		Full or part time	
- Any -	•	- Any -	•	Search	•

Displaying 1 - 5 of 77 matches

### **Medicine with Foundation Year**

University of Plymouth

View course [14] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - BMBS

Study mode

Full-time

Duration of the course

6 Years

Leading to a career in

Medicine

Contact details

meddent-admissions@plymouth.ac.uk [15]

+44 (0)1752 437333

Region

South West

Admissions address

**Drake Circus** 

**Plymouth** 

PL4 8AA

**United Kingdom** 

# **Medicine (Graduate Entry) (4 years)**

University of St Andrews

View course [16] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB ChB

Study mode

Full-time

Duration of the course

4 Years

Leading to a career in

Medicine

Contact details

scotgem-admissions@st-andrews.ac.uk [17] 01334 463619

Region

Scotland

Admissions address

16 St Katharine's West

St Andrews

**KY16 9AX** 

**United Kingdom** 

# **Medicine (Graduate Entry)**

Cardiff University

View course [18] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB BCh

Study mode

Full-time

Duration of the course

4 Years

Leading to a career in

Medicine

Contact details

admissions@cardiff.ac.uk [19]

029 2087 9999

Region

Wales

Admissions address

30-36 Newport Road

Cardiff

CF24 0DE

**United Kingdom** 

### **Medicine North Wales**

**Cardiff University** 

View course [20] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB BCh

Study mode

Full-time

Duration of the course

4 Years

Leading to a career in

Medicine

```
    Contact details
```

admissions@cardiff.ac.uk [19]

029 2087 9999

Region

Wales

Admissions address

**Bangor University** 

Bangor

Gwynedd, North Wales

Bangor

LL57 2DG

Wales

### Medicine

**Cardiff University** 

View course [21] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB BCh

Study mode

Full-time

Duration of the course

5 Years

Leading to a career in

Medicine

Contact details

admissions@cardiff.ac.uk [19]

029 2087 9999

Region

Wales

Admissions address

30-36 Newport Road

Cardiff

CF24 0DE

**United Kingdom** 

Load more Load more results [22]

# Live vacancies

# Find a vacancy

Enter your location or postcode

#### Search

#### Consultant Anaesthetist

Whitehaven, CA28 8JG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[23]

#### Consultant Anaesthetist

Basingstoke, RG24 9NA

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[24]

#### Consultant Anaesthetist

Ashton-Under-Lyne, OL6 9RW

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Tameside and Glossop Integrated Care NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[25]

#### Consultant Anaesthetist

Chesterfield, S43 4XE

Salary:

£118668.00

Type:

Permanent

Employer:

Practice Plus Group

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

#### Consultant Anaesthetist

London, E13 8SL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barts Health NHS Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[27]

#### Consultant Anaesthetist

Whitehaven, CA28 8JG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[28]

#### Consultant Anaesthetist

Shepton Mallet, BA4 4LP

Salary:

Negotiable

Type:

Permanent

Employer:

**Practice Plus Group** 

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

#### Consultant Anaesthetist

Winchester, SO22 5DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[30]

#### Bank Consultant Anaesthetist

Shepton Mallet, BA4 4LP

Salary:

Negotiable

Type:

Bank

Employer:

**Practice Plus Group** 

Apply now on NHS Jobs for Bank Consultant Anaesthetist job (opens in a new window) [31]

#### Locum Consultant Anaesthetist

Warwick, CV34 5BW

Salary:

Negotiable

Type:

Fixed-Term

Employer:

South Warwickshire University NHS Foundation Trust

Apply now on NHS Jobs for Locum Consultant Anaesthetist job (opens in a new window) [32]

#### Locum Consultant Anaesthetist

Whitehaven, CA28 8JG

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

North Cumbria Integrated Care NHS Foundation Trust

Apply now on NHS Jobs for Locum Consultant Anaesthetist job (opens in a new window) [33]

#### Part Time Consultant Anaesthetist

Birmingham, B152QD

Salary:

£130000.00

Type:

Permanent

Employer:

Practice Plus Group

Apply now on NHS Jobs for Part Time Consultant Anaesthetist job (opens in a new window) [34]

#### Locum Consultant Paediatric Anaesthetist

Bristol, BS2 8BL

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

University Hospitals Bristol and Weston NHS Foundation Trust (UHBW)

<u>Apply now on NHS Jobs for Locum Consultant Paediatric Anaesthetist job (opens in a new window)</u> [35]

#### Fixed Term Cardiac Anaesthetist

Brighton, BN2 5BE

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

Apply now on NHS Jobs for Fixed Term Cardiac Anaesthetist job (opens in a new window) [36]

#### Consultant Anaesthetist in Paediatric Anaesthesia

Hull, HU3 2JZ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hull University Teaching Hospitals NHS Trust

Apply now on NHS Jobs for Consultant Anaesthetist in Paediatric Anaesthesia job (opens in a new window) [37]

#### Consultant Anaesthetist with interest in ITU

Croydon, CR7 7YE

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Croydon Health Services NHS Trust

Apply now on NHS Jobs for Consultant Anaesthetist with interest in ITU job (opens in a new window) [38]

#### o Consultant Anaesthetist with interest in Obstetric anaesthesia

Croydon, CR7 7YE

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Croydon Health Services NHS Trust

Apply now on NHS Jobs for Consultant Anaesthetist with interest in Obstetric anaesthesia job (opens in a new window) [39]

#### Consultant Anaesthetist with an interest in Obstetrics

Cramlington, NE23 6NZ

Salary:

£109725.00 to £145478.00

Type:

Permanent

Employer:

Northumbria Healthcare NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist with an interest in Obstetrics job (opens in a new window) [40]

### Consultant Anaesthetist (Interest in Specialist/Major General Surgery)

Oxford, OX3 9DU

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Oxford University Hospitals NHS Foundation Trust

<u>Apply now on NHS Jobs for Consultant Anaesthetist (Interest in Specialist/Major</u>

General Surgery) job (opens in a new window) [41]

#### o Consultant Anaesthetist with a interest in renal, IR and trauma

London, E1 1FR

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Barts Health NHS Trust

Apply now on NHS Jobs for Consultant Anaesthetist with a interest in renal, IR and trauma job (opens in a new window) [42]

# Further information

These organisations have further information about being an anaesthetist, particularly as your career progresses. Take a look.

The Royal College of Anaesthetists [43]

The Association of Anaesthetists of Great Britain and Ireland [44]

Association of Cardiothoracic Anaesthetists [45]

The National Institute of Academic Anaesthesia [46]

And hear from people already working as an anaesthetist:

Starting in anaesthetics (BMJ) [47]

The secret life of an anaesthetist (The Guardian) [48]

About anaesthesia (HEWM) [49]

Dr Zulfi Sadiq, anaesthesia (HEEM) [50]

### Other roles that may interest you

- Emergency medicine [51]
- Acute internal medicine [52]
- General surgery [53]
- General practitioner [54]

Links [1] https://www.healthcareers.nhs.uk/glossary#Intensive\_care [2] https://www.healthcareers.nhs.uk/privacy-and-cookies/#CookieDeclarationChangeConsentChange[3] https://www.youtube.com/NHSCareers [4] https://www.healthcareers.nhs.uk/glossary#Perioperative [5] https://www.healthcareers.nhs.uk/glossary#Electro-convulsive\_therapy[6] https://www.healthcareers.nhs.uk/glossary#CT\_scans [7] https://www.healthcareers.nhs.uk/glossary#MRI [8] https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/anaesthesia/real-life-story-drsarah-plummer/real-life-story-dr-sarah-plummer [9] https://www.healthcareers.nhs.uk/glossary#Foundation\_training[10] https://www.healthcareers.nhs.uk/explore-roles/doctors/career-opportunities-doctors/sas-doctors [11] https://www.healthcareers.nhs.uk/explore-roles/doctors/pay-doctors [12] https://foundationprogramme.nhs.uk/ [13] https://specialtytraining.hee.nhs.uk/ [14] https://www.plymouth.ac.uk/courses/undergraduate/bmbs-bachelor-of-medicine-bachelor-of-surgery-withfoundation-year-0 [15] mailto: meddent-admissions@plymouth.ac.uk [16] https://www.standrews.ac.uk/subjects/medicine/scotgem-mbchb/ [17] mailto: scotgem-admissions@st-andrews.ac.uk [18] https://www.cardiff.ac.uk/study/undergraduate/courses/2022/medicine-graduate-entry-mbbch [19] mailto: admissions@cardiff.ac.uk [20] https://www.cardiff.ac.uk/study/undergraduate/courses/2022/mbbchnorth-wales [21] https://www.cardiff.ac.uk/study/undergraduate/courses/2022/medicine-mbbch [22] https://www.healthcareers.nhs.uk/printpdf/756?page=1 [23] https://beta.jobs.nhs.uk/candidate/jobadvert/C9262-25-0569 [24] https://beta.jobs.nhs.uk/candidate/jobadvert/C9251-25-0531 [25] https://beta.jobs.nhs.uk/candidate/jobadvert/C9245-25-0356 [26] https://beta.jobs.nhs.uk/candidate/jobadvert/E0314-25-3391 [27] https://beta.jobs.nhs.uk/candidate/jobadvert/C9259-25-1648 [28] https://beta.jobs.nhs.uk/candidate/jobadvert/C9262-25-0825 [29] https://beta.jobs.nhs.uk/candidate/jobadvert/E0314-25-0265 [30] https://beta.jobs.nhs.uk/candidate/jobadvert/C9251-25-0530 [31] https://beta.jobs.nhs.uk/candidate/jobadvert/E0314-25-3353 [32] https://beta.jobs.nhs.uk/candidate/jobadvert/C9203-25-0437 [33] https://beta.jobs.nhs.uk/candidate/jobadvert/C9262-25-0884 [34] https://beta.jobs.nhs.uk/candidate/jobadvert/E0314-25-3394 [35] https://beta.jobs.nhs.uk/candidate/jobadvert/C9387-25-1394 [36] https://beta.jobs.nhs.uk/candidate/jobadvert/C9279-25-1439 [37] https://beta.jobs.nhs.uk/candidate/jobadvert/C9356-25-0632 [38] https://beta.jobs.nhs.uk/candidate/jobadvert/C9199-25-0306 [39] https://beta.jobs.nhs.uk/candidate/jobadvert/C9199-25-0307 [40] https://beta.jobs.nhs.uk/candidate/jobadvert/C9319-25-0729 [41] https://beta.jobs.nhs.uk/candidate/jobadvert/C9321-25-0994 [42] https://beta.jobs.nhs.uk/candidate/jobadvert/C9259-25-1642 [43] http://www.rcoa.ac.uk/careers-training [44] http://www.aagbi.org/ [45] http://www.acta.org.uk/home/welcome.asp [46] http://www.niaa.org.uk/ [47] http://careers.bmj.com/careers/advice/view-article.html?id=2239 [48] https://www.thequardian.com/commentisfree/2016/sep/12/secret-life-anaesthetist-surgerydoctor?CMP=twt\_qu [49] http://www.westmidlandsdeanery.nhs.uk/SpecialtySchools/PostgraduateSchoolofACE/Anaesthesia.aspx

[50]

https://www.eastmidlandsdeanery.nhs.uk/video\_popup.php?videoUrl=media/webcasts\_nov09/anaesth&autoPla [51] https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/emergency-medicine [52] https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/acute-internal-medicine [53] https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/surgery/general-surgery [54] https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/general-practitioner