



Health Education England

Meet Carly and James

Carly stays on at school and studies

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for A-Levels in English, Psychology

and Biology

Carly's Aunt is a nurse. Carly looks up to her and is certain she would like to follow the same career path

> James and Carly attend a careers event and see a banner for NHS Health Careers

Carly speaks to a careers adviser about routes into nursing and asks for advice choosing her GCSE subjects. James looks at the variety of careers available within the NHS and can't believe there are over 300!

Carly and James pass their GCSEs

next

and start to think about what to do



James loves socialising and is good with computers but he has no idea what he would like to do when he leaves school

Carly and James take part in work experience placements through their school. Carly goes to a local care home and James chooses the IT department of a local school for children with learning disabilities



She takes a personality quiz on the NHS Health Careers website and sees she is suited to a career in Mental Health Nursing

James decides school isn't for him and looks at his options. He decides on a Traineeship at a local hospital

He rotates into the IT Support department where a Project Choice* student is currently on placement. He becomes involved in mentoring the student who has a learning disability

*Project Choice is an organisation which enables young people with learning disabilities to gain work experience on placements and internships.

Whilst studying for her A-Levels, Carly does volunteer work for The Samaritans

James enjoys this work and decides to look at a career working with people with learning disabilities

She gets her required grades and starts her three-year full time degree course

Carly and James both spend 50% of their course out on placements, meeting real patients and taking their theory into real life settings

Carly is successful at interview after demonstrating the right values and behaviours required for a career in NHS nursing. She is offered a place on the course

He moves away from home and into halls of residence and starts his

She fills in her UCAS form and applies for a BSC Hons in Mental Health Nursing at her local university so she can continue her voluntary work while she studies and live at home

> He gets a place on a healthcare apprenticeship in a Mental Health Trust and works towards an NVQ qualification



He completes a part time Access to Nursing course whilst working as a

Healthcare Assistant

course

Because graduates in these two fields of nursing are highly sought after, both Carly and James are working immediately after graduation

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Carly starts work on an inpatient

ward in a Mental Health Trust, supporting people with a range of mental health issues

James starts work in a community centre supporting people with learning disabilities skills and giving them the encouragement and confidence they need to live as independently as they can

JL JL

James applies for a BSc Hons in Nursing Studies (Learning Disabilities) at his chosen university. He is successful at interview and offered a place

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James

Carly-

Carly and James are friends in Year 9 at school

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