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# **Anaesthesia**

Anaesthetists are the largest group of hospital-based specialists and give anaesthetics for surgical, medical and psychiatric procedures.

They facilitate pain-free childbirth, resuscitate acutely unwell patients, run chronic pain services and lead intensive care [1] units.

Can't see the video? You'll need to accept all <u>cookies</u> [2]. Alternatively, visit our YouTube Channel to view our videos [3]

## Life as an anaesthetist

It's your responsibility to choose the appropriate anaesthetic for your patient. Typically, you'll offer four stages of patient care for a routine anaesthetic:

- preparation you'll assess your patient's fitness for anaesthesia and agree on an anaesthetic plan
- induction you'll initiate the anaesthesia
- maintenance you'll continue the anaesthesia while monitoring your patient's condition, including checking the activity of the heart, blood pressure, oxygen and carbon dioxide levels, breathing, body temperature, depth of anaesthesia and the body fluid balance
- recovery you'll reverse the anaesthesia and support the patient's recovery

Most of your time will be spent in operating theatres, but anaesthetists perform numerous roles in many different areas of a hospital. On any given day, you'll facilitate pain free childbirth, resuscitate acutely unwell patients, run chronic pain services and lead intensive care [1] units.

You can expect to work in areas such as:

- obstetric units
- critical care services for intensive care [1] and high dependency patients
- resuscitation services
- emergency departments
- chronic pain management

- · acute pain teams
- dentistry
- perioperative [4] clinics
- research
- psychiatry for patients receiving electro-convulsive therapy [5] (ECT)
- radiology anaesthesia for CT scans [6] and MRI [7], especially in children
- inter-hospital transfers of critically ill patients

You'll also work closely with patients, understanding their condition and treatment. It's your responsibility to care for a patient for the duration of their operation. Being prepared for the unexpected can be exciting but also challenging at times.

#### Dr Sarah Plummer

#### Consultant anaesthetist

Seeing patients wake up safely and with good pain relief after any surgery always makes my job worthwhile.

Read Sarah's story. [8]

## How much can I earn?

You'll first earn a salary when you start your <u>foundation training</u> [9] after medical school. Find out details of current salary ranges for foundation and specialty training, <u>SAS doctors</u> [10] and consultants on the 'Pay for doctors' [11] page.

## How about the benefits?

- make a difference
- flexible and part-time working
- high income early in your career
- work anywhere in the world
- excellent pension scheme
- good holiday entitlement
- NHS discounts in shops and restaurants

## **Must-have skills**

 excellent communication skills to manage a wide range of relationships with colleagues, and patients and their families

- emotional resilience, a calm temperament and the ability to work well under pressure
- teamwork and the capacity to lead multidisciplinary teams
- problem-solving and diagnostic skills
- outstanding organisational ability and effective decision-making skills
- first-class time and resource management for the benefit of patients

## **Entry requirements**

Your first step is medical school. Typically, you'll need excellent GCSEs and three A or A\* passes at A level including chemistry for a five-year undergraduate degree in medicine. Many medical schools also ask for biology and others may require maths or physics.

If you already have a degree, you could study for a four-year postgraduate degree in medicine.

You'll need to pass an interview and admissions test. You'll be asked to show how you demonstrate the NHS values such as compassion and respect.

Some medical schools look to recruit a mix of students from different backgrounds and geographical areas, so your educational and economic background and family circumstances could be considered as part of your application.

# What are my chances of starting a career as an anaesthetist?

In 2020, there were 1,479 applications for 569 places for anaesthetic specialty training.

## How to become an anaesthetist

- After medical school, you'll join the paid two-year <u>foundation</u> [12] <u>programme</u> [12]?where you'll work in six placements in different settings.?
- After your foundation programme, you can apply for paid <u>specialty training</u> [13] to become an anaesthetist which will take?a minimum of 7 or 8 years.
- You may be able to train part time, for example for health reasons or if you have family or caring responsibilities.

## Where a career as an anaesthetist can take you

You could:

• specialise or conduct research in areas such as pain medicine

- teach medical students or postgraduate students in training
- get involved in research at universities, the NHS or private sector?

# Find your degree in medicine

Region	Type of qualification		Full or part time	
- Any - ▼	- Any -	▼	Search	▼

Displaying 6 - 10 of 77 matches

# **Medicine (Graduate Entry)**

**Ulster University** 

View course [14] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB BS

Study mode

Full-time

Duration of the course

4 Years

Leading to a career in

Medicine

Contact details

admissionsmg@ulster.ac.uk [15]

02871675678

Region

Northern Ireland

Admissions address

Northland Road

Londonderry

**BT48 7JL** 

United Kingdom

## **Medicine**

**Edge Hill University** 

View course [16] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB ChB

Study mode

Full-time

Duration of the course

5 Years

Leading to a career in

Medicine

Contact details

study@edgehill.ac.uk [17] +44 (0)1695 657000

Region

North West

Admissions address

St Helens Road

Ormskirk

L39 4QP

**United Kingdom** 

### Medicine

Kent and Medway Medical School

View course [18] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - BMBS

Study mode

Full-time

Duration of the course

5 Years

Leading to a career in

Medicine

Contact details

admissions@kmms.ac.uk [19]

01227 768896

Region

South East

Admissions address

Kent and Medway Medical School

Canterbury

CT2 7NZ

**United Kingdom** 

## Medicine (4.5-year degree)

University of Buckingham

View course [20] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB ChB

Study mode

Full-time

Duration of the course

4 Years

Leading to a career in

Medicine

Contact details

medicine-admissions@buckingham.ac.uk [21] 01280 827546

Region

South East

Admissions address

**Hunter Street** 

Buckingham

**MK18 1EG** 

**United Kingdom** 

## **Medicine MBBS**

**Brunel University London** 

View course [22] Opens in a new window

Qualification

Bachelor of Medicine, Bachelor of Surgery - MB BS

Study mode

Full-time

Duration of the course

5 Years

Leading to a career in

Medicine

Contact details

admissions@brunel.ac.uk [23]

+44 (0)1895 265 265

Region

London

Admissions address

Kingston Lane

Uxbridge

**UB8 3PH** 

**United Kingdom** 

Load more Load more results [24]

## Live vacancies

## Find a vacancy

Enter your location or postcode

Show results within

#### Consultant Anaesthetist

Birmingham, B152QD

Salary:

£130000.00

Type:

Permanent

Employer:

Practice Plus Group

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[25

#### Consultant Anaesthetist

Whitehaven, CA28 8JG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[26]

#### Consultant Anaesthetist

Whitehaven, CA28 8JG

Salary:

£93666.00 to £126281.00

Type:

Permanent

Employer:

North Cumbria Integrated Care NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[27]

#### Consultant Anaesthetist

Sutton in Ashfield, NG17 4JL

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

# Sherwood Forest Hospitals NHS Foundation Trust Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

#### Consultant Anaesthetist

Sheffield, S11 8UX

Salary:

Negotiable

Type:

Permanent

Employer:

One Health Group

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

#### Consultant Anaesthetist

Chesterfield, S43 4XE

Salary:

£118668.00

Type:

Permanent

Employer:

**Practice Plus Group** 

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

#### Consultant Anaesthetist

Winchester, SO22 5DG

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Hampshire Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)
[31]

## Consultant Anaesthetist

Chichester, PO19 6SE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Sussex NHS Foundation Trust (279)

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[32]

#### Consultant Anaesthetist

Salisbury, SP2 8BJ

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Salisbury NHS Foundation Trust

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[33]

#### Consultant Anaesthetist

Shepton Mallet, BA4 4LP

Salary:

£99275.00 to £147700.00

Type:

Permanent

Employer:

**Practice Plus Group** 

Apply now on NHS Jobs for Consultant Anaesthetist job (opens in a new window)

[34]

## Consultant Regional Anaesthetist

Wolverhampton, WV10 0QP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Royal Wolverhampton NHS Trust

Apply now on NHS Jobs for Consultant Regional Anaesthetist job (opens in a new window) [35]

#### Paediatric Consultant Anaesthetist

Plymouth, PL6 8DH

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

University Hospitals Plymouth NHS Trust

Apply now on NHS Jobs for Paediatric Consultant Anaesthetist job (opens in a new window) [36]

#### Locum Consultant Anaesthetist

Manchester, M20 4BX

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

The Christie NHS FT

Apply now on NHS Jobs for Locum Consultant Anaesthetist job (opens in a new window) [37]

#### Consultant Cardiothoracic Anaesthetist

Liverpool, L14 3PE

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Liverpool Heart and Chest Hospital

Apply now on NHS Jobs for Consultant Cardiothoracic Anaesthetist job (opens in a new window) [38]

#### Locum Consultant Anaesthetist

Basingstoke, RG24 9NA

Salary:

£105504.00 to £139882.00

Type:

Locum

Employer:

Hampshire Hospitals NHS Foundation Trust

Apply now on NHS Jobs for Locum Consultant Anaesthetist job (opens in a new window) [39]

## Consultant Regional Anaesthetist

Wolverhampton, WV10 0QP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Royal Wolverhampton NHS Trust

Apply now on NHS Jobs for Consultant Regional Anaesthetist job (opens in a new window) [40]

#### Consultant Obstetric Anaesthetist

Wolverhampton, WV10 0QP

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Royal Wolverhampton NHS Trust

Apply now on NHS Jobs for Consultant Obstetric Anaesthetist job (opens in a new window) [41]

#### Part Time Consultant Anaesthetist

Birmingham, B152QD

Salary:

£130000.00

Type:

Permanent

Employer:

**Practice Plus Group** 

Apply now on NHS Jobs for Part Time Consultant Anaesthetist job (opens in a new window) [42]

## Locum Consultant Anaesthetist (WM site)

Isleworth, TW7 6AF

Salary:

£105504.00 to £139882.00

Type:

Fixed-Term

Employer:

Chelsea and Westminster Hospital NHS Foundation Trust

Apply now on NHS Jobs for Locum Consultant Anaesthetist (WM site) job (opens in a new window) [43]

## Bank / Adhoc Paediatric Anaesthetist Registrar

London, NW8 9NH

Salary:

Negotiable

Type:

Bank

Employer:

The Hospital of St John and St Elizabeth

Apply now on NHS Jobs for Bank / Adhoc Paediatric Anaesthetist Registrar job (opens in a new window) [44]

### Consultant Anaesthetist (Obstetric & Peri-Operative Medicine)

Swansea, SA2 8QA

Salary:

£106000.00 to £154760.00

Type:

Permanent

Employer:

Swansea Bay University Health Board

Apply now on NHS Jobs for Consultant Anaesthetist (Obstetric & Peri-Operative Medicine) job (opens in a new window) [45]

#### Consultant Anaesthetist with interest in Critical Care Medicine

Northampton, NN1 5BD

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

Northampton General Hospital

Apply now on NHS Jobs for Consultant Anaesthetist with interest in Critical Care Medicine job (opens in a new window) [46]

#### Consultant Anaesthetist with an Interest in Obstetric Anaesthesia

Telford, TF1 6TF

Salary:

£105504.00 to £139882.00

Type:

Permanent

Employer:

The Shrewsbury and Telford Hospital NHS Trust

Apply now on NHS Jobs for Consultant Anaesthetist with an Interest in Obstetric Anaesthesia job (opens in a new window) [47]

## Further information

These organisations have further information about being an anaesthetist, particularly as your career progresses. Take a look.

The Royal College of Anaesthetists [48]

The Association of Anaesthetists of Great Britain and Ireland [49]

Association of Cardiothoracic Anaesthetists [50]

The National Institute of Academic Anaesthesia [51]

And hear from people already working as an anaesthetist:

Starting in anaesthetics (BMJ) [52]

The secret life of an anaesthetist (The Guardian) [53]

About anaesthesia (HEWM) [54]

Dr Zulfi Sadiq, anaesthesia (HEEM) [55]

# Other roles that may interest you

- Emergency medicine [56]
- Acute internal medicine [57]
- General surgery [58]
- General practitioner [59]

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#### Links

[1] https://www.healthcareers.nhs.uk/glossary#Intensive\_care [2]

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https://www.healthcareers.nhs.uk/glossary#CT\_scans [7] https://www.healthcareers.nhs.uk/glossary#MRI

[8] https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/anaesthesia/real-life-story-dr-sarah-plummer/real-life-story-dr-sarah-plummer [9]

https://www.healthcareers.nhs.uk/glossary#Foundation\_training[10]

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https://www.healthcareers.nhs.uk/explore-roles/doctors/pay-doctors [12]

https://foundationprogramme.nhs.uk/ [13] https://specialtytraining.hee.nhs.uk/ [14]

https://www.ulster.ac.uk/faculties/life-and-health-sciences/medicine/course [15] mailto:

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admissionsmg@ulster.ac.uk [16] https://www.edgehill.ac.uk/courses/medicine/ [17] mailto:
study@edgehill.ac.uk [18] http://www.kmms.ac.uk/study/ [19] mailto: admissions@kmms.ac.uk [20]
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https://www.thequardian.com/commentisfree/2016/sep/12/secret-life-anaesthetist-surgery-
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doctor?CMP=twt\_gu [54] http://www.westmidlandsdeanery.nhs.uk/SpecialtySchools/PostgraduateSchoolofACE/Anaesthesia.aspx [55]

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