Prior to starting your specialty training you need to have completed a medical degree followed by the two-year foundation programme or have equivalent competences prior to applying to CT/ST level.

Anaesthetics training pathway (Royal College of Anaesthetists - RCoA)

There are two routes of entry into anaesthesia – the direct route through Core training (CT) or the ACCS (Acute Care Common Stem) route.

Core Anaesthetics

CT1 – CT2

Optional CT3 (OOPE)

CT1 – CT3
6 months emergency medicine, 6 month acute medicine, 6 months intensive care, 18 months anaesthesia

ACCS (Anaesthetics)

Primary FRCA

ST3 – ST4

Final FRCA

ST5 – ST7

CCT

Anaesthetic training is an indicative 7 years. ACCS (Anaes) training is 8 years. Dual CCT training in anaesthesia and ICM is 8.5 years.

However, there is not a ‘ST8’ year. Training on any pathway only goes up to ST7, despite it possibly taking longer time-wise to achieve the training.

OOPE - Out of Programme Experience
FRCA - Fellowship of the Royal College of Anaesthetists
CT - Core Training (NB: this will be specialty-specific)
ACCS - Acute Care Common Stem
ST - Specialty Training
CCT - Certificate of Completion of Training
ICM - Intensive Care Medicine

This information is correct at the time of writing. Training pathways are subject to change. Further details of training pathways are available from medical royal colleges or faculties.