

Entry requirements, skills and interests (SEM)

This page provides useful information about the entry requirements needed for this specialty up to and including foundation training [1]. It also includes information on the skills and interests you will need.

Entry requirements

Prior to starting your specialty training you need to have completed a medical degree followed by the two-year foundation programme [2] Entry into the four year speciality training programme requires either 2 years of core medical training [3] obtaining membership of the royal college of physicians (MRCP [4]), 2 years emergency medicine training obtaining membership of the royal college of emergency medicine (MRCEM) or 2 years of GP training obtaining membership of the royal college of general practitioners (MRCGP).

To find information about getting into medical school, visit our applying to medicine pages [5].

To find information about the Foundation Programme, visit our applying for foundation training [6] page.

Skills and interests

The skills and interests you will need include:

- excellent communication skills
- establishing a rapport with patients
- breaking bad news honestly and sensitively to patients and their families
- taking and recording a complex history from patients
- managing a wide spectrum of conditions
- working within and leading multidisciplinary teams
- willingness to learn and understand demands of specific activities and sports
- understanding the legal and ethical issues regarding drugs in sport
- understanding the rules of sports

If you're applying for a role either directly in the NHS or in an organisation that provides NHS services you'll be asked to show how you think the NHS values apply in your everyday work. The same will be true if you're applying for a university course funded by the NHS.

Find out more about NHS values. [7]

Source URL: <https://www.healthcareers.nhs.uk/explore-roles/doctors/roles-doctors/medicine/sport-and-exercise-medicine/entry-requirements-skills-and-interests>

Links

- [1] https://www.healthcareers.nhs.uk/glossary#Foundation_training
- [2] <http://www.foundationprogramme.nhs.uk>
- [3] https://www.healthcareers.nhs.uk/glossary#Core_medical_training
- [4] <https://www.healthcareers.nhs.uk/glossary#MRCP>
- [5] <https://www.healthcareers.nhs.uk/i-am/considering-or-university/studying-medicine/applying-medical-school>
- [6] <https://www.healthcareers.nhs.uk/i-am/working-health/information-doctors/foundation-training-programme/applying-foundation>
- [7] <https://www.healthcareers.nhs.uk/about/working-health/nhs-constitution>