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## At medical school

Starting medical school is daunting for anyone. This section offers some insights, information and advice on what you can expect studying medicine. You might even find some useful resources.

Wherever you are studying, there are many common traits to all courses. Take a look at the links below and get a flavour of what you can expect as well as some top tips to get you read for life as a doctor:

- the support available to you [1] during your studies
- student-selected components [2] (ie optional modules)
- clinical placements [3]
- electives [4] (ie a period spent away from your medical school, often abroad)
- what it means to do an intercalated degree [5]
- your personal and professional development [6]
- the value of gaining experience through summer jobs and part-time work [7]
- getting involved in clinical audits [8]
- how you can develop your skills for medical leadership [9]
- what is meant by professionalism [10]?
- applying for the Foundation Training Programme [11]

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## Some light reading

There are a number of books that can help you through medical school and to get you ready for becoming a doctor.

- Succeeding in Your Medical Degree: Becoming Tomorrow's Doctors Learning Matters, part of SAGE (2011)
- Life as a Medical Student: The Good, the Bad and the Ugly published by BPP Learning Media (2013)

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## Links

[1] https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-be-doctor/medical-school/support-available-while-medical-school

[2] https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-be-doctor/medical-school/medical-student-selected-components [3] https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-be-doctor/medical-school/clinical-placements-medical-students
[4] https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-be-doctor/medical-school/electives-medical-school [5] https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-be-doctor/your-medical-training/intercalated-medical-degrees
[6] https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-be-doctor/medical-school/personal-and-professional-development [7] https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-be-doctor/medical-school/summer-jobs-and-part-time-work-while
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[11] https://www.healthcareers.nhs.uk/i-am/working-health/information-doctors/foundation-training-programme