

PSYCHOLOGICAL THERAPIES



Current psychological therapies vacancies in the NHS^[1]



Skills and qualities needed

You'll need a variety of skills, including a knowledge of psychological theory, an interest in how people think and behave and the ability to relate to a wide range of people including patients and colleagues. You'll need to be patient and sympathetic^[2]



Psychological therapy roles include high-intensity therapists, **psychologists**, psychological well-being practitioners, counsellors and **psychotherapists**. Other roles that can work as part the psychological therapy team include social workers, occupational therapists, **psychiatrists**, art, drama and music **therapists** ^[3]



Starting salary for trainee **high intensity therapists** in the NHS is typically Agenda for Change band 6 **£26,565** outside London ^[4]



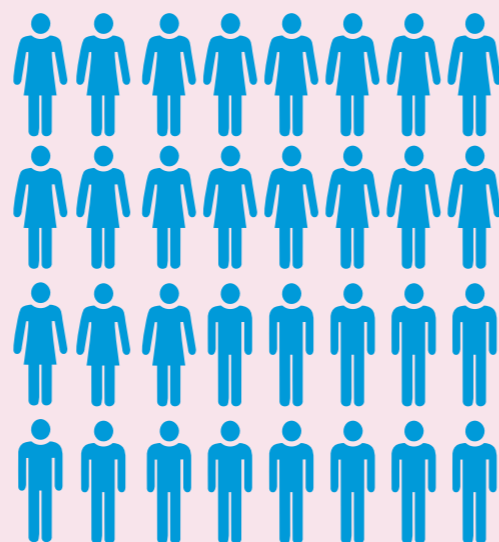
Working week for a **counsellor** in the NHS is typically ^[9]

37.5 hours

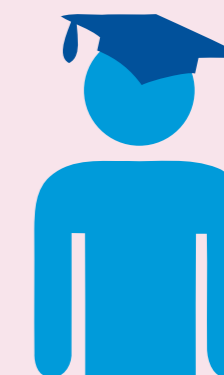
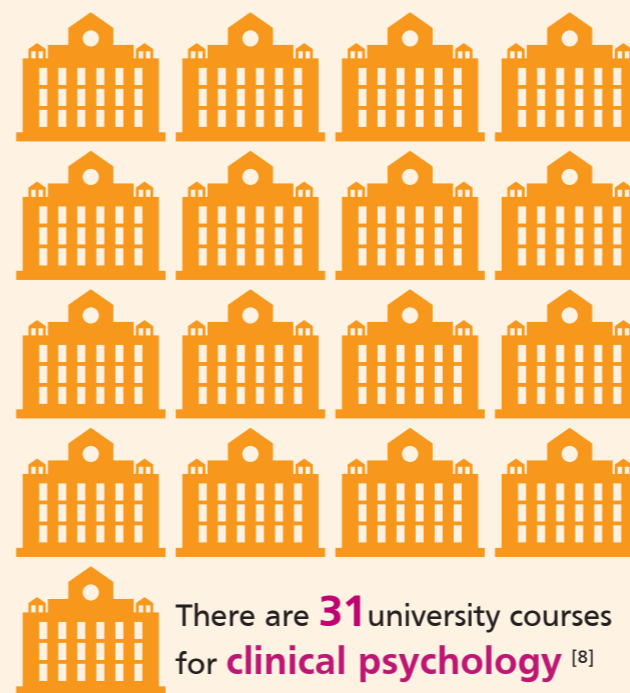


What they say

"I'm really happy with my career choice and I wouldn't want to do any other job in the world!"
Peter Beazley, head of secure services inpatient psychology consultant clinical psychologist.^[6]



22,311 practitioner psychologists are registered with the Health and Care Professions Council, (including forensic, counselling, health, clinical and other psychologists) ^[7]



Entry requirements

Applicants for posts as **assistant clinical psychologists** usually need a degree in psychology, recognised by the British Psychological Society ^[9]

Facts and figures taken from: [1] www.jobs.nhs.uk (30/10/17) [2] www.healthcareers.nhs.uk/assistant-clinical-psychologist [3] www.healthcareers.nhs.uk/explore-roles/psychological-therapies [4] www.healthcareers.nhs.uk/highintensitytherapist [6] www.healthcareers.nhs.uk/PeterBeazley [7] At October 2017 <http://www.hpc-uk.org/aboutregistration/theregister/stats/> [8] www.healthcareers.nhs.uk/coursefinder [9] <https://www.healthcareers.nhs.uk/explore-roles/psychological-therapies/roles/counsellor>