

## Entry requirements, skills and interests (allergy)

This page provides useful information about the entry requirements needed for this specialty up to and including foundation training [1]. It also includes information on the skills and interests you will need.

### Entry requirements

Prior to starting your specialty training you need to have completed a medical degree followed by the two-year foundation programme [2] and then two or three years of core training.

To find information about getting into medical school, visit our applying for medical school pages [3].?

To find information about the Foundation Programme, visit our applying for foundation training [4] page.

It is useful to get relevant work experience during the Foundation Programme to test out your interest in allergy medicine. Time spent in dermatology, immunology, respiratory and ENT are good preparation for allergy medicine.

### Skills and interests

The skills and interests you will need include:

- self-regulation and control
- the ability to reflect on your own practice
- a professional approach
- team (eg working in a multidisciplinary team and leadership (eg managing a clinic) skills
- sensitivity in communicating with patients
- an interest in working across the full spectrum of organs and body systems
- functional abilities such as observation, analysis and assessment, recording, manual dexterity, practical and procedural skills

If you're applying for a role either directly in the NHS or in an organisation that provides NHS services you'll be asked to show how you think the NHS values apply in your everyday work. The same will be true if you're applying for a university course funded by the NHS.

Find out more about NHS values. [5]

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**Source URL:** <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/allergy/entry-requirements-skills-and-interests>

### Links

[1] [https://www.healthcareers.nhs.uk/glossary#Foundation\\_training](https://www.healthcareers.nhs.uk/glossary#Foundation_training)

[2] <http://www.foundationprogramme.nhs.uk>

[3] <https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-medicine/applying-medical-school>

[4] <https://www.healthcareers.nhs.uk/i-am/working-health/information-doctors/foundation-training-programme/applying-foundation>

[5] <https://www.healthcareers.nhs.uk/about/working-health/nhs-constitution>