Health visitor

Health visitors are nurses or midwives who are passionate about promoting healthy lifestyles and preventing illness. They work with families to give pre-school-age children the best possible start in life.

Working life

Health visitors are qualified and registered nurses or midwives who have chosen to gain additional training and qualifications. Their additional training enables them to assess the health needs of individuals, families and the wider community to promote good health and prevent illness. You may also work with at-risk or deprived groups such as the homeless, addicts or travellers.

You'll work with different healthcare professionals including community nursing staff, school nurses, nursery nurses, GPs, social workers and allied health professionals. Your role will vary depending where you are based or if you specialise in an area such as mental health or teenage parents. Your day-to-day work will typically include:
Health visitors have a crucial role in making sure that children and young people have the best start in life.

- providing ante-natal and post-natal support
- supporting parents in bringing up their young children
- providing advice on feeding babies and children
- assessing a child growth and development needs of young children
- supporting children with special needs
- advising on behavioural management techniques
- advising how to reduce risks and prevent accidents and reduce injuries
- providing information on local services

You'll also work with other organisations to safeguard and protect children. You'll be trained in recognising the risk factors, triggers of concern, and signs of abuse and neglect in children. You'll often be the first to recognise whether a child is at risk of harm, and know whether action needs to be taken, and what should be done to protect them. You'll also ensure families receive the best possible support during formal safeguarding arrangements.

**Entry requirements and training**

You need to be a registered midwife, adult, child, mental health or learning disability nurse to apply for a health visiting training programme. The training programme is also known as Specialist Community Public Health Nursing - Health Visiting (SCPHN - HV) and is at degree level. It's normally no less than one academic year (45 weeks) full time or part-time equivalent.

**Must have skills**

You need to be have excellent communication skills, be well-organised, confident and able to cope with potentially challenging situations, such as working with a homeless family or in a refuge. You'll need to be able to work independently, although you'll work as part of a team. Being highly organised, flexible, observant and able to prioritise effectively is also important.

**Career development**

You could move into service management, teaching or clinical academic research. You may want to become a community matron and lead a team of health visitors and other nurses.

**Pay and conditions**

Many health visitors are now employed outside of the NHS, especially in local authorities, where terms and conditions can vary.

If working for the NHS, you'll usually work a standard 37.5 hours per week and be paid under Agenda for Change (AfC) [1] pay system, typically starting at band 6. You'll also have access to our generous pension scheme and health service discounts, as well as at least 27 days of annual leave plus bank holidays.

- Live vacancies
Health Visitor

Newport, NP44 8YN

- **Salary:**
  
  £31,365 - £37,890 per annum

- **Type:**
  
  Permanent

- **Employer:**

  Aneurin Bevan University Health Board

Bank Health Visitor

London, Various, SW1P 2PF

- **Salary:**
  
  £16.96 PH Basic

- **Type:**
  
  Bank

- **Employer:**

  Central London Community Healthcare NHS Trust

View Vacancy [2]

View Vacancy [3]

View Vacancy [4]
Wakefield and Wakefield District, Wakefield, WF6 2UA

- **Salary:**
  
  £31,365 - £37,890 pa, pro rata

- **Type:**
  
  Permanent

- **Employer:**
  
  Bradford District Care NHS Foundation Trust

  - View Vacancy
    - View Vacancy [5]

  **Health Visitor**

  Wycombe Hospital, High Wycombe, HP11 2TT

  - **Salary:**
    
    £31,365 - £37,890 pa pro rata

  - **Type:**
    
    Permanent

  - **Employer:**
    
    Buckinghamshire Healthcare NHS Trust

    - View Vacancy
      - View Vacancy [6]

  **Health Visitor**

  Brent, London, NW10 3RY

  - **Salary:**
£36,070 to £42,712 pa inc. HCAS

- **Type:**
  - Permanent

- **Employer:**
  - Central London Community Healthcare NHS Trust

  - View Vacancy
    - View Vacancy [7]

**Health Visitor**

Aldershot or Farnborough, GU11 1AY

- **Salary:**
  - £31,365 to £37,890 pa, based on full time hours

- **Type:**
  - Permanent

- **Employer:**
  - Southern Health NHS Foundation Trust

  - View Vacancy

**Other roles that may interest you**

- Public health nurse [8]
- Adult nurse [9]
- Mental health nurse [10]

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**Source URL:** https://www.healthcareers.nhs.uk/explore-roles/public-health/roles-public-health/health-visitor

**Links**
