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## **Expedition medicine**

This page outlines the role of expedition medical officer, provides details of Expedition Medicine courses and gives comprehensive links to employers and organisations for further information.

### What opportunities are there?

Expedition medical officers support adventure travellers and overseas field researchers. The role involves anticipating and preparing for potential dangers and supporting people who become ill or who are injured. This could include victims of road traffic accidents (RTAs), cases of altitude sickness and gastroenteritis and infections.

### What does the job involve?

- pre-expedition planning is an important part of the job
- arranging transport for someone who is sick
- you may need to work and make diagnoses alone, based purely on your clinical skills
- you may need to lead evacuations in an emergency

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# Further information

- o Adventure Medic [1]
- o Royal Geographical Society: Fieldwork and Expeditions [2]
- Diving Medical Advisory Committee [3]
- o General Diving Medicine Advice [4]
- o International Society of Travel Medicine [5]
- o The British Global and Travel Health Association [6]
- Vaccine Information Service Online [7]
- o Centres for Disease Control and Prevention [8]
- o Foreign and Commonwealth Office [9]
- o fitfortravel [10]
- National Travel Health Network and Centre [11]

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#### Links

- [1] http://www.theadventuremedic.com/
- [2] http://www.rgs.org/OurWork/Fieldwork+and+Expeditions/Fieldwork+Expeditions.htm

[3] http://www.dmac-diving.org/ [4] http://scuba-doc.com/ [5] http://www.istm.org/ [6] http://www.bgtha.org/ [7] http://www.msd-uk.com/index.xhtml [8] http://www.cdc.gov/ [9] https://www.gov.uk/government/organisations/foreign-commonwealth-office [10] http://www.fitfortravel.nhs.uk/home.aspx [11] http://nathnac.net/