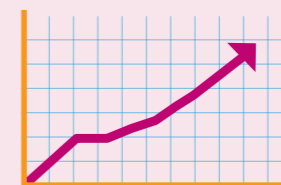


PSYCHOLOGICAL THERAPIES



Current psychological therapies vacancies in the NHS^[1]



HEE is commissioning training places for **367** high-intensity therapists and **579** psychological well-being practitioners in 2016/17 ^[2]



Psychological therapy roles include high-intensity therapists, **psychologists**, psychological well-being practitioners, primary care graduate mental health workers, counsellors and **psychotherapists**. Other roles that can work as part the psychological therapy team include social workers, occupational therapists, **psychiatrists**, art, drama and music **therapists** ^[3]



STARTING PAY FOR TRAINEES
£26,041

Starting salary for trainee **high intensity therapists** in the NHS is typically Agenda for Change band 6 **£26,041** outside London ^[4]

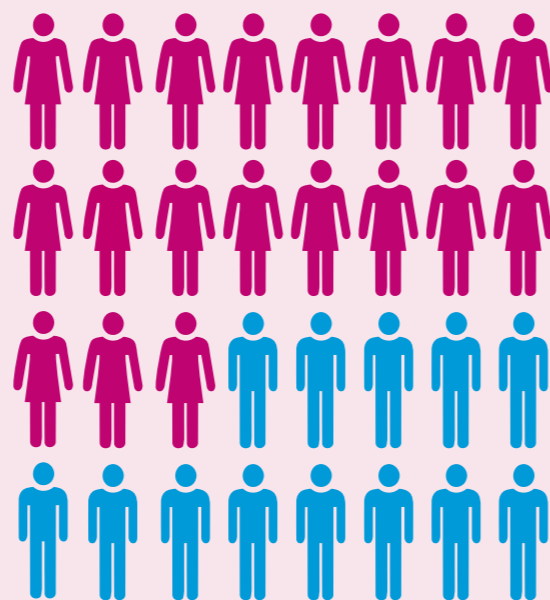


Skills and qualities needed

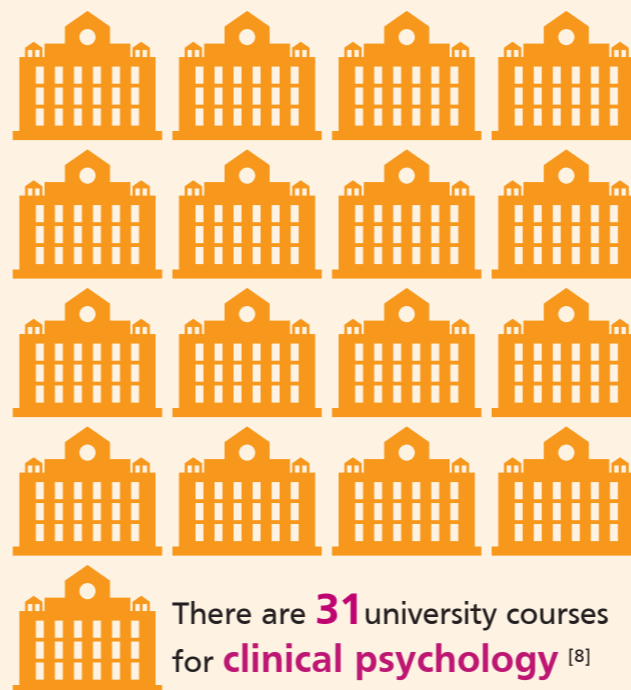
You'll need a variety of skills, including a knowledge of psychological theory, an interest in how people think and behave and the ability to relate to a wide range of people including patients and colleagues. You'll need to be patient and sympathetic^[5]



Working week for a **counsellor** is between **30 and 40 hours** ^[6]



There are nearly 4,500 support staff (NHS bands 1-4) working in psychological therapies, **83%** are female ^[7]



There are **31** university courses for **clinical psychology** ^[8]



Entry requirements

Applicants for posts as **assistant clinical psychologists** usually need a degree in psychology, recognised by the British Psychological Society ^[5]



What they say

"I'm really happy with my career choice and I wouldn't want to do any other job in the world!" Peter Beazley, head of secure services inpatient psychology consultant clinical psychologist^[9]

Facts and figures taken from: [1] www.jobs.nhs.uk (22/01/2016) [2] HEE Commissioning and Investment Plan 2016/17 www.hee.nhs.uk/our-work/planning-commissioning/workforce-planning/commissioning-investment-plan-england-2016-17 [3] www.healthcareers.nhs.uk/explore-roles/psychological-therapies [4] www.healthcareers.nhs.uk/highintensitytherapist [5] www.healthcareers.nhs.uk/assistant-clinical-psychologist [6] <https://nationalcareersservice.direct.gov.uk/advice/planning/jobprofiles/Pages/counsellor.aspx> [7] www.hscic.gov.uk/catalogue/PUB16933/nhs-staf-2014-non-med-detl-tab.xls [8] www.healthcareers.nhs.uk/coursefinder [9] www.healthcareers.nhs.uk/PeterBeazley